



New Hampshire 603.623.9474
Vermont 802.864.9393

Grants life-changing wishes for children with critical illnesses.

PROGRAMS for CHILDREN with CHRONIC HEALTH CONDITIONS

NEW HAMPSHIRE

Community Partners Behavioral Health and Developmental Services of Strafford County 603.516.9300
provides early support, resources, and services for families of children with developmental disabilities.

New Hampshire Family Ties 800.273.2645
legal and medical resources to empower Cerebral Palsy Families

New Hampshire Family Voices 800.852.3345 x4525
empowers/informs families and professionals caring for children with special health needs and disabilities from birth to adulthood.

Partners in Health New Hampshire with Child and Family Services 800.656.3333
provides support to young adults and families of children with chronic health conditions.

Special Medical Services Bureau 603.271.4488
helps families obtain specialty health care services, information and support.

Special Needs Support Center (SNSC) 603.448.6311
assists children and adults with special needs, and their families.

VERMONT

Fletcher Allen Health Care Inc. HIV/AIDS Comprehensive Care Clinic 802.229.5415

Vermont Center for the Deaf & Hard of Hearing 802.229.5415

Vermont Department of Health Children with Special Health Needs 802.863.7333
provides information, medical services, care coordination, limited specialty clinics including child development, respite funding and nutrition services to help families support their children.

Vermont Family Network (VFN) 800.800.4005
(Previously known as Parent-to-Parent of Vermont) empowers and supports Vermont families of children with special needs.



Families in Transition (Manchester, NH) 603.641.9441

Friends Emergency Housing (Concord, NH) 603.228.1462

Nashua Soup Kitchen & Shelter 603.889.7770

New Hampshire HelpLine 800.852.3388

Southwestern Community Services (Claremont) 603.542.3160

The Upper Valley Haven (WRJ, VT) 802.295.6500

Tri-County Cap (Upper Valley) 603.443.6150

SUBSTANCE ABUSE PROGRAMS & SUPPORT

D-H Alcohol and Drug Treatment Options

www.dhmc.org/goto/alcohol_substance_abuse_regional_directory
This directory lists resources for both NH and VT in Residential Treatment; Intensive Outpatient Treatment; Outpatient Treatment; and Support Groups.

NEW HAMPSHIRE

Headrest Lebanon, NH **Crisis Line** — 603.448.4400

National Suicide Prevention Lifeline 800.273.8255

Teen Line - Outpatient Alcohol/Drug Treatment 800.639.6095

Hope for NH Recovery Multiple towns in NH 603.935.7524

offers safe, drug and alcohol-free, *Recovery Community Centers* where people in recovery, or anyone interested, can access peer support groups, meetings, and social events during the week

Orion House Newport, NH 603.863.4918

for male adolescents - *accepts NH Medicaid*

VERMONT

HCRS - Health Care and Rehabilitation Services of Southeastern Vermont — *Windham and Windsor Counties*

for adults and adolescents (*accepts Medicare & VT Medicaid*)

Crisis Line — 800.622.4235

Brattleboro, VT 802.254.6028

Hartford, VT 802.295.3031

Springfield, VT 802.886.4500

SUPPORT and EDUCATION for PARENTS

NEW HAMPSHIRE

Good Beginnings of the Upper Valley 603.298.9524

promotes healthy families and creates a caring community where every new parent feels connected and every baby enjoys a good beginning. Hands-on support is offered *FREE* to every family with a new baby in New Hampshire and Vermont regardless of income or circumstance. Clothing, strollers and diapers are also available to families in need.

Pathways of the River Valley 603.448.2077

provides home-based therapeutic services for children, from birth to age 3, who have a developmental delay or are at risk for a delay. Also provided are support for families and children, ages 3-21, including information, referral, advocacy, respite care and in-home support.

Pregnancy Center of the Upper Valley 603.298.6123

offers *FREE* pregnancy and ultrasound tests, information, counseling, parenting education, and supportive services.

Southern New Hampshire Services (SNHS) 603.668.8010

Serving Hillsborough and Rockingham Counties
provides crisis assistance with food, fuel, housing and utilities; home weatherization; workforce development; and Head Start.

Southwestern Community Services (SCS) 603.352.7512

Serving Cheshire and Sullivan Counties
provides crisis assistance with food, fuel, housing and utilities; home weatherization; workforce development; and Head Start.

tlc Family Resource Center 603.542.1848

teaching loving connections (Previously known as *Good Beginnings of Sullivan County*) provides important tools and education for parents in Lower Grafton and Sullivan Counties to increase positive relationships with their children.

SUPPORT and EDUCATION for PARENTS

VERMONT

Southeastern Vermont Community Action (SEVCA) 802.772.4575

Serving Windsor and Windham Counties in VT
provides crisis assistance with food, fuel, housing and utilities; home weatherization; workforce development; and Head Start.

The Orange County Parent-Child Center 802.685.2264

offers parent education and support, play groups, home visits, child advocacy, and a lending library.



Advance Transit - Free Upper Valley Rides 802.295.1824

Map of routes in Molly's Place

Dial-a-Ride The Current 888.869.6287

(for Medicaid enrolled families)

NH Medicaid Ride Coordinator 800.852.3345 x3770

Tri-County CAP Transit 603.752.1741

(serves Coos, Carroll and Northern Grafton Counties)

VERMONT

Advance Transit - Free Upper Valley Rides 802.295.1824

Map of routes in Molly's Place

RCT - Rural Community Transportation 855.811.6360

(serves Northern Vermont communities)

Stagecoach Transportation System 802.728.3773

(serves Orange and Northern Windsor Counties)

VPTA - Vermont Public Transportation Association 833.387.7200

(for Medicaid enrolled families)

FREE MEDICAL AND DENTAL CARE

Good Neighbor Health Clinic 802.295.1868

provides *FREE* medical care to income-eligible residents living within 30 miles of White River Junction, Vermont.

Red Logan Dental Clinic 802.295.7573

provides *FREE* dental care to income-eligible *adult* residents living within 30 miles of White River Junction, Vermont.

FREE PHONE for income eligible individuals

Medicaid recipients can receive a *FREE* cell phone or land line from a government supported Lifeline Assistance program.
<http://www.lifelinelanding.com/>



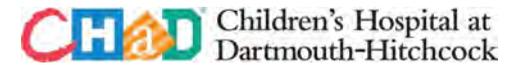
Care Management 603.650.5789

Staff coordinates care for patients in the hospital and clinic, as well as connects hospital staff and community members with available resources.

Patient and Family Relations 603.650.4429

Staff are available to discuss patient feedback regarding their care experience or any safety concerns.

SECURITY 603.650.7896



Boyle Program

Family Resource Guide

For more information please contact

Molly's Place
at the CHaD Family Center

603.653.9899

Need resources? In a crisis? Overwhelmed and don't know where to begin?

2-1-1 is your connection to health and human services in your community.

Dial 2-1-1 in NH. Outside NH, Dial 866.444.4211

Dial 2-1-1 in VT. Outside VT, Dial 802.652.4636

2-1-1 is available, 7 days/week, 24 hours/day

Molly's Place at the CHaD Family Center

Offers a warm, welcoming, child-friendly place at D-H
OPEN Monday — Friday, 9:00-5:00

Staff is available to support families, provide resources, education, and community connections. Molly's Place is a great area for children to play and families to unwind between appointments or during long hospital stays.

LISTEN 603.448.4553

Provides services and support to meet critical needs of Upper Valley individuals and families

Budget Counseling ~ Camp Scholarships ~ Community Dinners
Crisis Assistance with Clothing, Finances, Food, Fuel, Housing & Utilities ~ Food Pantry ~ Holiday Gift Baskets
Thrift Stores ~ Youth Mentoring

The Family Place 802.649.3268

A Parent-Child Center serving families of Windsor County
Child Advocacy ~ Child Care ~ Financial Assistance ~ Home Visits
Lending Library ~ Playgroups ~ Parent Education and Support

The Upper Valley Haven 802.295.6500

Provides resources to Upper Valley families in need

Community Resource Assistance
Crisis Assistance with Food and Housing
Educational Programming ~ Employment Services

Women's Health Resource Center

603.650.2600

Conveniently located On-The-Mall in Lebanon

Offers many resources including an extensive lending library, *Free* lectures on women's health topics, innovative classes, workshops, support groups, referral/advocacy services, breast-feeding and childbirth education, community outreach, individual consultations, diaper bank

CAR SEATS

Injury Prevention at DH (*special circumstances*) 603.308.2253
Vermont Department of Health 888.253.8799
Well Sense Member Services 877.957.1300
Women's Health Resource Center (WHRC) 603.650.2600

*Did you know that infant and child booster seats have expiration dates?
Each spring, the Women's Health Resource Center holds a Car Seat
Recycling and Safety Event. Call for information.*

CHILD CARE

Child Care Aware of New Hampshire 603.578.1386
New Hampshire's Trusted Child Care Resource
Head Start NH/VT *Claremont, NH* 603.542.2721
White River Junction, VT 802.295.1122
The Family Place *Norwich, VT* 802.649.3268



CLOTHING

Baby Steps Claremont, NH 603.372.6134
Good Beginnings of the Upper Valley W. Leb, NH 603.298.9524
Good Buy Store (SEVCA) WRJ, VT 802.359.4183
LISTEN Community Services WRJ, Leb, Canaan 603.448.4553
Enfield United Methodist Vestry, Enfield, NH 603.632.5030
t l c Family Resource Center Thrift Store 603.542.1848
Claremont, NH

COUNSELING AND MENTAL HEALTH

(for children and adults)

Child and Family Services - focuses on family counseling and independent living skills. Upper Valley Office — 603.298.8237
(accepts NH and VT Medicaid)

Dartmouth-Hitchcock Psychiatry Crisis and Consultation provides psychiatric emergency services plus alcohol and drug abuse programs. *(accepts NH and VT Medicaid)* 800.556.6249

Headrest Teen Line - trained crisis counselors are available 24/7 to help with whatever is on your mind. Teen line—800.639.6095
Crisis Line — 603-448-4400

Health Care & Rehabilitation Services of Southeastern Vermont (HCERS) - serves Windham and Windsor Counties for both adults and adolescents. *(accepts Medicare & VT Medicaid)*

Crisis Line — 800.622.4235
Brattleboro, VT 802.254.6028
Hartford, VT 802.295.3031
Springfield, VT 802.886.4500

Planned Parenthood —White River Junction, VT 802.281.6056

West Central Behavioral Health - a nonprofit, community-based mental health organization serving the needs of individuals and families in Grafton and Sullivan County. *(accepts NH and VT Medicaid)*

Counseling for children — 603.298.1101
Main Office — 603.448.0126



DENTAL HEALTH

*Dental Practices that accept Children
with New Hampshire and Vermont Medicaid*

Dr. Gary Breen *in Rutland VT* (ages 1-18) 802.775.6771
(Rutland County residents only)

Children's Dentistry of the Lakes Region (1-14) 603.536.2500
Lake's Region Office in Gilford NH “ “
North Country Office in Littleton, NH “ “
White Mountains Office in Plymouth, NH “ “

Concord Pediatric Dentistry (ages 1-15) 603.224.3339

NH Smiles Program (all ages) 603.271.4344
For children who are enrolled in the NH Medicaid Program.

New London Pediatric Dentistry (ages 1-16) 603.877.0069

Patel Dental Group of Upper Valley *in Lebanon* 603.678.4700
(all ages)

Upper Valley Pediatric Dentistry *in W. Lebanon* 603.790.8130
(ages 1-10; up to 18 for children with Special Needs)

White River Family Dentistry (ages 1-16) 802.295.2458



DIAPER BANK

Women's Health Resource Center 603.650.2600
On-the-Mall, Lebanon, NH

DOMESTIC VIOLENCE, SEXUAL ABUSE and SEXUAL ASSAULT HOTLINES

Child Advocacy Center (CAC) at Dartmouth 603.653.9012
A child-friendly place where trained forensic interviewers talk to suspected victims of child abuse. *Grafton and Sullivan Counties*

Turning Points Network — available 24/7 603.543.0155
Crisis Support, Advocacy and Prevention — *Sullivan County*

WISE — available 24/7 603.448.5525
Crisis Support, Advocacy and Prevention — *Grafton County*



FINANCIAL ASSISTANCE

LISTEN Community Services 603.448.4553
NH Department of Health & Human Services 603.271.9700
VT Department for Children & Families
(Family Services Division) 800.241.2131
(Benefits/Economic Services) 800.479.6151

Welfare Information — Please contact your Town Office



FOOD RESOURCES

COMMUNITY DINNERS

All dinners are FREE and served family style

Claremont Soup Kitchen (*Every day*) 4-5 PM 603.543.3290
51-53 Central Street, Claremont (*Serving towns in Sullivan County*)

Enfield, NH — (*Every Wednesday*) 5-6 PM 603.632.5026
United Methodist Church, Route 4, Enfield, NH (*All welcome*)

LISTEN Community Dinner Program 5-6 PM 603.448.4553
(Monday-Saturday) 44 Maple Street, WRJ, VT (*All welcome*)
(Mondays Only) Assembly of God, Canaan, NH (*All welcome*)



CHURCHES

Churches may offer food assistance as part of their community outreach and ministry programs. Please contact your local church for information.



PANTRIES, SHELVES, SOUP KITCHENS

Local food pantries, food shelves, soup kitchens, and other food help can be found at: www.foodpantries.org.

Molly's Place has printed lists of Upper Valley Area Food Resources for both New Hampshire and Vermont.

The Women's Health Resource Center *located On-the-Mall in Lebanon* offers produce. Please call for details. 603.650.2600



SCHOOL PROGRAMS

Many schools offer backpack or similar food help programs as well as summer lunch programs. Please speak with your child's teacher for information.

STATE FOOD AND NUTRITION RESOURCES

Food Stamp Program in *New Hampshire* (SNAP) 603.271.9700

Food Stamp Program in *Vermont* (3SquaresVT) 800.479.6151

WIC (*Women, Infants Children*) New Hampshire 603.352.7512
Vermont 800.649.4357

WIC offers resources and food to pregnant woman, moms who are breastfeeding or have a new baby, and children from birth to age 5. *Eligibility based on income*

NOTES



FUEL ASSISTANCE

(For the home)

LISTEN Heating Helpers Program 603.448.4553
SCS Crisis Fuel & Utility Assistance 603.352.7512
SEVCA Crisis Fuel & Utility Assistance 802.722.4575
SNHS Crisis Fuel & Utility Assistance 603.668.8010
Tri-County CAP 603.968.3560

HEALTH INSURANCE

NEW HAMPSHIRE

NH Medicaid (*Children's Medicaid*) 603.271.4344
health and dental coverage for eligible children to age 20
New Hampshire Healthy Families 866.769.3085
health care coverage for Medicaid enrollees
Well Sense-Managed Care for Medicaid enrollees 877.957.1300

VERMONT

VT Medicaid (*Dr. Dynasaur*) 866.482.4723
low-cost and free health coverage for children, teens under 19, and pregnant women.
Green Mountain Care 800.250.8427
low-cost and no-cost health insurances for uninsured Vermonters
Vermont Health Connect (VHC) 855.899.9600
Vermont's Health Insurance Marketplace. Enroll in public health care programs (*Medicaid and Dr. Dynasaur*), buy private insurance, and find out if you are eligible for subsidies to help with coverage.



HOUSING

NEW HAMPSHIRE

Claremont Housing Authority (*Income eligible*) 603.542.6411
Gile Hill (*Affordable Rentals*) (*Hanover, NH*) 603.676.7721
Lebanon Housing Authority (*Income eligible*) 603.298.5753
LISTEN Housing Helpers (*Crisis Housing*) 603.448.4553
New Hampshire Assisted Housing Division 800.439.7247
New Hampshire Housing www.nhhfa.org 603.472.8623
(Rental Assistance)
Southwestern Community Services 603.542.9528
(Cheshire & Sullivan Counties)
Sullivan County Housing Coalition 603.542.2448
(Homeless Shelter, Emergency and Transitional Housing)
Tri-County Community Action Program (CAP) 603.443.6150
(Homeless Intervention Services)
Twin Pines Housing Trust 802.291.7000
(Enfield, Hanover & Lebanon, NH; Hartford & WRJ, VT)



VERMONT

The Upper Valley Haven (*Crisis Housing*) 802.295.6500
Twin Pines Housing Trust 802.291.7000
(Enfield, Hanover & Lebanon, NH; Hartford & WRJ, VT)
Vermont State Housing Authority (*Income eligible*) 802.828.3295