



15TH ANNUAL

Neonatal Advanced Practice Nursing Forum

OMNI SHOREHAM HOTEL

WASHINGTON, D.C. | MAY 30 - JUNE 2, 2012

Show Me The Evidence: Celebrating 15 Years of Excellence in Neonatal Advanced Practice Nursing

A Program for Practicing Clinicians,
Clinical Nurse Specialists,
Outreach Educators and Academic Faculty

WWW.CHADKIDS.ORG/APNFORUM



Dartmouth-Hitchcock
CHILDREN'S HOSPITAL
AT DARTMOUTH



Who Should Attend?

All experienced perinatal and neonatal nurses and other members of the neonatal multi-disciplinary clinical team will benefit from and are welcome to attend this program. The unique content, engaging and interactive format, and focus on professional issues is specifically targeted for:

- Nurse Practitioners
- Clinical Nurse Specialists
- Nurse Educators
- Outreach Educators
- APN Program Faculty
- Transport Nurses
- Nurse Leaders
- Neonatal Critical Care Nurses

Conference Objectives

1. Analyze the latest clinical evidence and develop opportunities to translate evidence into practice
2. Solve challenging clinical cases in interactive case-based learning sessions
3. Strategize with other APNs to promote excellence in practice, education and research
4. Analyze opportunities to improve neonatal clinical outcomes
5. Foster interaction among a unique community of clinicians, NNP program leaders, scholars, researchers, and educators

Education of this caliber would not be possible without the contribution of an unrestricted educational grant by ENSEARCH® Management Consultants. ENSEARCH® has been the sole supporter of the Faculty Forum since its inception.



PRECONFERENCE A

NEONATAL APN FACULTY AND LEADERSHIP FORUM

Show Me the Evidence: Opportunities to Improve Educational Programs and Clinical Outcomes

Join your academic and leadership colleagues in a unique opportunity to network and collaborate about current professional issues and their implications for APN education. Begin the day with examination of current APN program status updates followed by a thought provoking presentation of the status of national healthcare reform, with special emphasis on implications for nurse educators and leaders. Brainstorm and co-create a model for an NNP residency program, an initiative recommended by the latest *Institute of Medicine, The Future of Nursing Report*. Learn about collaborative opportunities for research and quality improvement from the President of the Vermont Oxford Network, and finish the day with exciting dialogue surrounding the establishment of NANN's upcoming Neonatal Nursing Research Institute!

- 7:30 Registration and Networking Breakfast
- 8:00 Welcome / Introductions
State of the State: NNP Program Update 2012
 Sandra Bellini DNP, APRN, NNP-BC, CNE
 NCC Code 9
- 8:30 **Healthcare Reform: What Skillset Will the APNs of the Future Need?**
 P.J. Maddox MSN, EdD
 NCC Code 9
- 9:30 **Co-Creating an NNP Residency Prototype: Taking a Page from the Institute of Medicine Report**
 Moderator Sandra Bellini DNP, APRN, NNP-BC, CNE
 NCC Code 9
- 10:30 Networking Break
- 10:45 **The Vermont-Oxford Research Network: Collaborative Opportunities For Research and Quality Improvement**
 Roger F. Soll MD
 NCC Code 9
- 11:30 **Introducing The NANN Research Institute: What is on the Horizon for Faculty and Students?**
 Jacqueline M. McGrath PhD, RN, FNAP, FAAN
 NCC Code 9
- 12:15 Closing Remarks
 Sandra Bellini DNP, APRN, NNP-BC, CNE
- 12:30 Networking Luncheon

PRECONFERENCE B**PHARMACOLOGY WORKSHOP****Infectious Disease Challenges:
Opportunities to Impact Outcomes
in the NICU**

Advanced practice nurses are at the epicenter of the war on neonatal infections. Serious and life-threatening infections are reported in 20% to 40% of premature infants in the literature. Sepsis related mortality and late neurological morbidity continue to negatively impact neonatal outcomes. Further, rates of hospital-acquired infections vary widely between centers, with some units achieving rates at or near zero. Based upon these data, infection prevention is both possible and preferable to "the cure."

This pharmacology workshop will translate the basic science and provide the evidence needed to recognize, treat, and prevent infections. The workshop begins by exploring the world of the microbiome and the impact of antibiotic exposure. Pragmatic implications of the microbiome will be integrated as we examine the science of skin decolonization. Next, an evidence-based approach to antibiotic prescribing will be offered, balancing the risks and benefits of over-or under-treatment. This discussion will be followed by state-of-the-science strategies to optimize antibiotic use by integrating advanced pharmacokinetic principles for common and not-so-common agents. The workshop will culminate with brief presentations by APNs from centers of excellence who will present their infection reduction strategies and outcomes.

10:00	Registration Opens	
12:00	Welcome and Opening Remarks Moderators: Kristen Brown RN, MS, APRN-BC and Carolyn Houska Lund RN, MSN	
12:15	Primer on the Microbiome: The Downstream Impact of Antimicrobial Exposure Kimberly A. Capone PhD NCC Code 4	Rx
1:15	Translating Science Into Practice: Skin Decolonization – What We Do and Do Not Know Carolyn Houska Lund RN, MSN NCC Code 4	Rx
2:15	Break	
2:30	Evidence-Based Antibiotic Use: The Goldilocks Guide to Achieving "Just Right" William H. Edwards MD NCC Code 4	Rx
3:30	Optimizing Antibacterial Agents: A Marriage Between Pharmacokinetic Principles and Therapeutic Drug Monitoring John N. van den Anker MD, PhD, FCP, FAAP NCC Code 4	Rx
4:30	Innovations in Practice: Infection Reduction Data From NNP Centers of Excellence Moderators: Kristen Brown RN, MS, APRN-BC and Carolyn Houska Lund RN, MSN NCC Code 4	Rx
5:15	Faculty Challenges to the Audience Kimberly A. Capone PhD Carolyn Houska Lund RN, MSN William H. Edwards MD John N. van den Anker MD, PhD, FCP, FAAP NCC Code 4	Rx
5:45	Closing Remarks / Meeting Adjourns	

MAIN CONFERENCE DAY 1

- 6:30 Run, Walk or Crawl With Dorothy and Friends
- 7:00 Breakfast / Registration
- 8:00 Welcome / Opening Remarks
Madge E. Buus-Frank RN, MS, APRN-BC, FAAN
- 8:15 **Healthcare Reform: Where Are We Now?**
P.J. Maddox MSN, EdD
NCC Code 5
- 9:15 **Shifting Paradigms: Examining the Impact and Outcomes for European Models for Care-By-Parent Newborn Intensive Care**
Uwe Ewald MD
NCC Code 1, 3
- 10:15 Break / Poster Viewing
- 10:45 **Emerging Pharmacogenetic Applications: Linkages For Neonatal Developmental Pharmacology** R
John N. van den Anker MD, PhD, FCP, FAAP
NCC Code 4
- 11:45 Lunch on Your Own
- 1:15–3:30 **CONCURRENT WORKSHOPS:
FOCUS ON IMPACTING OUTCOMES**
- 3:30 Break
- 3:45 **Point-Counterpoint Debate:
Oxygen is a Drug! More is Better?
Or Less is More? High vs. Low Saturation
Targets in Full-Term and Preterm Infants** R
Roger F. Soll MD
William H. Edwards MD
NCC Code 2
- 5:00 Wine and Cheese Networking Reception
(Cash Bar)
- 5:45 **3rd Annual Film Fest: Neonatal Care
Around the World: A Healthy Dose
of Inspiration**
Moderators Victoria A. Flanagan RN, MS
and George A. Little MD
NCC Code 9
- 6:45 Adjourn for the Evening

CONCURRENT SESSIONS FOCUSED
ON IMPACTING OUTCOMES

TRACK A NOURISHING THE NEONATE

- 1:15 **A1. Breast is Best! Evidence-Based Interventions to Increase Human Milk Consumption in Preterm Infants** R
Leslie A. Parker PhD, NNP-BC
NCC Code 2, 3, 4
- 2:30 **A2. Focus on Gut Flora: Factors That Influence the Microbiome** R
Kimberly A. Capone PhD
NCC Code 2, 3, 4

TRACK B EMERGING TECHNOLOGIES & THERAPIES

- 1:15 **B1. Moving From Efficacy to Effectiveness:
When Do We Have "Enough" Evidence to Adopt
– A Look at Four Evolving Therapies** R
 - Probiotics
 - Cooling - Update From the Vermont-Oxford Neonatal Encephalopathy Registry
 - Avastin RX For Retinopathy of Prematurity
 - Delivery Room Management
 Roger F. Soll MD
NCC Code 4
- 2:30 **B2. Intestinal Failure**
Melissa White RN, MS, APN/NNP-BC
NCC Code 2,3

TRACK C FAMILY MATTERS

- 1:15 **C1. Challenges With the Implementation of Care by Parent Models**
Uwe Ewald MD
NCC Code 1, 3
- 2:30 **C2. Parent-Reported Outcomes Using How's My Baby.com:
What is More Important - Confidence or Satisfaction?**
William H. Edwards MD
NCC Code 1, 3

TRACK D CASE-BASED LEARNING

- 1:15 **D1. Mystery Cases: Case of the Year Contenders**
- 2:30 **D2. More Mystery Cases**
Moderator: Carolyn Houska-Lund RN, MS, FAAN
NCC Code 3

TRACK E CUTTING EDGE LEADERSHIP

- 1:15 **E1. Leadership in Times of Uncertainty:
Pragmatic Strategies for Success**
P.J. Maddox MSN, EdD
NCC Code 9
- 2:30 **E2. APN Success Stories:
Examples of Excellence in Clinical Practice and Leadership**
 - Show Me Your Outcomes: Reports From NNP Centers of Excellence
 Moderators: Dorothy M. Mullaney MHSc, APRN
and Erin L. Keels RN, MS, NNP-BC
NCC Code 9

MAIN CONFERENCE DAY 2

- 6:30 **OPTIONAL SUNRISE SESSION**
Playing by the Rules: Briefs From the National Scene
- Universal Oxygen Saturation Screening for Congenital Heart Disease
 - News From NANN: The NANN Research Institute
 - Navigating the New and Evolving NCC Re-Certification Process
 - State-of-the-State: APN Program Updates and Evolutions
- Moderator: Dawn Mueller-Burke PhD, CRNP, NNP-BC
 NCC Code 9
- 7:45 Welcome Back / Opening Remarks
 Madge E. Buus-Frank RN, MS, APRN-BC, FAAN
- 8:00 **Feeding Mythbusters: Infusing Science Into Neonatal Feeding Practices**
 Leslie A. Parker PhD, NNP-BC
 NCC Code 2, 3
- 9:00 **Research and Innovations In Clinical Practice Symposium**
- Podium Research / Quality Improvement Abstracts
- Moderator: Marsha Campbell-Yeo RN, MN, NNP-BC, PhD
 NCC Code 3
- 10:00 Break / Poster-Viewing
- 10:30 **APN Forum Case of the Year 2012**
 Moderator: Madge E. Buus-Frank RN, MS, APRN-BC, FAAN
 NCC Code 3
- 11:30 Lunch on Your Own
- 1:00 **Point-Counterpoint Debate**
Continuous Duty Hours: Should the Rules Apply to APNs?
 Marilyn Rigby DNP, APRN, NNP-BC
 Melissa White RN, MS, APN/NNP-BC
 NCC Code 9
- 2:15 **Forecasting APN Futures: Envisioning and Inspiring the Next 15 Years!**
 Dawn Mueller-Burke PhD, CRNP, NNP-BC
 NCC Code 9
- 3:15 Closing Remarks: Conference Adjourns
 2013 Conference Registration Raffle

**ACCREDITATION**

Dartmouth-Hitchcock Medical Center's Nursing Continuing Education Council is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Pre-Conference A Faculty and Leadership Forum carries 4.0 contact hours.

Pre-Conference B Pharmacology Workshop carries 5.25 contact hours.

The Forum 2012 Main Conference carries 13.5 contact hours.

Helping Babies Breathe Post-Conference carries 10.0 contact hours.

Rx = Pharmacology Credit for Prescriptive Authority.
 Because state requirements vary, contact your Board of Nursing for more information.

APPLYING CE TOWARD CERTIFICATION MAINTENANCE

The APN Forum content has been organized under broad themes that may be relevant to your recertification process. Please refer to your certifying body for further guidance.

- NCC Code 1: Physical assessment
 Keywords: maternal infant attachment, family crisis care, developmental care, kangaroo care
- NCC Code 2: Physiology / Pathophysiology
 Keywords: oxygen administration, oxygen disturbances, pulse oximetry, retinopathy of prematurity, respiratory distress syndrome, chronic lung disease, bronchopulmonary dysplasia
- NCC Code 3: General Management
- NCC Code 4: Pharmacology
 Keywords: Pharmacologic principles and drug therapies
- NCC Code 5: Professional Practice
- NCC Code 9: Universal hours
 Keywords: Professional practice standards

DISTINGUISHED FACULTY

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Skillman, New Jersey

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*Indicates those committee members serving as
faculty or moderators.



WHAT IS HELPING BABIES BREATHE®?

Helping Babies Breathe® is an evidence-based educational program which teaches the simple steps that effectively resuscitate the majority of infants not breathing at birth. HBB® aims to help meet Millennium Development Goal 4 targets for reduction of child mortality by addressing one of the most important causes of neonatal death: intrapartum-related events (birth asphyxia).

WHO SHOULD ATTEND?

This HBB® Master Trainer and Facilitator Workshop is designed for those with experience caring for newborns and who will train health care providers as well as birth attendants in low resource settings.

APPLICATION PROCESS

Space is limited for this workshop. Preference will be given to those who are actively involved in promoting and implementing neonatal resuscitation activities in low resource settings. The application can be found at www.chadkids.org/apnforum

HOW SHOULD I PREPARE FOR THIS WORKSHOP?

This HBB® workshop will include the Provider, Facilitator and Master Trainer components. Each participant will demonstrate skills for "The Golden Minute®", complete checklists, discuss action & evaluation steps and implementation strategies in low resource settings. Participants will be expected to have ordered the HBB® materials (www.tinyurl.com/AAPBookstore) read the HBB® Learner Workbook and HBB® Facilitator Flip Chart and reviewed the HBB® web site www.helpingbabiesbreathe.org in advance of the workshop.

HBB® MASTER TRAINER WORKSHOP OBJECTIVES

Provider Component

- Explain from firsthand experience the interaction that occurs between a pair of participants using the neonatal simulator (roles of learner/teacher/baby)
- Identify key messages of Helping Babies Breathe® and successfully carry out all the exercises – (Preparation, Routine Care for All Babies, The Golden Minute®, Continued Ventilation with Normal or Slow Heart Rate)
- Demonstrate mastery of bag and mask ventilation (skill check) and successfully complete the written/verbal knowledge check and OSCE A and B

Facilitator and Master Trainer Component

- Describe the evolution and purpose of the educational program Helping Babies Breathe®
- Demonstrate presentation of HBB® content, including key messages from the Facilitator Flip Chart, and incorporation of all the HBB® learning materials.
- Facilitate learning in small groups with participants of various ability levels
- Lead practice sessions and provide feedback on skills and performance
- Create realistic scenarios
- Evaluate learner performance
- Access resources to plan and evaluate HBB® courses
- Discuss the integration of HBB® with other interventions according to the regional implementation and sustainability plan, including governmental organizations, local and national health care initiatives, health care professional organizations and other perinatal education activities

FRIDAY, JUNE 1, 2012

- 6:00 pm Registration and Preparation of the Neonatal Simulator/Mannequin
- 6:30 **Welcome and Introduction of Faculty and Participants**
George Little MD
- 7:15 **Helping Babies Breathe: Evolution of Curriculum and Overview of Objectives, Opening Visualization**
George Little MD
- 7:30 **Preparation for a Birth: Utilizing Your HBB® Materials**
Victoria Flanagan RN, MS
- 8:15 **Routine Care: Presentation and Demonstration**
Small Group Facilitators
- 9:00 **The Golden Minute®: Clear Airway and Stimulate Breathing**
Small Group Facilitators
- 10:00 Adjourn for the Evening

SATURDAY, JUNE 2, 2012

- 7:30 am Welcome Back
George Little MD
- 8:00 **The Golden Minute®: Ventilation**
Small Group Facilitators
- 9:00 **Continued Ventilation with Normal and Slow Heart Rate**
Small Group Facilitators
- 10:00 Break
- 10:30 **Participant Evaluations - Mastering the Action Plan & OSCE Stations A and B**
Small Group Facilitators
- 12:30 Lunch and Round Table Discussion
- 1:30 pm **The Big Picture**
 - Local vs Regional Trainings
 - Milestones for Success: Coordination Timeline
 - Integration and Scale-Up
 - Essential Newborn Care
 Troy A. Jacobs MD, MPH, FAAP
- 2:15 **Getting Real: Lessons from the Field**
Linda L. Wright MD
- 2:45 **How Do You Measure It? Evaluation of Learner Knowledge and Performance**
Madge E. Buus Frank RN, MS, APRN-BC, FAAN
- 3:30 **Defining Success: Planning and Evaluating Courses Using Website Resources**
George Little MD
Robyn R. Wheatley MPH
- 4:00 Closing Ceremony and Photographs

To complete the Registration Application go to: www.chadkids.org/apnforum
 Helping Babies Breathe® Workshop Registration Fee: \$150
 Additional Master Trainer materials must be purchased in advance at www.tinyurl.com/AAPBookstore
 For more information about HBB® go to: www.helpingbabiesbreathe.org



Helping Babies Breathe®
THE GOLDEN MINUTE®

CALL FOR PARTICIPATION

A Challenge From Your Hosts ... Help Us Build the Evidence For APN Impact

The APN Forum has evolved from “just another conference” into your forum, filled with a vibrant community of leading clinicians, scholars, and researchers who are committed to translating the best evidence into practice to improve the outcomes of the infants and families we serve. Our APN Forum theme, **Show Me the Evidence: Celebrating 15 Years of Excellence in Neonatal APN Practice**, represents the next frontier for APNs.

In these challenging economic times, we are all being called to improve access, ensure safety, improve quality, eliminate preventable morbidities and decrease cost – no small agenda! We invite you and your colleagues to share your work, be it a single institution project, or work through the Vermont Oxford collaborative. We need your APN practice to present evidence demonstrating the **measurable contribution of APNs to improved patient outcomes**. To that end, please respond to our Call for APN Centers of Excellence (next page) and share your data and key lessons learned along the way.

In challenging times, true leaders must emerge, and show others the way. Leadership is not relegated to a box on the organizational chart or the corner office. Some of the most effective leadership comes from those living in the depths, at the grass roots, the “worker bees”, at the epicenter of incredible clinical challenges, surrounded by economic challenges, and slow-moving institutions. True leaders help define success, and help elevate our practice to new heights, by rallying others to make the right things happen for the patients and families we care for.

On behalf of the entire APN Forum planning committee we invite you to join us for a healthy dose of evidence and inspiration as we celebrate 15 years of excellence at the APN Forum.

Madge E. Buus-Frank RN, MS, APRN-BC, FAAN
Victoria A. Flanagan RN, MS



Madge E. Buus-Frank
RNC, MS, APRN-BC, FAAN



Victoria A. Flanagan RN, MS

NEW THIS YEAR**APN CENTERS OF EXCELLENCE:
BRING YOUR DATA!**

We are calling for APN practices to help us demonstrate how you and your team have made a clear difference. To answer this call please send us a short abstract describing your practice setting, clinical challenge and solution, and data to support tangible improvements in key outcomes. We are particularly interested in your data to support improvement in NICU care, including, but not limited to the following clinical challenges:

- Reduction of hospital-acquired infections
- Reduction in line complications
- Decreases in length of stay
- Improvements in family satisfaction, integration or collaboration
- Improvements in access to care and service delivery
- Decreases in cost of care while preserving or increasing quality care
- Improved patient care, teamwork, or patient safety using simulation
- Improved patient outcomes and/or processes for specific categories of patients (i.e. late preterm infants, surgical patients, infants with BPD etc.)

Submissions will be ranked based upon the quality and strength of the evidence to demonstrate APN outcomes. Select abstracts will be chosen for short podium presentations scheduled during the pharmacology preconference (May 30) and/or the leadership concurrent sessions (May 31).

**CALL FOR INTERNATIONAL VIDEOS
– BACK BY POPULAR DEMAND!**

We are hosting the 3rd Annual International Neonatal Video FilmFest, themed: **Neonatal Nursing Around the World: A Healthy Dose of Inspiration**. The filmfest will feature short videos and/or slide shows highlighting the care of mothers and infants around the world. These visual presentations are crafted to tell a story about the infants, providers, families and their cultures, physical environment, teamwork, staffing or clinical challenges that are unique to your care setting, country, or patient population. The goal of your presentation is to raise awareness about the incredible diversity, disparities and opportunities that exist around the world. International participants are strongly encouraged to submit. U.S. participants who are engaged in international work are also welcome to submit.

**CALL FOR RESEARCH AND CLINICAL
PRACTICE INNOVATIONS**

Share your work in one of the following categories:

- Original Research (completed or work-in-progress)
- Innovations in Clinical Practice or Education
- Quality Improvement / Public Safety Initiatives

The four strongest abstracts will be chosen for both a podium presentation (Friday, June 1) and poster presentations. Abstracts will be selected on the basis of overall quality, originality and appropriateness to APN practice. Preference will be given to completed research. A limited number of abstracts will be selected as research briefs (4 minute overviews) and will precede main conference sessions. Abstracts not chosen for podium presentation will be considered for poster presentation.

CALL FOR CASE OF THE YEAR 2012

Please submit abstracts describing intriguing and well-developed clinical cases designed to challenge the critical thinking and diagnostic skills of conference participants. The abstract should highlight one or more of the following:

- An atypical presentation or outcome of a common disease
- A transport challenge
- A patient safety-related case
- An unusual disease process or diagnostic challenge
- An ethical challenge

If your case is chosen, the abstract will then be developed into a presentation that can be conveyed in a mystery format. The primary author of the Neonatal Case of the Year will receive the prestigious **Neonatal APN Forum Case of the Year Award** and complimentary tuition to attend the 2-day APN Forum 2012; however presenter will be responsible for all other expenses including travel and hotel. Other outstanding cases may be chosen for presentation at the concurrent session, "More Mystery Cases Track".

SUBMISSION GUIDELINES

Submissions must be congruent with conference objectives. All submissions will undergo blinded peer review selection process. Submissions that do not adhere to the guidelines will not be reviewed.

- Access individual on-line **Call for Participation and Abstract Submission Guidelines at:** www.chadkids.org/apnforum
- Clearly identify the category of your submission (i.e. APN Centers of Excellence, Original Research or Innovations, Case of the Year, or International Video)
- All abstracts must be submitted electronically
- Limit abstracts to 1 page – not including bibliography

Note: All presenters are responsible for their conference registration, hotel, travel and expenses.

SUBMISSION DEADLINE: MARCH 1, 2012**NOTIFICATION OF ACCEPTANCE: APRIL 2, 2012**

Access guidelines for each individual call to participate at:

www.chadkids.org/apnforum

QUESTIONS OR COACHING?

Victoria.A.Flanagan@Hitchcock.org or Madge.Buus.Frank@Dartmouth.edu

15TH ANNUAL

Neonatal Advanced Practice Nursing Forum 2012

ONLINE REGISTRATION



Accommodations

A room block with a discounted group rate has been reserved at the historic and gracious Omni Shoreham Hotel in Washington DC. We often fill the room block early so please register ASAP to assure room availability and the discounted rate.

SPECIAL RATES:

Group Code: 12400611334
\$199 Single or Double
\$219 Triple
\$239 Quad



WEB RESERVATIONS:

www.omnihotels.com/FindAHotel/WashingtonDCShoreham/MeetingFacilities/APNForum2012.aspx

ROOM BLOCK CLOSES MAY 4, 2012
OR EARLIER IF FILLED.



REGISTER ONLINE

www.regonline.com/apnforum2012

PRE-CONFERENCE FEES

Preconference A:	
Faculty and Leadership Forum	\$100
Preconference B:	
Pharmacology Workshop	\$125
Preconference A and B	\$200

MAIN CONFERENCE FEE

Early Bird Fee – Before April 10, 2012	\$350
Regular Fee – After April 11	\$395
Early Bird Main Conference and Pharmacology	\$450
Early Bird Main Conference and Faculty Forum	\$425

POST-CONFERENCE FEE

Helping Babies Breathe (HBB®)	
Master Trainers Workshop	\$150

* Required additional materials must be ordered separately from www.tinyurl.com/AAPBookstore

PLEASE CONTACT US FOR MORE INFORMATION

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CANCELLATION POLICY

Registration fees, minus a \$50 administration fee, will be refunded if written cancellation is post-marked or emailed by May 15, 2012. Refunds of 50% will be issued if written cancellation occurs between May 16 and May 22. After May 23 no refunds will be issued but attendant substitutions can be made after notification to conference manager.

TRAVEL TIPS TO WASHINGTON DC

You can get there by car, plane, or train. Traveling to the greater Washington area is easy and can be quite economical with a number of bargain airline fares. Another travel option to consider is carpooling. Taking a road trip with your colleagues may be fun, economical and educational option. Explore group registration discounts with the APN Forum staff. Go to www.chadkids.org/apnforum for detailed travel tips.

A HEALTHY DOSE OF INSPIRATION: SCHEDULE TIME TO PLAY IN DC!

Please plan some time to relax and play while you are in Washington DC. Although the conference is jam-packed with education, if you book early, your special conference hotel rates extend through the weekend for your relaxing pleasure. Encourage your friends and family to join you for some pre-or post-conference adventures.

Washington DC is one of the world's most fascinating and multidimensional cities. With its ever-changing memorials, museum exhibits, and trendy nightlife, there is something for every age and stage! The following list contains a few of our favorites; however, the possibilities are endless.

Need a Dose of Pure Unadulterated Fun?

Reconnect with your inner child at the Smithsonian National Zoological Park, just a short walk from the Omni. Did you know that there is a baby boom at the zoo? More than 417 animals were born or hatched at the Smithsonian's National Zoo since January 2010. Every animal born or hatched is a victory for wildlife conservation, demonstrating the success of state-of-the-art animal care and cutting-edge reproductive science. Whether you come to see the giant panda paint, or learn how songbirds adjust their melodies to adapt to city life, you will leave with an enhanced appreciation of the natural world.



Need a Dose of Inspiration?

Dr. Martin Luther King Jr.'s presence is palpable at the amazing new MLK Memorial, dedicated to his enduring principles of justice, democracy, hope and love. Against the backdrop of the Lincoln Memorial, with stunning views of the Tidal Basin and the Jefferson Memorial, this memorial is a source of respite and inspiration where every person, regardless of race, religion, gender, ethnicity or sexual orientation, can come to honor the life and legacy of Dr. King. Bring your walking shoes as you will be inspired to walk around the Tidal Basin, and visit other amazing sites including the Lincoln Memorial, the Jefferson Memorial, and the Franklin Delano Roosevelt Memorial. Be sure to plan a stop at the Nurses' War Memorial, an APN Forum favorite.

Need a Dose of Retail Therapy?

No visit to Washington is complete without a trip to Georgetown, a brisk walk or short cab ride from the Omni. In addition to the quaint cobblestone streets, and the 18th and 19th century architecture, you will find a host of hip little boutiques sprinkled between big name fashion chains on Wisconsin Avenue and M Streets, the Washington Harbor tasty eateries, and an excellent night scene for the young or simply young at heart. Other shopping options include the Adams Morgan or the Woodley Park shopping areas. Both are located in one of Washington's most bohemian areas, where you are certain to score a unique or eccentric find. Plan time for nibbles at one of the dozens of Latin, Ethiopian and other international restaurants. If you are looking for Saks Fifth Avenue or Nieman Marcus et al check out the Chevy Chase Pavilion for upscale mall-style retail therapy.

Need a Dose of Cultural Inspiration?

Treat yourself to a performance at the John F. Kennedy Center for the Performing Arts, which will feature the Moscow's renowned Bolshoi Ballet performing *Coppélia*, classical ballet's greatest comedy, or the National Symphony Orchestra for some breathtaking Beethoven. Details available at: www.kennedy-center.org. For museum lovers, visit The National Gallery or simply immerse yourself in one or all of the Smithsonians, the world's largest museum and research complex, with 19 museums and 9 research centers. Whether you lean toward Monet or adventures at the Air and Space Museum with a special event at the Albert Einstein Planetarium, your entire family will be surprised and delighted with the options.

Need a Dose of Competition?

It looks like the Washington Nationals will be taking on the Atlanta Braves while you are in town. Check out tickets and stadium details online.

Need a Dose of Perspective?

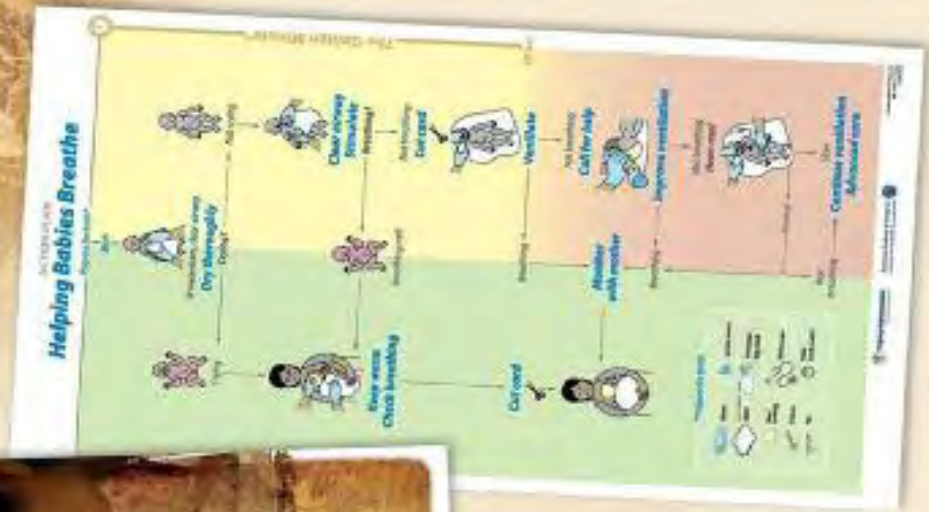
If you think you have seen it all in Washington, get a unique perspective on foot, on a bike or take a kayak along the C & O Canal, a wonderful and accessible historic park with bike trails and breathtaking scenery that offers a welcome alternative to the pace of the city. More outdoor adventures are within reach at Great Falls Park, featuring hiking, kayaking, rock climbing, bicycling, and horseback riding. Bike and kayak rentals are possible; if you are interested contact us about forming an APN Forum special interest adventure.

For more information about these and other attractions, visit www.washington.org.

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