

# Welcome!

## FORMAT OF THE PRESENTATION

1

Dr. Covington will present for 45 minutes, with 15 minutes for Q & A afterwards. This is slightly different than usual to accommodate the virtual environment.

## QUESTIONS

2

Throughout the presentation, please put your questions into the chat box. We will share these questions during the Q&A.

## RECORDING

3

This presentation will be recorded. By participating, you agree to be recorded.

## ACCESSING MATERIALS

4

The presentation and slides are available for 6 weeks at <https://med.dartmouth-hitchcock.org/carpp.html>

# Addiction-Trauma Connection: Women and Families

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August 26, 2020  
Perinatal Learning  
Collaborative



# Women and Addiction

## Historical Overview

- Victorian era
- Women's movement
- Cultural perspective
- Today

Teenage girls, mothers, COVID





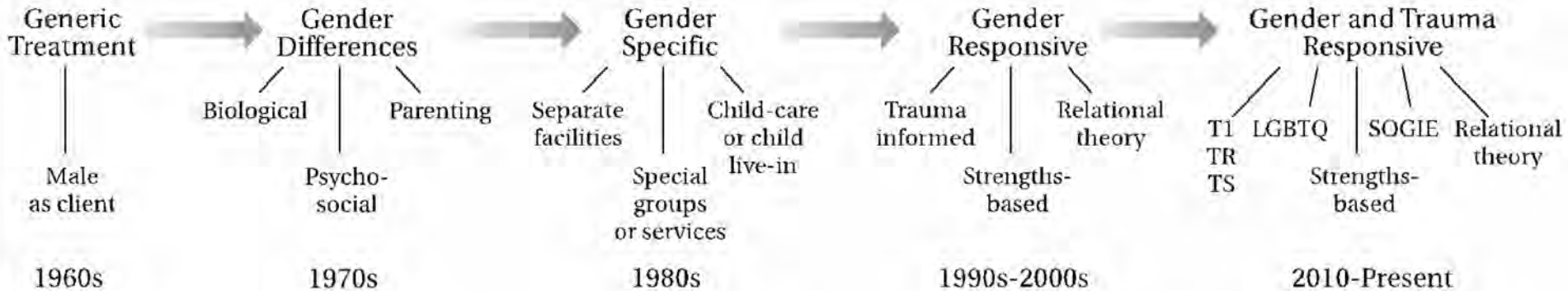


# History of Services

- Addiction treatment services designed by men for men and boys
- Mental health services designed by men for women and girls
- Criminal justice services designed by men for men and boys

# Evolving Treatment Approaches

## Evolving Treatment Approaches



*Adapted from "Generic to Gender-Responsive Treatment: Changes in Social Policies, Treatment Services, and Outcomes for Women in Substance Abuse Treatment," by C. E. Grella, November 2008, Journal of Psychoactive Drugs.*

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# Gender-Responsive Treatment



- Creating an environment through:
  - site selection
  - staff selection
  - program development
  - content and material
- Reflects an understanding of the realities of the lives of women and girls (men/boys/transgender)
- Addresses and responds to their strengths and challenges



# Women's Issues: An International Perspective

- **Shame and Stigma**
- **Physical and Sexual Abuse**
- **Relationship Issues**
  - Fear of losing children
  - Fear of losing a partner
  - Needing partner's permission to obtain treatment

# Women's Issues: An International Perspective (cont)

- **Treatment Issues**
  - Lack of services for women
  - Not understanding treatment
  - Long waiting lists
  - Lack of childcare services
- **Systemic Issues**
  - Lack of financial resources
  - Lack of clean/sober housing
  - Poorly coordinated services



**Mental  
Illness**

**Substance  
Use Disorder**

**Trauma**

**Other  
Health  
Problems**

**Poverty**

**Homelessness**



# Recurring Theme: Trauma and Abuse

