

RECOVERY COACH ACADEMY

CONNECTICUT COMMUNITY



FOR ADDICTION RECOVERY

REGISTER!

[Click Here](#)

<https://forms.gle/E99GfTXXd6y8QVqY6>

**MONDAY, APRIL 19 -
FRIDAY, APRIL 23**
9am - 4:30pm

COST

Free

Maximum of 30 attendees

LOCATION

Zoom:

Link Sent After Registration

WHAT IS A RECOVERY COACH?

Anyone interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery.

TRAINERS

**MICHELLE
LENNON, CRSW**

Greater Tilton Area Family Resource Center and Recovery Community Organization, Executive Director

**JOY MOODY,
CRSW**

CRSW at the Greater Tilton Area Family Resource Center since 2015



WHAT YOU WILL DO

- Understand the stages of recovery.
- Build skills to enhance relationships.
- Discover attitudes about self-disclosure & sharing stories.
- Describe the stages of change and their applications.
- Explore many dimensions of recovery and recovery coaching.
- Experience recovery wellness planning.
- Address ethical and boundaries issues.
- Describe Recovery Coach role and functions.
- List the components, core values, and guiding principles of recovery.
- Increase your awareness of culture, power, and privilege.
- Practice newly acquired skills.

**THANK YOU
TO OUR
PARTNERS!**



Dartmouth-Hitchcock



Greater Sullivan County
Public Health Network



Certificate of Completion

Given after full attendance and completion of an online evaluation.

ETHICAL CONSIDERATIONS FOR RECOVERY COACHES

TUESDAY, MAY 4 & WEDNESDAY, MAY 5 9am-6pm

REQUIREMENT

Must have completed 30 hours
of Recovery Coach Training

COST

Free
Maximum of 30 attendees

LOCATION

Zoom:
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WHAT YOU WILL DO

- Engage in presentations, small group work, role play and a decision making matrix.
- Define the coaching service role and functions.
- Identify performance enhancement.
- Discuss issues of vulnerability.
- Identify ethical decision making.
- Identify legal issues.
- Define coaching standards.

TRAINERS

CONNECTICUT COMMUNITY
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PEER-ASSISTED RECOVERY TRAINING

HIV/AIDS/HCV PREVENTION

TUESDAY, MAY 18

8:30am - 4pm

COST

Free

Max of 30 attendees

LOCATION

Zoom:

Link Sent After Registration



WHAT YOU WILL DO

- Increase foundational knowledge about HIV/AIDS/HCV
- Describe how HIV and HCV are transmitted
- Increase knowledge around signs and symptoms of HIV/HCV
- Demonstrate how to assess a client's risk for acquiring HIV/AIDS and HCV
- Explain the process and benefits of HIV and HCV testing.
- Increase knowledge level about HIV and HCV prevention
- Increase ability to discuss the inter-relationship of HIV and other STDs
- Explain the correlation between mental health and HIV/AIDS
- Describe techniques for teaching harm reduction strategies to people who have co-occurring mental health conditions

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PEER-ASSISTED RECOVERY TRAINING

SUICIDE PREVENTION

TUESDAY, MAY 11

8:30am - 4pm

COST

Free

Max of 30 attendees

LOCATION

Zoom:

Link Sent After Registration



WHAT YOU WILL LEARN

- Learn skills for intervening with individuals at risk and connect them with appropriate resources.
- Building a peer culture of leadership, connection and empowerment.
- Understand stigma and language as it relates to mental health and the impact that community approaches can have to help.
- Learn positive actions to promote individuals seeking appropriate help.
- The myths and facts surrounding suicide.
- Recognize risk factors and protective factors to improve response to warning signs.
- Engaging in best practices to reduce and prevent access to lethal means.
- Discuss available community resources in the peer recovery setting and clinical resources to increase prevention strategies.
- Developing wellness plans and a continuum that includes referrals to appropriate clinical supports as well as peer supports and discussions of suicide management plans in coaching and support services for individuals at risk.

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