

New Patient Information Form

As a new patient to the Headache Center at Dartmouth-Hitchcock Medical Center, we ask that you please fill out the following questionnaire. If you print this out ahead of time, please bring in the completed form with you to your appointment.

Your name: _____ Date: _____

Your primary care physician's name: _____

At what age did your headaches begin? _____ Where is the pain? _____

Please describe the pain: _____

Do you have any symptoms that happen before you get a headache? If yes, please describe: _____

When you have a headache, what symptoms do you have along with the headache pain? _____

What time of day do you usually develop a headache? _____

How many mild headache days do you have each week? _____

How many severe headache days do you have each week? _____

List ALL of the medications you are taking now:

What medications have you tried in the past for your headaches? Please list:

Are there things that trigger your headaches? Please list: _____

Do you have any history in your family of headaches or neurologic conditions?

Have you had any head or neck injuries? Please list and describe:

Please list all of your medical conditions and any surgeries you have had:

Please list amounts of:

Tobacco (cigarettes or other tobacco products used per day): _____

Alcohol (per week): _____

Caffeine (cups per day): _____

Exercise (hours per week/type): _____

What is your occupation? _____

Are you missing work because of your headaches? _____

Please describe your mood (ex: anxious, depressed, good): _____

Do you have any history of abuse? (physical, emotional, sexual, childhood):

Please answer yes or no to these questions:

How many hours do you sleep during the night? _____

Do you take naps during the day? _____

Do you have difficulty falling asleep or staying asleep? _____

Do you have frequent nightmares? _____

Do you ever stop breathing in your sleep? _____

Do you snore? _____

Have you had any x-rays, CAT scans or MRI imaging studies of your head or neck?

If yes, please list what you've had done and approximately when:

If you are a female:

When was your last menstrual period? _____

What form of contraception do you use? _____

Please explain what your goals are for your first visit to the Headache Center:

Thank you for choosing the Headache Center for your care. We look forward to working with you to meet your goals!