

**Welcome!**

**CROHN'S  
& COLITIS  
FOUNDATION**



# Crohn's & Colitis Foundation

## Our Mission:

To **cure** Crohn's disease and ulcerative colitis, and to improve the **quality of life** of children and adults affected by these diseases.

**CROHN'S  
& COLITIS  
FOUNDATION**



# The IBD Help Center

- Offers treatment, diet, flare management & other helpful information about Crohn's disease and ulcerative colitis
- Free brochures & fact sheets
- Find doctors, support groups & education programs
- Info on financial & legal resources
- Translation services to provide help in 170 languages

Phone: (888) MY.GUT.PAIN (694-8872)

Email & Live Chat [info@crohnscolitisfoundation.org](mailto:info@crohnscolitisfoundation.org)

Website: [www.crohnscolitisfoundation.org](http://www.crohnscolitisfoundation.org)

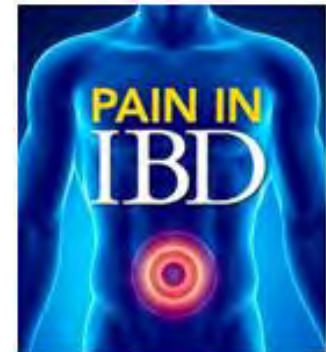
# Patient Education

Update Crohn's disease and ulcerative colitis patients on treatment options, coping strategies, advocacy, research and advances while connecting them with the IBD community



## Educational Webcasts

- Participate live or watch replay
- National experts speaking in lay terms
- Interactive Q&A



# Support Groups

## Concord Support Group

2<sup>nd</sup> Monday of the month, 6:00 pm

Melissa at [lissie24@comcast.net](mailto:lissie24@comcast.net)

## Concord Support Group

3<sup>rd</sup> Thursday of the month, 6:00 pm

Jenn A. at [Bcyoumatter@gmail.com](mailto:Bcyoumatter@gmail.com)

## Nashua Support Group

1<sup>st</sup> Thursday of the month, 7:00 pm

Janet at [jbmac49@gmail.com](mailto:jbmac49@gmail.com)

## Manchester Support Group

1<sup>st</sup> Monday of the month, 6:00 pm

Melissa at [lissie24@comcast.net](mailto:lissie24@comcast.net)

The logo consists of two overlapping speech bubbles. The left bubble is green and contains a white letter 'Q'. The right bubble is white and contains a green letter 'A'.

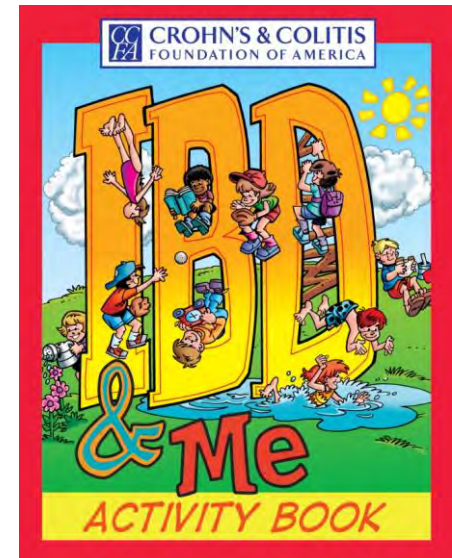
# Power of Two

- Connects those seeking support to volunteers who have gone through similar experiences with Crohn's or colitis
- They speak twice on the phone or by email
- Open to patients and caregivers
- To learn more, please call 888-694-8872 x 8  
or email [powerof2@crohnscolitisfoundation.org](mailto:powerof2@crohnscolitisfoundation.org)

# Educational Materials



- The Facts on Crohn's & Colitis (for newly diagnosed)
  - Understanding IBD Medications
  - Living with Ulcerative Colitis
  - Living with Crohn's Disease
  - Surgery
  - Managing Flares
  - IBD & Me Activity Book
  - Guide for Teachers
- ... and more!



# Just Like Me: A Site for Teens

- Get resources on IBD
- Ages 13-18
- Post stories and videos
- Information on diet, dating, school, stress, etc.



Connect today:  
[www.justlikemeibd.org](http://www.justlikemeibd.org)



# Crohn's & Colitis Community Connect with others online!



- Share stories
- Join discussions
- Online support group
- Customized IBD education
- Ask an Expert
- Expert Q&A Library

**Join today: [www.CCFAcommunity.org](http://www.CCFAcommunity.org)**

## Campus Connection

**For students and their families looking to learn more about the resources available to IBD patients attending college.**

Accommodations on campus, emotional & social issues

Connect with other college students

[www.ccfa.org/campus-connection](http://www.ccfa.org/campus-connection)





At **Camp Oasis**, kids with IBD can just **BE KIDS** trying new things, making lifelong **friends**, hearing **stories** that sound familiar, and having the **time of their lives**.

- Session Dates: Tues., August 20th - Sun., August 25th, 2019
- Host Site: Camp Scatico - Elizaville, NY
- Campers: entering grades 3-10 in fall 2018
- LITs: entering grades 11-12 in fall 2018
- Volunteers: minimum of 18 years old





**CROHN'S & COLITIS**  
FOUNDATION



# BE AN ADVOCATE

**Take action now:  
[online.ccfa.org/advocate](https://online.ccfa.org/advocate)**

**LEARN MORE AT THE  
CROHN'S & COLITIS  
FOUNDATION TABLE IN  
THE LOBBY**

# CONTACT THE LOCAL CHAPTER

**New England Chapter Office**

**72 River Park Ste. Ste. 202**

**Needham, MA 02494**

**781-449-0324**

**[www.crohnscolitisfoundation.org/chapters/ne/](http://www.crohnscolitisfoundation.org/chapters/ne/)**

# THANK YOU TO OUR SPONSORS

