

## Intake/Output Chart

DATE:	<u>In</u> <b>Food</b>	<u>In</u> <b>Liquid</b>	<u>Out</u> <b>Urine (should be at least 1L (1000mL) over 24 hours)</b>	<u>Out</u> <b>Ileostomy (at most, should be 1.2L (1200mL) over 24 hours)</b>
7am				
8am				
9am				
10am				
11am				
12pm				
1pm				
2pm				
3pm				
4pm				
5pm				
6pm				
7pm				
12 hour total				
8pm				
9pm				
10pm				
11pm				
12am				
1am				
2am				
3am				
4am				
5am				
6am				
24 hour total				

**COMPLETED ORS TODAY? (circle one):      Yes      No**