

## **Do I need to stop taking my medications?**

### **YOU MUST STOP ALL OF THESE MEDICATIONS 5 DAYS BEFORE YOUR PROCEDURE:**

**These products may cause an increased chance of bleeding if biopsies or polyps need to be removed.**

- **Aspirin**
- **Any medications that contain Aspirin such as Excedrin**
- **Any over the counter pain medications (NSAIDS) that contain Ibuprofen, such as Motrin, Advil**
- **Naprosyn or Naproxen (Aleve)**
- **Vitamin E and any over the counter vitamins with iron**

### **YOU MUST STOP ARTHRITIS MEDICATIONS 3 DAYS BEFORE YOUR PROCEDURE:**

**If this will pose a problem for you, please call the GI Associates office at 228-1763.  
You may take Tylenol products as indicated by the package labeling.**

### **PLAVIX, COUMADIN, OR ANY OTHER BLOOD THINNING MEDICATIONS:**

- **Your primary care physician will be consulted and your blood thinning medications will need to be stopped 5 days before your exam. Call GI Associates of NH for specific instructions.**
- **If you take Coumadin you will need to have an INR performed the day before your exam before 1:00PM.**

### **MEDICATIONS FOR BLOOD PRESSURE OR HEART:**

- **Continue taking your medications as prescribed unless it contains a diuretic.**
- **Take them on the morning of your procedure if that is your normal time to take your heart and/or blood pressure medicines.**
- **DIURETICS (OR “WATER PILLS”) can make you very dehydrated and affect you blood pressure and electrolytes while you are doing the bowel preparation.**
- **Stop taking your “water pills” or blood pressure medications that contain a diuretic the day before your exam, and do not take any the day of your exam.**