

## The Movement Disorders Resource Center is here to:

**Provide information**, materials, and programs to help those with movement disorders and their caregivers manage their every day lives and serve as a resource when they have questions or concerns.

**Enhance the quality of life** for people with movement disorders and their caregivers by providing information about:

- Support group meetings
- Physicians, allied health professionals, home care agencies and other resources
- Current therapies and research programs
- Exercise, dance, tai chi, massage and other non-medical therapies

**Increase public awareness** of movement disorders by offering:

- Educational events
- Free informational pamphlets and booklets
- Lending library with books, videos, and DVDs
- Newsletters

### Visit the Movement Disorders Resource Center

For more information about the Movement Disorders Resource Center or for help with resources, contact Diane L. Sherman at [Diane.L.Sherman@hitchcock.org](mailto:Diane.L.Sherman@hitchcock.org) or (603) 653-6672.



#### Physical Location:

The Movement Disorders Resource Center is located within the Aging Resource Center, 46 Centerra Parkway, 2nd floor, Lebanon, NH.

#### Mailing Address:

Movement Disorders Resource Center  
DHMC  
One Medical Center Drive  
Lebanon, NH 03756



One Medical Center Drive, Lebanon, NH 03756  
(603) 653-6672 | [dh.org/parkinsons](http://dh.org/parkinsons)

# Parkinson's Disease and Movement Disorders Program



Interdisciplinary treatment and resources for the movement disorders community



# The Parkinson's Disease and Movement Disorders Program

The Parkinson's Disease and Movement Disorders Program treats:

- Parkinson's disease (PD)
- Atypical parkinsonisms
- Huntington's disease
- Essential tremor
- Tics
- Ataxias
- Dystonia
- Other movement disorders

For resources to help you understand these conditions, please contact Diane L. Sherman, Resource Coordinator, at Diane.L.Sherman@hitchcock.org or (603) 653-6672.



# Interdisciplinary Treatments, Assistance and Opportunities Offered by the Parkinson's Disease and Movement Disorders Program

- Neurology Services
  - Medical management
  - Advanced therapies:
    - Botox injections for complications of PD (dystonia)
    - Duopa® therapy
- Neurosurgical Services
  - Deep brain stimulation (DBS)
- Psychiatry and Neuropsychology Services
- Rehabilitation Medicine:
  - Physical therapy, occupational therapy and speech-language pathology
  - Specific programs (LSVT® LOUD and BIG, Tai Ji Quan: Moving for Better Balance)
- Movement Disorders Resource Center
- Clinical Research Trials

# Parkinson's Disease and Movement Disorders Team



**Joshua P. Aronson, MD**  
Neurosurgeon



**Stephen L. Lee, MD, PhD**  
Movement Disorders Specialist



**Rebecca J. Thompson, MD**  
Movement Disorders Specialist



**Carissa L. Thurston, RN**  
Neurosurgery Nurse



**Diane L. Sherman, PhD**  
Coordinator, Movement Disorders Resource Center

## Contact Us

To make an appointment with a specialist in the Parkinson's Disease and Movement Disorders Program, contact the Neurology Department at (603) 650-5104 or through the online patient portal, myDH.org.