The Movement Disorders Resource Center is here to:

**Provide information**, materials, and programs to help those with movement disorders and their caregivers manage their every day lives and serve as a resource when they have questions or concerns.

**Enhance the quality of life** for people with movement disorders and their caregivers by providing information about:
- Support group meetings
- Physicians, allied health professionals, home care agencies and other resources
- Current therapies and research programs
- Exercise, dance, tai chi, massage and other non-medical therapies

**Increase public awareness** of movement disorders by offering:
- Educational events
- Free informational pamphlets and booklets
- Lending library with books, videos, and DVDs
- Newsletters

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**Visit the Movement Disorders Resource Center**

For more information about the Movement Disorders Resource Center or for help with resources, contact Diane L. Sherman at Diane.L.Sherman@hitchcock.org or (603) 653-6672.

**Physical Location:**
The Movement Disorders Resource Center is located within the Aging Resource Center, 46 Centerra Parkway, 2nd floor, Lebanon, NH.

**Mailing Address:**
Movement Disorders Resource Center
DHMC
One Medical Center Drive
Lebanon, NH 03756

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**Parkinson’s Disease and Movement Disorders Program**

Interdisciplinary treatment and resources for the movement disorders community
The Parkinson’s Disease and Movement Disorders Program

The Parkinson’s Disease and Movement Disorders Program treats:
- Parkinson’s disease (PD)
- Atypical parkinsonisms
- Huntington’s disease
- Essential tremor
- Tics
- Ataxias
- Dystonia
- Other movement disorders

For resources to help you understand these conditions, please contact Diane L. Sherman, Resource Coordinator, at Diane.L.Sherman@hitchcock.org or (603) 653-6672.

Interdisciplinary Treatments, Assistance and Opportunities Offered by the Parkinson’s Disease and Movement Disorders Program

- Neurology Services
  - Medical management
  - Advanced therapies:
    - Botox injections for complications of PD (dystonia)
    - Duopa® therapy
- Neurosurgical Services
  - Deep brain stimulation (DBS)
- Psychiatry and Neuropsychology Services
- Rehabilitation Medicine:
  - Physical therapy, occupational therapy and speech-language pathology
  - Specific programs (LSVT® LOUD and BIG, Tai Ji Quan: Moving for Better Balance)
- Movement Disorders Resource Center
- Clinical Research Trials

Parkinson’s Disease and Movement Disorders Team

Joshua P. Aronson, MD
Neurosurgeon

Stephen L. Lee, MD, PhD
Movement Disorders Specialist

Rebecca J. Thompson, MD
Movement Disorders Specialist

Carissa L. Thurston, RN
Neurosurgery Nurse

Diane L. Sherman, PhD
Coordinator, Movement Disorders Resource Center

Contact Us
To make an appointment with a specialist in the Parkinson’s Disease and Movement Disorders Program, contact the Neurology Department at (603) 650-5104 or through the online patient portal, myDH.org.