This 2-day continuing education program is designed to help registered nurses prepare to sit for the American Nurses Credentialing Center Gerontological Nursing Certification Exam. Topics covered will include: Assessment of the Older Adult, Pharmacotherapy, Pain Assessment and Management, Nutrition and Hydration, Medical Decision Making and Palliative Care.

Faculty

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Associate Project Director, Advancing Competency in Geriatric Care Program^

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Continuing Care Manager, General Internal Medicine^

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Clinical Specialist-Psychiatric Liaison, Office of Professional Nursing^*

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Director of Continuing Nursing Education, Office of Professional Nursing, Center for Continuing Education in the Health Sciences^*

LISA STEPHENS, MSN, APRN, ACHPN
Lead Nurse Practitioner, Section of Palliative Medicine^*

*Dartmouth-Hitchcock Medical Center, Lebanon, NH
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This program is part of the Advancing Competency for Geriatric Care in Rural Northern New England grant (D62HP24186) supported by the Health Resources Services Administration (HRSA).

Overview

February 4 & 11, 2014
8:00 AM to 4:30 PM
Dartmouth-Hitchcock Heater Road Facility
Lebanon, New Hampshire

ANCC Gerontological Nursing Certification
2-DAY REVIEW COURSE

Registration

Registration is online and by credit card only.
To register, please visit: http://med.dartmouth-hitchcock.org/ccehs

Fees:
• Food and Refreshment Fee: $40

This fee covers a light breakfast, refreshment breaks and lunches. The registration deadline is January 21, 2014. No refunds will be issued after this date. A $25 administrative fee will be retained on all refunds requested before the registration deadline.
Conference Agenda

February 4, 2014

8:00  Sign-in and light breakfast
8:30  The Aging Population and Normal Age-Related Changes
9:30  History, Scope and Standards of Gerontological Nursing
10:30 Break
10:45 Assessment of the Older Adult
11:45 ANCC Information and Test-Taking Strategies
12:15 Lunch
1:00  Health Promotion and Function
2:00  Frailty and Falls
3:00 Break
3:15 Management of Chronic Illness
4:15 Wrap-up

February 11, 2014

8:00  Sign-in and light breakfast
8:30  Nutrition and Hydration
9:30  Pharmacotherapy
10:30 Break
10:45 Dementia, Delirium and Depression
11:45 Pain Assessment and Management
12:15 Lunch
1:00  Medical Decision Making
2:00  Elder Abuse
3:00 Break
3:15 Palliative Care
4:15 Wrap-up

*Topics times subject to change.

Objectives

At the conclusion of the activity, participants will be able to:

- Discuss characteristics of the aging population;
- Identify characteristics of normal physiologic changes of aging;
- Review the scope and standards of gerontological nursing;
- Describe all the elements of a comprehensive geriatric assessment including: physical assessment, cognitive assessment, and psychosocial assessment;
- Identify ANCC resources and strategies to prepare for gerontological nursing certification exam;
- Describe nursing interventions to promote health and function in older adults;
- Describe the syndrome of frailty, including its prevalence, significance and pathophysiology;
- Discuss nursing interventions for older adults with fall risk factors;
- Describe geriatric-specific nursing considerations for management of chronic illness;
- Identify risk factors for impaired nutrition and hydration in older adults;
- Discuss strategies to promote optimal nutrition and hydration in older adults;
- Discuss changes in medication action that result from common physiological changes in older adults;
- Identify common adverse reactions to medications in older adults;
- Explain the difference between acute and chronic confusion;
- Compare and contrast depression and confusion;
- Discuss pain assessment for older adults;
- Describe management strategies for older adults;
- Describe components of an advance directive;
- Compare and contrast indications and contraindications for CPR;
- Identify signs of elder abuse in an older adult;
- Explain the difference between palliative and hospice care;
- Describe the various functions of palliative care services.

Additional Information

DATE/TIME/LOCATION:
February 4 & 11, 2014 • 8:00 AM – 4:30 PM
Dartmouth-Hitchcock Heater Road Facility
18 Old Etna Road • Lebanon, NH 03766

TARGET AUDIENCE:
Registered Nurses in any health care setting who care for adults 65 years-old and older.

DIRECTIONS:
Directions to the Heater Road Facility can be found on the conference website.

ACCREDITATION:
Dartmouth-Hitchcock Medical Center’s Nursing Continuing Education Council is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This educational activity carries 13 contact hours.

COURSE MATERIALS:
Speaker presentations will be made available online and attendees will receive an email with instructions on how to access them 2-4 days prior to the conference date. Should you want hard copies of the speaker materials at the conference, please download and print copies to bring with you to the conference.

For registration questions, please contact The Center for Continuing Education in the Health Sciences at ccehs@hitchcock.org or call our office at (603) 653-1234. You may also visit our website at http://med.dartmouth-hitchcock.org/ccehs.html

For accessibility needs, dietary or any other requests, please e-mail Chris Parker at: christine.m.parker@hitchcock.org.