Welcome
Dear Colleagues,

This conference on depression in the medically ill older adult is designed to offer the most up-to-date information for physicians, nurses, social workers, allied health professionals, and others who care for geriatric patients. The program has been planned to focus on specific diseases, settings, and therapies.

The planning committee has invited a panel of experts who are clinicians, researchers, and educators, and all have made direct contributions to identifying and treating depression in older adults.

Our keynote speaker, Alexander Glassman, MD, Chief of Clinical Psychopharmacology at New York State Psychiatric Institute, and Professor of Psychiatry at the Collage of Physicians and Surgeons of Columbia University, will discuss the relationship among depression, heart disease, and cardiovascular death.

Stephen Bartels, MD, MS, Professor of Psychiatry and of Community and Family Medicine at Dartmouth Medical School, Director of the Center for Aging Research at The Dartmouth Institute, and Director of the Dartmouth Centers for Health and Aging, will discuss the importance of integrating medical and mental health care.

Robert Santulli, MD, Associate Professor of Psychiatry at Dartmouth Medical School, and Director of Geriatric Psychiatry at Dartmouth-Hitchcock Medical Center, will present on depression and cognitive impairment in the older adult.

Martha L. Bruce, PhD, MPH, Professor of Sociology in Psychiatry at Weill Cornell Medical College, will address depression in older adults in home health care.

Dalia Cimpanian, MD, Assistant Professor of Medicine and Psychiatry at Dartmouth Medical School, a member of the department of General Internal Medicine at DHMC and also the Psychiatric Research Center, will describe the patients’ experience of co-occurring depression and chronic medical illness.

Brent Foraster, MD, MMSc, Assistant Professor of Psychiatry, Harvard Medical School, Director, Mood Disorders Division, Geriatric Psychiatry Research Program, McLean Hospital, will address pharmacotherapy for geriatric depression.

Mark Hegel, PhD, clinical psychologist and Associate Professor in Psychiatry and Community and Family Medicine at Dartmouth Medical School, will present on evidence-based psychotherapies for late life depression.

We hope you will join us on May 14, 2010 at the Grappone Conference Center in Concord, New Hampshire.

Sincerely,
The Planning Committee

Planning Committee

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Objectives
At the end of this continuing education activity, participants will be able to:

• Describe the complexity of the relationship between depression and heart disease.
• Discuss the benefits and risks involved with the treatment of patients with heart disease and depression.
• Discuss the importance of addressing the mind-body connection in the care of older adults.
• Describe the current research to provide integrated health models.
• Describe the scope and nature of depression in home-care settings.
• Compare models of care for improving depression care in home settings.
• Identify evidence-based pharmacological interventions for depression in the medically ill elderly population.
• Describe pharmacokinetic, pharmacodynamic, drug-drug interaction and tolerability issues when using antidepressant medication in older, medically compromised, depressed individuals.
• Discuss evidence-based psychotherapies for late life depression.
• List the evidence base and seven treatment steps for Problem Solving Therapy.
• Describe patients’ holistic experience of co-morbid depression and chronic medical illness, and patients’ perception of the interaction between medical and mental health symptoms.
• Discuss patients’ experience of medical care, stigma, and of attitudes towards work when confronted with the experience of co-morbid depression and chronic medical illness.
• Discuss depression as a risk factor for dementia, and as an early symptom of dementia.
• Describe the frequency of depression as it occurs in patients with dementia, its manifestations, and treatment.