healthy conversations

Bruce P. King Community Wellness Forums



Tuesday, September 21 12:00PM- 1:00PM

Virtual, Free and Open to All

Viewing Information Here:

Zoom Meeting ID: 981 0555 8470 NO Registration or Passcode Required

<u>www.newlondonhospital.org/</u> <u>healthy-conversations</u>

For any questions please contact: Wellness.Connection@NewLondonHospital.org or 603-526-5083 To recognize **National Recovery Month,** join us for a virtual conversation, in conjunction with the COMPASS Coalition of the Kearsarge/Lake Sunapee region, about:

- Navigating Substance Misuse
- Recovery Journey
- Recovery Support
- Stigma and Language
- A Hopeful Message

About our speaker:

Ryan Fowler is the Harm Reduction Coordinator for the HIV/HCV Resource Center in Lebanon, NH. He is a former injection drug user and credits being alive and his clean bill of health to harm reduction and evidence-based treatment.



