



Unhealthy Alcohol and Drug Use

Adult, Primary Care, Clinical Practice Guideline Pocket Guide

UNHEALTHY ALCOHOL AND DRUG USE GUIDELINE USE

Full Dartmouth-Hitchcock Unhealthy Alcohol and Drug Use Adult, Primary Care Clinical Practice Guideline
http://one.hitchcock.org/intranet/docs/default-source/d-h-knowledge-map-documents/uadu-guideline-final_2017.pdf

Unhealthy Alcohol and Drug Use Adult, Primary Care Clinical Practice Guideline Brief
http://one.hitchcock.org/intranet/docs/default-source/d-h-knowledge-map-documents/sud_brief_2_6_16.pdf

Guideline Adoption Statement Source Documents:

[MA-SBIRT \(Massachusetts Screening, Brief Intervention and Referral to Treatment\) Clinician’s Toolkit²](#)
[Helping Patients Who Drink Too Much: A Clinician’s Guide¹](#)

[Facing Addiction in America: The Surgeon General’s Report on Alcohol, Drugs and Health¹](#)

D-H Depression Management Guideline

http://one.hitchcock.org/intranet/docs/default-source/d-h-knowledge-map-documents/depression_cpg_final.pdf

D-H Behavioral Health Integration into Primary Care Model Guideline

<http://one.hitchcock.org/intranet/docs/default-source/d-h-knowledge-map-documents/behavioral-health-integration-guideline-final.pdf>

Definitions:

Risky Use: consumption of amounts that increase the likelihood of health consequences.

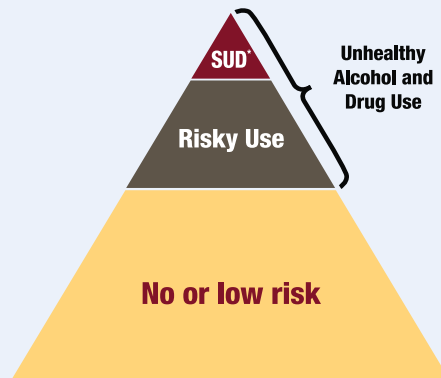
Risky Drinking¹:

For healthy men up to age 65:

- more than 4 drinks in a day or
- more than 14 drinks in a week

For all healthy women and healthy men over age 65:

- more than 3 drinks in a day or
- more than 7 drinks in a week



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Pathways & Guidelines: Clinical Practice Guideline and pathways are designed to assist clinicians by providing a framework for the evaluation and treatment of patients. This Clinical Practice Guideline outlines the preferred approach for most patients. It is not intended to replace a clinician’s judgment or to establish a protocol for all patients. It is understood that some patients will not fit the clinical condition contemplated by a guideline and that a guideline will rarely establish the only appropriate approach to a problem.

Algorithm: Recognizing and Managing Alcohol and Substance Use Disorders in Primary Care

