CHOD Children's Hospital at Dartmouth-Hitchcock

The health of your child is the most important thing

As New Hampshire's only comprehensive, full-service childen's hospital, and a member of the Children's Hospital Association, the Children's Hospital at Dartmouth-Hitchcock (CHaD) provides an extended system of care that offers advanced pediatric services. CHaD is committed to providing outstanding, compassionate care for children and their families, and a sustainable system of care for our region. Our mission is to provide each child with the best care, in the right place, at the right time, every time. Our physician expertise provides primary, specialty and tertiary care to the children of New Hampshire, Vermont, and beyond. We see children for everything from well care visits to the most complex childhood illnesses and injuries.



Our Approach: Families as Partners in Care

You are at the center of everything we do. The family is a critically important member of the health care team, and we value you as a true partner in the care of your child. You know your child best, and we respect your role as your child's advocate and ultimate decision maker. Our goal is to provide you with all the information and education you need to understand your options, so you can make informed health care decisions that best serve your child and family.

Our Care Providers: Confidence & Breadth of Expertise

Nearly every medical and surgical specialty is available at CHaD—from pediatric cardiology to pediatric neurosurgery. General pediatricians, medical and surgical specialists and subspecialists, registered nurses, nurse practitioners, physician assistants, physical and occupational therapists, speech and language pathologists, audiologists, respiratory therapists, nutritionists, pharmacists, child life specialists, psychologists and social workers all contribute to our medical teams. Our medical professionals are dedicated to improving care and finding cures for diseases through innovative research and the education of the next generation of pediatric providers. The care you experience at CHaD is comprehensive.

Our Promise: Beyond Treatment... Understanding & Hope

Our goal is to help children feel welcome and safe no matter the reason for their visit. Our facilities are designed to comfort and heal. Our CHaD outpatient centers are a marvel of colors, textures and special features to welcome and engage families and kids. Our CHaD inpatient unit, located at Dartmouth-Hichcock Medical Center (DHMC) in Lebanon, NH, is newly renovated and provides comfortable patient rooms as well as a wonderful play area as the heart of the unit. Our facilities throughout the region support children feeling at ease. Providing family resources and advocacy is also a part of our mission as a children's hospital.

Providing Care Close to Home

CHaD is committed to providing the best care in the right place, at the right time, every time. Our facility at DHMC in Lebanon provides a full complement of inpatient and outpatient medical and surgical care. We also offer a comprehensive pediatric specialty outpatient hub at Dartmouth-Hitchcock in Manchester. NH. In addition, we provide pediatric specialty care at Dartmouth-Hitchcock Concord, Manchester, and Nashua, NH and at CHaD at Wentworth-Douglass Hospital in Dover, NH and at the Saltonstall Medical Building, Exeter Hospital in Exeter, NH. Primary care services are offered at Dartmouth-Hitchcock facilities in Bedford. Concord, Keene, Lebanon, Manchester and Nashua, NH and in Bennington, VT.



Outpatient Services

CHaD Primary Care Services Throughout New Hampshire

Primary care services are offered at the Dartmouth-Hitchcock facilities in Bedford, Concord, Keene, Lebanon, Manchester and Nashua, NH, as well as in Bennington, VT.

CHaD Outpatient Specialty Services

A comprehensive array of pediatric medical and surgical specialists are available at Dartmouth-Hitchcock Medical Center in Lebanon, and at Dartmouth-Hitchcock Manchester. We also offer medical and surgical specialty services at Dartmouth-Hitchcock Nashua, in Exeter at the Saltonstall Medical Building at Exeter Hospital and in Dover at Wentworth-Douglass Hospital. A comprehensive listing is available in the directory at the back of this brochure.

Day Surgery

Same day surgical services are offered through Same Day Surgery at DHMC, the Outpatient Surgery Center at DHMC and at Elliot Health System/ Dartmouth-Hitchcock 1-Day Surgery. Your child's surgery team will direct you to the appropriate location.

PainFree Program 603.650.2908

The PainFree Program at DHMC, located in the Ronald McDonald Comfort Center, is designed to reduce the pain and stress associated with children's medical care by taking existing technologies and expertise and applying them to improve the medical experience of children. Child Life Specialists are responsible for preparation, support and the provision of distraction/relaxation to infants and children receiving diagnostic and therapeutic treatment. Sedation/ anesthesia is provided by an anesthesiologist when necessary.

Inpatient Services



Intensive Care Nursery at DHMC 603.650.7256

The 30-bed intensive care nursery (ICN) cares for a combination of acutely ill infants as well as stable and growing premature infants. With a philosophy of family as the center of the care team, our experienced staff provides exceptional, critical care to this vulnerable population with lots of TLC.

Pediatric & Adolescent Inpatient Unit 603.650.7271

The 21-bed multi-specialty pediatric medical and surgical unit at DHMC serves infants and children up to age 19. The unit is currently being renovated to provide the most comprehensive and collaborative team care in an environment that is playful and healing for our young patients. All rooms include facilities for a family member to sleep by the child's bedside. A highly advanced neuro-monitoring unit, providing 24hour EEG monitoring, is part of the inpatient unit. Facilities include a child playroom, a family guiet space and a special space for teens. A dedicated Child Life Program serves children and families

Pediatric Intensive Care Unit (PICU) 603.650.6099

The Pediatric Intensive Care Unit at DHMC provides specialty care for

critically ill and injured children from ages 30 days to 19 years. Our stateof-the-art environment is designed to maximize efficient care delivery and provide a supportive place for families.

Special Care Nursery at Catholic Medical Center 603.663.7346

The Mom's Place at Catholic Medical Center is home to the Special Care Nursery staffed by CHaD neonatologists and pediatricians. Here, state-of-the-art monitoring systems and round-the-clock care are provided for infants born at 32 weeks or later who require specialized care. Based on a Neonatal Couplet Care model developed in Sweden, the Special Care Nursery allows families to stay together in the same private, spacious suite with their baby from admission to discharge.

CHaD Special Resources

Boyle Community Pediatrics Program 603.653.1488

The Boyle Community Pediatrics Program at CHaD provides familycentered education, resources, information and support. Programs include Community Pediatrics for Pediatric Residents, Family Faculty, the CHaD Family Center and the CHaD Family Advisory Council. The Boyle Program collaborates with community-based programs to improve the health of children and reduce the burden of illness faced by families and communities.

Child Life Program 603.650.8831

The Child Life Program is designed to meet the social, emotional and developmental needs of children and adolescents while they are in the health care setting. Services include preparing children for medical experiences, distracting and supporting them during health care encounters and procedures, and engaging them in activities to promote growth and development.

CHaD Community Relations Office 603.650.3431

The CHaD Community Relations office provides an intersection between CHaD and the community as it relates to marketing and communications, community-based fundraising activities and public health advocacy strategies. Offices in Lebanon and Manchester help community members connect to CHaD with questions, general information, events and donations.

David's House 603.643.2298 www.davids-house.org

David's House, an independently owned and operated facility, is a home-away-from-home for families with children being treated at CHaD in Lebanon. A fee of \$10 per family per night is suggested, but no family is turned away if they cannot pay. There are 15 guest bedrooms, and common areas that are shared. Local individuals and groups provide food and prepared meals, and a shuttle service to and from DHMC is available.

CHaD Family Advisory Board 603.653.1488 www.CHaDKids.org/FAB

The CHaD Family Advisory Board (FAB) is a partnership between CHaD and the families it serves. The FAB's two primary goals are to promote and improve patient- and familycentered pediatric care and services, and to strengthen communication and collaboration among families, CHaD, and the communities we serve. Members are parents of CHaD patients and CHaD staff, and serve a two-year term. The CHaD FAB welcomes input from families about their children's health care experiences and invites families to join our work.

CHaD Family Center: Molly's Place 603.653.9899 www.CHaDKids.org/MollysPlace

Molly's Place at the CHaD Family Center, created by families for families, is located on the CHaD outpatient floor at DHMC (Level 6, Faulkner Building). Molly's Place has a consumer health library, online health resources, information about community-based services for families, access to financial assistance, care notebooks, and provides a comfortable place of retreat for parents and a play area for children. Stop in before, between or after medical appointments.

CHaD LiviNHealthy Program 603.653.2226

The CHaD LiviNHealthy Program aims to promote healthy lifestyles for children and families. Working at many levels through the CHaD Pediatric Lipid and Weight Management Center, our primary care networks, and our community collaborations, the program integrates clinical and public health strategies to



build communities that support healthy weight through healthy and affordable foods and options for daily activity. Our goal is to help everyone have a 5210 Day (Eat 5 servings of fruits and vegetables daily, cut screen time to 2 hours or less daily, get active for at least 1 hour each day and eliminate all sugar-sweetened drinks).

CHaD at Wentworth-Douglass Hospital Family Resource Center 603.740.2366

www.wdhospital.com

Family Resource Coordinators are available in the Family Resource Center within the Wentworth-Douglass Hospital reception area to support families dealing with the stress of a child's medical diagnosis. Help is available to find information about your child's medical condition, get the right education plan for your child, manage challenging behavior or find counseling, support your child's development, and connect families with community resources to help with basic needs (food, heat, etc). Families can sign up to receive notice of ageand diagnosis-specific programs sponsored by Wentworth-Douglass Hospital such as Water Works and Therapeutic Riding.

Injury Prevention Center 603.308.2253 Toll-free: 1.877.783.0432

The Injury Prevention Center provides resources for the public and professionals on a wide range of injury issues, including child passenger safety and occupant protection, helmets for a variety of recreational activities, pedestrian issues, falls risk reduction, home injury prevention, safe playgrounds, firearm safety and suicide prevention.

Regional Program for Women's & Children's Health 603.653.6880

The Regional Program for Women's and Children's Health is committed to improving care for women and children by collaborating with community providers. This program provides professional leadership, educational resources and clinical expertise to physicians, nurses, and other providers caring for families throughout New Hampshire and Vermont.

Operation Sneak-A-Peek 603.650.8831

Developed by Child Life Specialists at DHMC, Operation Sneak-a-Peek is designed to help children of various ages and their families prepare for anesthesia, surgery, and other sedated procedures. Personal tours of the hospital are offered on an individual basis. Please call for more information or to schedule a tour for your child. We recommend children take the Sneaka-Peek tour within about one week of their scheduled procedure.



CHaD Specialists Directory

Adolescent Medicine

Lebanon	603.653.9663
Allergy	
Bedford	603.695.2560
Concord	603.228.4548
Lebanon	
Anesthesiology	
Lebanon	603.650.5922
Asthma	
Bedford	603.695.2560
Lebanon	603.653.9884
Audiology	
Lebanon	603.650.8123
Bronchopulmonary Dysplasi	a
Lebanon	
Manchester	603.695.2745
Cardiology	
Concord	603.653.9888
Dover (WDH)	
Keene	603.653.9888
Lancaster	603.653.9888
Lebanon	603.653.9888
Manchester	603.695.2745
Nashua	603.695.2745
Child Abuse (CAPP)	
Concord	603.653.3658
Dover (WDH)	603.653.3658
Exeter	

Lebanon	
Manchester	
Nashua	415
Child Development	
Lebanon)60
Child Psychiatry	
Concord	
Lebanon	724
Cleft Lip and Palate (craniofacial)	
Lebanon	300
Critical Care	
Lebanon	454
Counseling	
Lebanon	724
Cystic Fibrosis	
Lebanon	384
Manchester	745
Dermatology	
Lebanon	100
Manchester	540
Diabetes	
Dover (WDH) 603.740.2	366
Lebanon	877
Manchester	745
Endocrinology	
Dover (WDH) 603.740.23	366
Lebanon	
Manchester	

Gastroenterology

Dover (WDH).	. 603.740.2366
Exeter	. 603.695.2745
Lebanon	. 603.653.9666
Manchester	
General Pediatrics	
Bedford	.603.695.2750
Bennington	
Concord	
Keene	
Lebanon	
Manchester	
Nashua	.603.577.4400
Genetics	
Lebanon	. 603.629.8355
Manchester	
Nashua	
Hematology/Oncology	
Lebanon	. 603.650.5541
Manchester	. 603.650.5541
Hemophilia	
Lebanon	.603.650.5486
HIV/AIDS	
Lebanon	603.650.6060
Manchester	603.650.6060
Infectious Diseases	
Lebanon	603.650.6060

Intensive Care Nursery Fo	llow-up	
Lebanon		
Juvenile Rheumatoid Arth	nritis	
Lebanon	603.650.8622	
Late Effects Clinic (Oncol	ogy)	
Lebanon		
Lipid & Weight Manageme	ent	
Lebanon	603.653.2226	
Manchester		
Maternal/Fetal Health/Hig	h Risk Obstetrics	
Bedford		
Lebanon		
Nashua	603.577.4300	
Mental Health		
Lebanon		
Neonatal/Perinatal Medicine		
Lebanon		
Neonatal Medical Follow-	· · ·	
Lebanon		
Manchester	603.695.2745	
Nephrology		
Dover		
Lebanon		
Manchester	603.695.2745	
Neurology	007 005 00 40	
Concord		
Lebanon		
Manchester		

	Neurometabolic Disease
0	Lebanon
	Neuromotor Clinic
22	Lebanon
41	Neurosurgery
	Lebanon
26	Obesity
15	Lebanon 603.653.2226
cs	Manchester 603.695.2745
0	Ophthalmology
0	Lebanon
0	Oral & Maxillofacial Surgery
	Lebanon
24	Orthopaedics
	Concord
0	Lebanon
	Manchester
0	Nashua 603.577.4340
15	Osteoporosis
	Manchester 603.695.2745
6	Otolaryngology
34	Lebanon
15	Plastic Surgery
0	Lebanon
.0 59	Prenatal Diagnosis Lebanon
.0	Pulmonology
.0	Dover
	Duver

Lebanon	603.653.9884
Manchester	603.695.2745
Radiation Oncology	
Lebanon	603.650.6600
Radiology	
Lebanon	603.650.7443
Rehabilitation Medicine	
Lebanon	603.650.5978
Rheumatology	
Lebanon	
Manchester	603.695.2550
Spina Bifida	
Lebanon	603.653.9623
Sports Medicine	
Concord	
Lebanon	
Manchester	603.695.2830
Surgery, General Pediatric	
Lebanon	
Manchester	603.653.9883
Transgender Clinic	CO7 740 0700
Dover	
Lebanon	
Manchester	
Transitional Long Term Care	
Lebanon	603.653.6070
Urology	
Lebanon	603.653.9882

CHaD Pediatric Care Locations

NEW HAMPSHIRE

Concord

Dartmouth-Hitchcock Concord **G S** 253 Pleasant St Concord, NH

Exeter

Saltonstall Medical Building on the Exeter Hospital Campus 6 9 Buzell Ave Exeter, NH

Keene Region

Dartmouth-Hitchcock Keene 🕝 590 Court St Keene, NH

Lebanon Region

Children's Hospital at Dartmouth-Hitchcock **G S O D**

One Medical Center Dr Lebanon NH

Dartmouth-Hitchcock Heater Road G 18 Old Etna Rd

Lebanon, NH

Manchester Region

Nashua

Special Care Nursery at the Mom's Place Catholic Medical Center 100 McGregor St Manchester, NH

Dartmouth-Hitchcock Bedford **G** 25 South River Rd Bedford, NH

Dartmouth-Hitchcock Manchester **G S O** 100 Hitchcock Wav

Manchester, NH

Notre Dame Pavilion at Catholic Medical Center 😣 87 McGregor St Manchester. NH

River's Edge 1-Day Surgery Center S

185 Queen City Ave Manchester, NH

Dartmouth-Hitchcock Nashua 🕝 🕓 2300 Southwood Dr Nashua, NH

Dover

CHaD at Wentworth-Douglass Hospital S 789 Central Ave Dover. NH

VERMONT

Bennington

Dartmouth-Hitchcock **Putnam Physicians**

Southwestern Vermont Medical Center 140 Hospital Dr Bennington, VT



93 91 Lebanon 4 GGGD 93 89 6 Concord G S Dover 91 Manchester Keene Exeter Bedford G G S C D Nashua G General Pediatrics Pediatric Cancer Care S Pediatric Specialty Care Pediatric Hospital Inpatient Care



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603.650.KIDS | chadkids.org