Youth Summit 2019

Quick Review of Interactive Polling, Social Media and Feedback Surveys
Day 1: Students – to start the day

Of the 9 topics, what are the top three you’re most interested in?
Day 2: Adults – to start the day

Of the 9 topics, what are the top three you’re most interested in?

- Self Harm, Depression, Suicide: 71%
- Bullying: 42%
- Race & Ethnicity: 25%
- Gender & Sexuality: 9%
- School Violence: 14%
- Pressure for Success: 49%
- Road Trip: 5%
- Eating Disorders: 9%
- Substance Use: 47%
Day 1: Students – around lunch time

How are you feeling so far today?
Day 2: Adults – around lunch time

How are you feeling so far today?
Day 1: Students — end of day, most had left (n=14)

“What has inspired you today to take back to your school?”

- Make sure more students know about local resources
- Everyone’s stories, diverse and valid
- That people should pay more attention to mental health and social media
- That mental health and social media are strongly related.
- Let people know that they can get help and support
- Spread awareness about mental health
- Bring back happiness
- Help each other
- Talk openly about issues
- Hard work bring you more success! No matter where your grounds are, you can work your way up and become the best you can be!
Day 2: Adults – end of day (n=57)
“What has inspired you today to take back to your community?”
The #DHYouthSummit Influencers

Top 10 by Mentions
- @DartmouthHitch 79
- @chadkids 28
- @GovChrisSununu 27
- @NH4youth 18
- @SeattleMamaDoc 14
- @NAMI_NH 13
- @NHEdCommr 12
- @MakinitHappenGM 11
- @wmu9 11
- @nhcfoundation 10

Top 10 by Tweets
- @DartmouthHitch 40
- @NH4youth 13
- @lacramb 12
- @riadams1 11
- @MakinitHappenGM 7
- @ortiz1229 7
- @jengilkie 5
- @nhcfoundation 5
- @BeckyWhitley80 4
- @AudraB603 4

Top 10 by SymplurRank
- @NHEdCommr
- @chadkids
- @RCFY
- @MakinitHappenGM
- @GovChrisSununu
- @DEANEWENGLAND
- @DartmouthHitch
- @joanneconroymd
- @AudraB603
- @CrispinsHouse

The Numbers
- 484,742K impressions
- 191 tweets
- 65 participants
- 0 avg tweets/hour
- 3 avg tweets/participant

Twitter data from the #DHYouthSummit hashtag use on Twitter from Sun, March 17th 2019, 10:45AM to Thu, April 11th 2019, 10:45AM (America/New_York).
#DHYouthSummit hashtag use on Instagram
Custom Snapchat Geofilter

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My Orders › Youth Summit 2019

**Metrics**

- **197** SWIPES
- **84** USES
- **7K** VIEWS
- **42.6%** USAGE

**Youth Summit 2019**

Filter

**Details**

- Your Filter has completed its run.
- **Start Time**
  - April 5, 2019 7:00 AM EDT
- **Date Ending**
  - April 6, 2019 3:00 PM EDT
- **Repeats Until**
  - April 6, 2019 3:00 PM EDT
- **Cost**
  - $20.66 USD

#DHYOUTHSUMMIT

Social Security Administration Concord
Day 1 Feedback Survey: Who Responded?

Please indicate your main role in attending the Youth Summit:

43 responses

- **51.2%** Student attendee
- **27.9%** Adult attendee (advisor)
- **11.6%** Student facilitator
- **5%** Student scribe
- **3%** Other student staff
- **2%** Student journalist
- **1%** Content expert/faculty facilitator
- **1%** Exhibitor/sponsor
- **1%** Other adult staff
Day 1 Feedback Survey: Discussions

Please indicate the discussion sessions you attended and indicate how valuable you felt they were:

- 1a - Substance use
- 1b - Self-harm/depression/suicide
- 1c - Eating disorders
- 2a - Gender & sexuality
- 2b - Race & ethnicity
- 2c - Bullying
- 3a - School violence
- 3b - Pressure for Success
- 3c - Road Trip (Distracted driving)
Day 1 Feedback Survey: Presentations

How valuable did you find the other presentations?

- 0 - Not valuable
- 1
- 2
- 3
- 4
- 5 - Extremely valuable
- Did not attend

Keynote by Hannah Kearney, Olympic Gold Medal Skier
Social Media for Good, Seattle Mama Doc, Dr Swanson
Exhibitors/materials in the hall
Day 2 Feedback Survey: Who Responded?

1. Please select your main role(s) which brought you to the Youth Summit:

22 responses

<table>
<thead>
<tr>
<th>Role</th>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent, grandparent, aunt, uncle or oth...</td>
<td>3</td>
<td>13.6%</td>
</tr>
<tr>
<td>Teacher</td>
<td>2</td>
<td>9.1%</td>
</tr>
<tr>
<td>School administrator</td>
<td>4</td>
<td>18.2%</td>
</tr>
<tr>
<td>School board member</td>
<td>1</td>
<td>4.5%</td>
</tr>
<tr>
<td>School counselor/advisor/psychologist</td>
<td>1</td>
<td>4.5%</td>
</tr>
<tr>
<td>School nurse</td>
<td>1</td>
<td>4.5%</td>
</tr>
<tr>
<td>Youth sports or activity coach</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Non-school based counselor/psychologist</td>
<td>2</td>
<td>9.1%</td>
</tr>
<tr>
<td>Healthcare provider/staff</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Youth-focused public agency employee</td>
<td>1</td>
<td>4.5%</td>
</tr>
<tr>
<td>Legislator</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Non-Profit youth advocacy interested community member</td>
<td>2</td>
<td>9.1%</td>
</tr>
<tr>
<td>NH Crisis Center Prevention Educator</td>
<td>1</td>
<td>4.5%</td>
</tr>
<tr>
<td>YMCA Counselor</td>
<td>1</td>
<td>4.5%</td>
</tr>
</tbody>
</table>
Day 2 Feedback Survey: Importance of Topics

Please select how important you think it is for youth to be discussing and addressing the following issues:
Day 2 Feedback Survey: Topics, Top Three

Select the three topics that you feel are most important:

22 responses

- Substance use: 16 (72.7%)
- Self-harm/depression/suicide: 21 (95.5%)
- Gender & sexuality: 4 (18.2%)
- Bullying: 7 (31.8%)
- School violence: 8 (36.4%)
- Pressure for Success: 4 (18.2%)
- Distracted driving: 2 (9.1%)
Day 2 Feedback Survey: Presentations

How valuable did you find each of the following presentations?

- Social Media for Good with Seattle Mama Doc, Dr. Wendy Sue Swanson
- Community Engaged Research: Teen Speak Out Project
- How New Hampshire Public Health Networks Can Help Communities
- Communities Collaborating with Health Care
- Exhibitors/materials in the hall
Day 2 Feedback Survey: Plans to Take Action

Have you considered taking new actions or making new commitments based on your experience at the Summit?

22 responses

- Yes: 77.3%
- No: 22.7%