

Gastrointestinal Motility, Esophageal, and Swallowing Disorders Center

**Motility Lab Referral Form**

- ROUTINE** (scheduled next available)     **PRIORITY** (scheduled next available, added to actively managed wait list)

**\*\*PRIMARY GASTROINTESTINAL SYMPTOMS**

Symptoms are used as billing diagnosis. Choose at least one.

Other symptom not specified: \_\_\_\_\_

**BOWEL**

- Constipation  
 Diarrhea  
 Fecal incontinence

**ABDOMINAL**

- Abdominal pain  
 Discomfort/bloating  
 Nausea  
 Vomiting

**SWALLOWING**

- Dysphagia  
 Heartburn  
 Regurgitation  
 Odynophagia

**Please include the patient's latest office note and EGD/colonoscopy reports, and any recent, relevant GI study results.**

The DHMC scheduling secretary will call your patient to schedule an appointment between 9:00 am & 5:00 pm.

Patient Name: \_\_\_\_\_

Referring Provider: \_\_\_\_\_

DOB: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Office Fax: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Other Phone: \_\_\_\_\_

**COMBINE THE EVALUATION IN A SINGLE VISIT TO OUR CENTER  
(CHECK BOTH BOXES – TWO VISITS FOR ALL TESTS)**

**Please inform your patient to drop off their ambulatory recorder at our center within 24-hours of completing the test.**

- Esophageal reflux and motility:** High-Resolution Esophageal Manometry and 24-hr pH/Impedance Catheter

Contraindications: prior trans-sphenoidal or pituitary surgery; other nasal surgery within six months requires clearance by ENT sent with referral.

**REQUIRED: Please mark the single most appropriate clinical question you are asking**

- TEST OFF PPI**      Does the patient actually have GERD?  
 **TEST ON PPI**      I know the patient has GERD (or suspect they do), but why is the PPI not working?

- Whole gut motility (gastric, small bowel, colon) and anorectal disorders:** 3-D Anorectal Manometry and SmartPill

Contraindications: gastrointestinal surgery within six months; history of any nut allergy, Crohn's disease, bowel obstruction, gastrointestinal fistula or stricture, gastric bezoar, severe active inflammatory bowel disease (IBD), pacemaker/defibrillator, any neurostimulator; patient cannot swallow a pill

**OR, CHOOSE FROM INDIVIDUAL TESTS BELOW**

- 3D HIGH-DEFINITION ANORECTAL MANOMETRY**

Contraindications: anorectal surgery within six months; severe active IBD

- HIGH-RESOLUTION ESOPHAGEAL MANOMETRY**

Contraindications: prior trans-sphenoidal or pituitary surgery; other nasal surgery within six months requires clearance by ENT sent with referral.

- 24-HR PH IMPEDANCE** **Must choose:**  **ON PPI** (Why is the PPI not working?)  **OFF PPI** (Do they really have GERD?)

Contraindications: prior trans-sphenoidal or pituitary surgery; other nasal surgery within six months requires clearance by ENT sent with referral.

- HYDROGEN/METHANE BREATH TEST**

**Substrate(s) requested:**  glucose  lactulose  lactose  fructose

Glucose or lactulose testing is required prior to lactose or fructose testing. Multiple substrates can be requested and tested on separate days.

- EGD (UPPER ENDOSCOPY) WITH BRAVO 48-HOUR CAPSULE OFF PPI**

**Patient will be requested to hold their PPI during testing for 7 days before testing. Patients can use H2 blockers up to 24 hours before a Bravo test.**

**CAUTION: Patient CANNOT have an MRI for at least ONE MONTH after Bravo is placed.**

Contraindications: presence of neurostimulator, nickel sensitivity/allergy, esophageal varices, cardiac pacemaker or defibrillator, spinal stimulator, anticoagulation or antiplatelet therapy (i.e. Plavix). Please request **pH-impedance study instead**. Patients do not have to stop aspirin.

We require that SmartPill, Bravo and impedance receivers be returned to DHMC Motility in Lebanon in person within 24 hours of end of test.