



Northern New England Geriatric Education Center
 Dartmouth Medical School
 Department of Community and Family Medicine
 HB 7265
 Hanover, NH 03755

www.nnegec.org

Identification and Treatment of Depression
 in Medically Ill Older Adults
 Friday, May 14, 2010
 Grappone Conference Center
 Concord, New Hampshire

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This conference is sponsored by the Northern New England Geriatric Education Center, a component of the Dartmouth Centers for Health and Aging, Dartmouth Medical School, and the Center for Continuing Education in the Health Sciences, Dartmouth-Hitchcock Medical Center, Lebanon, NH.



www.nnegec.org

Welcome

Dear Colleagues,

This conference on depression in the medically ill older adult is designed to offer the most up-to-date information for physicians, nurses, social workers, allied health professionals, and others who care for geriatric patients. The program has been planned to focus on specific diseases, settings, and therapies.

The planning committee has invited a panel of experts who are clinicians, researchers, and educators, and all have made direct contributions to identifying and treating depression in older adults.

Our keynote speaker, Alexander Glassman, MD, Chief of Clinical Psychopharmacology at New York State Psychiatric Institute, and Professor of Psychiatry at the College of Physicians and Surgeons of Columbia University, will discuss the relationship among depression, heart disease, and cardiovascular death.

Stephen Bartels, MD, MS, Professor of Psychiatry and of Community and Family Medicine at Dartmouth Medical School, Director of the Center for Aging Research at The Dartmouth Institute, and Director of the Dartmouth Centers for Health and Aging, will discuss the importance of integrating medical and mental health care.

Robert Santulli, MD, Associate Professor of Psychiatry at Dartmouth Medical School, and Director of Geriatric Psychiatry at Dartmouth-Hitchcock Medical Center, will present on depression and cognitive impairment in the older adult.

Martha L. Bruce, PhD, MPH, Professor of Sociology in Psychiatry at Weill Cornell Medical College, will address depression in older adults in home health care.

Delia Cimpean, MD, Assistant Professor of Medicine and Psychiatry at Dartmouth Medical School, a member of the department of General Internal Medicine at DHMC and also the Psychiatric Research Center, will describe the patients' experience of co-occurring depression and chronic medical illness.

Brent Forester, MD, MMSc, Assistant Professor of Psychiatry, Harvard Medical School, Director, Mood Disorders Division, Geriatric Psychiatry Research Program, McLean Hospital, will address pharmacotherapy for geriatric depression.

Mark Hegel, PhD, clinical psychologist and Associate Professor in Psychiatry and Community and Family Medicine at Dartmouth Medical School, will present on evidence-based psychotherapies for late life depression.

We hope you will join us on May 14, 2010 at the Grappone Conference Center in Concord, New Hampshire.

Sincerely,
 The Planning Committee

Planning Committee

STEPHEN J. BARTELS, MD, MS - Professor of Psychiatry and of Community and Family Medicine*; Director, Center for Aging Research at the Dartmouth Institute*^

SUZANNE C. BEYEA, RN, PhD, FAAN - Associate Professor of Community and Family Medicine at The Dartmouth Institute*; Associate Director, Dartmouth Centers for Health and Aging^

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DEBRA HASTINGS, PhD, RN, CNOR, BC - Director of Continuing Nursing Education, Center for Continuing Education in the Health Sciences^

JUSTIN MONTGOMERY, RN-BC - Geriatric Nurse Coordinator, Medical Specialties^

BERNADETTE SEIFERT, LICSW, MSW - Mental Health Training Coordinator, Northern New England Geriatric Education Center*

MARY TURCO, EdD - Assistant Professor of Medicine*; Director, Continuing Medical Education and Director, Center for Continuing Education in the Health Sciences^

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^ Dartmouth-Hitchcock Medical Center, Lebanon, NH

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Agenda

8:30 am	Registration and Coffee
9:00	Welcome
9:10	KEYNOTE: Cardiovascular Disease and Depression - <i>Alexander Glassman, MD</i> <i>Chief of Clinical Psychopharmacology, New York State Psychiatric Institute, and Professor of Psychiatry at the College of Physicians and Surgeons of Columbia University</i>
10:10	Integrating Care: Medical and Mental Health - <i>Stephen Bartels, MD, MS</i> <i>Professor of Psychiatry and of Community and Family Medicine; Director, Center for Aging Research at The Dartmouth Institute</i>
11:00	Stretch Break
11:10	Addressing Depression in Home Health Care - <i>Martha Bruce, PhD, MPH, Professor of Sociology in Psychiatry, Weill Cornell Medical College</i>
12:00 pm	Lunch
12:45	Pharmacotherapy for Geriatric Depression - <i>Brent Forester, MD, MMSc, Assistant Professor of Psychiatry, Harvard Medical School, Director, Mood Disorders Division, Geriatric Psychiatry Research Program, McLean Hospital</i>
1:35	Evidence-Based Psychotherapies for Late Life Depression - <i>Mark Hegel, PhD, Clinical Psychologist and Associate Professor in Psychiatry and Community and Family Medicine, Dartmouth Medical School</i>
2:25	Stretch Break
2:35	What is the Patient's Experience of Co-occurring Depression and Chronic Medical Illness? - <i>Delia Cimpean, MD, Assistant Professor of Medicine and Psychiatry, Dartmouth Medical School, Department of General Internal Medicine, Dartmouth-Hitchcock Medical Center</i>

3:25	Depression and Cognitive Impairment - <i>Robert Santulli, MD, Associate Professor of Psychiatry, Dartmouth Medical School, and Director of Geriatric Psychiatry, Dartmouth-Hitchcock Medical Center</i>
4:15	Wrap Up and Evaluations
4:30	Adjourn

Objectives

At the end of this continuing education activity, participants will be able to:

- Describe the complexity of the relationship between depression and heart disease.
- Discuss the benefits and risks involved with the treatment of patients with heart disease and depression.
- Discuss the importance of addressing the mind-body connection in the care of older adults.
- Describe the current research to provide integrated health models.
- Describe the scope and nature of depression in home-care settings.
- Compare models of care for improving depression care in home settings.
- Identify evidence-based pharmacological interventions for depression in the medically ill elderly population.
- Describe pharmacokinetic, pharmacodynamic, drug-drug interaction and tolerability issues when using antidepressant medication in older, medically compromised, depressed individuals.
- Discuss evidence-based psychotherapies for late life depression.
- List the evidence base and seven treatment steps for Problem Solving Therapy.
- Describe patients' holistic experience of co-morbid depression and chronic medical illness, and patients' perception of the interaction between medical and mental health symptoms.
- Discuss patients' experience of medical care, stigma, and of attitudes towards work when confronted with the experience of co-morbid depression and chronic medical illness.
- Discuss depression as a risk factor for dementia, and as an early symptom of dementia.
- Describe the frequency of depression as it occurs in patients with dementia, its manifestations, and treatment.

Information


DATE & TIME: Friday, May 14, 2010 • 8:30 am - 4:30 pm

LOCATION: Grappone Conference Center, Concord, New Hampshire

DIRECTIONS: Can be found on the Grappone Conference Center web site at www.grapponeconferencecenter.com

AUDIENCE: Physicians, Nurses, Social Workers, Care Managers, Allied Health Professionals, Mental Health Counselors, and others interested in depression in medically ill older adults.

ACCREDITATION: *Physicians:* The Dartmouth-Hitchcock Medical Center designates this educational activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity. The Dartmouth-Hitchcock Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Nurses: Dartmouth-Hitchcock Medical Center's Nursing Continuing Education Council is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity carries 6.25 contact hours. 

Social Workers: For NASW accreditation, call 603-714-1737 to find out if an authorization number has been issued.

REGISTRATION FEE: The registration fee is \$125 for physicians, \$75 for all other health care professionals, and \$25 for residents and students. This fee includes materials, refreshment breaks and lunch. The registration deadline is May 7, 2010. Refunds are not available, however substitutions may be made.

FURTHER INFORMATION: For registration information or if you need assistance because of disability or special dietary requirements, contact Janice Montgomery at (603) 653-3458 at least 2 weeks prior to the conference.

RESERVE YOUR PLACE AT THE CONFERENCE: If your institution will be sending a check for your registration, be sure to fax your registration to 603-653-3494 BEFORE you submit for payment.

Registration Form

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Grappone Conference Center, Concord, NH

Name: _____

Degree or License: (e.g. MD, RN) _____

Job Title: _____

Affiliation: _____

Specialty: _____

Department (if applicable): _____

Interest(s): _____

Work Address: _____

Daytime Phone No.: _____ work home

Mailing Address (if different than above): _____

E-mail Address (Required): _____

REGISTRATION FEES

\$ 125 - Physicians

\$75 - All Other Health Care Professionals

\$25 - Residents and Students

Please make checks payable to NNEGEC at DMS and mail with this form to:

Dartmouth-Hitchcock Medical Center
Dartmouth Centers for Health and Aging
Attention: Janice Montgomery
One Medical Center Drive
Lebanon, NH 03756

* Payment must accompany registration