

Center for Advancing Rural Health Equity

The First Gathering of the Center for Advancing Rural Health Equity: Working Together to Improve Health for Rural New England Communities

PRESENTERS, PANEL MEMBERS, FACILITATORS

Rudolph Fedrizzi, MD

Public Health Services District Director, Vermont Department of Health

Rudolph (Rudy) Fedrizzi is the Public Health Services District Director for the White River Junction Office of Local Health in the Vermont Department of Health. Prior to his career in public health, Dr. Fedrizzi practiced Obstetrics and Gynecology for 16 years. His past administrative and clinical experience includes Chief of OB-GYN Services and training as a flight surgeon at Luke Air Force Base Hospital in Glendale, AZ, Medical Director of the Northern New Mexico Women's Health and Birth Center in Taos, NM, and Director of Surgical Services at Cayuga Medical Center in Ithaca, NY. Currently, he is Chair of the Upper Valley Medical Reserve Corps Advisory Board, President of the Public Health Council of the Upper Valley Board, Vice President of the Southern NH Area Health Education Network (AHEC) Board, member of the Twin Pines Housing Board, and member of the Rotary Club of Lebanon, NH.

Sally Kraft, MD, MPH

Vice President, Population Health, Dartmouth Health

Sally Kraft is Vice President of Population Health at Dartmouth Health where she leads a multidisciplinary team dedicated to improving the health of populations and communities across the region served by Dartmouth Health faculty and affiliates. Dr. Kraft served as the Medical Director of Quality, Safety and Innovation at the University of Wisconsin Health system from 2007-2014 where she led system-wide initiatives to redesign ambulatory care. She received her MD and MPH degrees from the University of Michigan, completed a residency in internal medicine at Santa Clara Valley Medical Center and fellowships in Pulmonary and Critical Care medicine at Stanford University. She has practiced pulmonary and critical care medicine in Stanford CA and Madison WI.

Trinidad Tellez, MD

Principal at [Health] Equity Strategies and former Director, Office of Health Equity, New Hampshire Department of Health and Human Services

Trinidad Tellez is a family physician, community-based health disparities researcher, educator, and public health and health policy professional with over 20 years' experience operationalizing diversity and inclusion and organizational cultural effectiveness to address health disparities, improve access and quality, and advance health and equity for all. She has worked in both the private and public sectors at the local, state and regional levels in California, Massachusetts, and New Hampshire. Dr. Tellez brings a unique combination of visionary systems thinking, attention to detail, and passion for equity to her work. Dr. Tellez is a co-author of the *Culturally Effective Healthcare Organizations: A Framework For Success* and leads New Hampshire's Culturally Effective Organizations Work Group.

Rich Grogan, MPA, PhD

Execute Director, Northern Border Regional Commission

Rich Grogan is the Executive Director of the Northern Border Regional Commission, a Federal-State partnership for economic and community development focused on communities in Maine, New Hampshire, New York, and Vermont. Prior to NBRC, Rich served as the Executive Director of Community Capital of Vermont, a CDFI and certified SBA Microlender, and as the State Director of the New Hampshire Small Business Development Center. Rich has spent nearly all of his professional life working with and for small businesses and communities. He makes his home in the small rural community of Reading, VT.

Joanne Conroy, MD

President and CEO, Dartmouth Health

Joanne M. Conroy has led Dartmouth Health as Chief Executive Officer and President since 2017. Dr. Conroy has led Dartmouth Health through two-plus years of the COVID-19 pandemic, the most significant challenge ever to face the health system. Her top-down support has made it possible for Dartmouth Health to focus on quality improvement and cost of care without sacrificing the highest level of care that each patient expects and receives. Her recent national and regional awards and honors include the Leapfrog 2021 Steven Schroeder Award for Outstanding Healthcare CEO, as well as being named the 2021 Citizen of the Year by the *New Hampshire Union Leader*, and in January, 2022, she was named to *Becker's Hospital Review's*" Top 113 Great Leaders in Healthcare" list. Conroy was named to the American Hospital Association's Board of Trustees in 2019. She is now Chair Elect Designate of the AHA. She is board certified with the American Board of Anesthesiologists, attained a Certificate of Added Qualifications in Pain Management and is a diplomat with the American Academy of Pain Management.

Daisy Goodman, DNP, MPH, CARN-AP, APRN, CNM

Director, Women's Health Services, Perinatal Addiction Treatment Program, Dartmouth Health

Daisy Goodman is a practicing nurse midwife with many years of frontline engagement in caring for women whose pregnancies are complicated by drug and alcohol use. In her current role at Dartmouth Health, she directs women's health services in their multidisciplinary perinatal addiction treatment program, an innovative, integrated care model launched in 2013. Daisy's area of research and clinical interest is in the complex factors which impact women with opioid use disorders, and the development of optimal treatment approaches. Her work, therefore, is focused on understanding women's experience of prenatal care and opioid use treatment, and barriers and facilitators to implementation of evidence based care for this vulnerable population of women and infants.

Meagan Adams

Community Ambassador for Early and Lasting Connections

Meagan Adams is a Community Ambassador for the Early and Lasting Connections Project. She can often be found doing community outreach including distributing harm reduction bags, and spreading the word about the Early and Lasting Connections Project. The priority audience for this project is pregnant and parenting people.

Cheri Bryer

Certified Recovery Coach, Dartmouth Health

Cheri Bryer is the Recovery Coach at the Moms in Recovery Program at Dartmouth Hitchcock Medical Center. She provides peer support recovery services and advocacy to pregnant and parenting people. While working with women and families with substance misuse disorders, she provides individualized advocacy, support, and referrals to community recovery resources. As a person in long term recovery herself, she often accompanies individuals to medical appointments, recovery meetings, court hearings

and treatment. Cheri is a certified Connecticut Community for Addiction Recovery Coach and ethics trainer, and she is certified to supervise recovery coaches and Certified Recovery Support Workers. She has appeared in documentaries and speaks at public forums on behalf of herself and people with substance misuse disorder. Cheri is inspired to speak out and uses her own personal story of addiction to help reduce stigma and bring a voice to those who have been silenced; her personal experiences and recovery are proof that people can change.

Kris van Bergen-Buteau, CPHQ

Director of Workforce Development & Public Health Programs, North Country Health Consortium

Kristen van Bergen-Buteau, CPHQ, is the Director of Workforce Development & Public Health Programs at the North Country Health Consortium. In her professional role, she serves as the Center Director for the Northern NH Area Health Education Center and Director of the North Country Public Health Network. Ms. van Bergen is a Certified Professional in Healthcare Quality, and as such brings almost two decades of experience in the areas of leadership development, quality improvement, the application of evidence-based practice in a variety of healthcare settings, population health management and regulatory compliance to her work. Personally, she lives with her husband and their two children in a Lancaster in a home that has sheltered six generations of her family, is an advocate for multiple family members living with disabilities and chronic illnesses, and serves as a community practitioner, knitting together resources to elevate the community connections across the rural region in which she lives. She also serves as a member of a public cooperative school district Board of Education, providing strategic guidance to a 5-town, 3-school district serving students in grades pre-K through 12.

Tim Fisher, MD, MS

Staff Physician Obstetrics and Gynecology, Dartmouth Health

Timothy Fisher is an Ob/Gyn physician at Dartmouth Health, Medical Director of Northern New England Perinatal Quality Improvement Network (NNEPQIN), and Assistant Professor of Obstetrics and Gynecology at the Dartmouth Geisel School of Medicine. He is an alumnus of the Robert Wood Johnson Interdisciplinary Research Leaders Fellowship program where he studied hospital-based labor and delivery unit closures in the state of New Hampshire, and the Principle Investigator of a Health Resources and Services Administration (HRSA) funded project to develop a formal network of maternity care providers, social service agencies, and community members across the rural North Country of New Hampshire and Vermont.

Debby Miller

Vice President of External Relations, NH Community Loan Fund

Debby Miller is Vice President of External Relations for the New Hampshire Community Loan Fund, overseeing the organization's philanthropy, marketing and communications and public policy efforts. Throughout her career, she has received numerous awards in recognition of her leadership, as well as her work in the community. Debby is an active volunteer; she currently serves as the chair of the board of trustees for Winston-Salem State University and the past chair of Whittier Street Health Center in Roxbury, MA. In addition, she was appointed by Governor Jeanne Shaheen to serve as a trustee for the University System of New Hampshire where she chaired the External Affairs Committee.

Greg Norman, MS

Senior Director of Community Health, Dartmouth Health

Greg Norman is Senior Director of Community Health at Dartmouth Health in Lebanon, NH. In this role, Greg oversees Dartmouth Health's Community Health Needs Assessment process, the development of Dartmouth Health's Community Health Improvement Plan, and then helps Dartmouth Health organize its people, expertise, and other resources to partner with community organizations and

community members to help improve conditions that impact health and well-being. Prior to working at Dartmouth Health, Greg worked as a part of several Upper Valley region non-profits including Headrest, many regional schools, The Family Place Parent Child Center, and provided strategic planning consultation to numerous other organizations. Greg is also an Adjunct Instructor in The Dartmouth Institute's Masters in Public Health degree program.

Sue Tanski, MD

Section Chief, General Pediatrics, Dartmouth Health

Susanne Tanski is an Associate Professor of Pediatrics at the Geisel School of Medicine at Dartmouth, Section Chief and Vice Chair of general pediatrics and a practicing primary care pediatrician at the Children's Hospital at Dartmouth-Hitchcock. Working within the Population Sciences Group at the Norris Cotton Cancer Center and the Koop Institute at Dartmouth, and with the American Academy of Pediatrics' Richmond Center, her current research includes a focus on tobacco use among adolescents and young adults, tobacco cessation for patients with cancer, media/marketing influences on adolescent drinking and smoking and the effects of corporate interests on health. Dr. Tanski received her MD from the University of Connecticut School of Medicine. She completed her residency in pediatrics at Strong Memorial Hospital/University of Rochester School of Medicine and Dentistry, followed by a fellowship in General Pediatrics and Masters of Public Health degree at the University of Rochester. She worked for the American Academy of Pediatrics' Center for Child Health Research prior to joining the Dartmouth faculty in 2005.

Gail Gettens, MS, ECMP (Early Childhood Master Professional),

Healthy Homes and Lead Poisoning Prevention Program, New Hampshire Department of Health and Human Services

Gail Gettens provides clinical management and prevention technical assistance, and education and outreach to pediatric health care providers, early support and public health providers, educators and families in her role within NH Division of Public Health Services. She is an experienced child development specialist and program manager, and has completed extensive training on childhood lead exposure, its impact on the developing brain, and importance of prevention through the Centers for Disease Control and Prevention. She is the co-author of the recently released children's board book *Happy, Healthy, Lead-Free Me!* developed with clinical support provided by NH Chapter of the American Academy of Pediatrics. The mother of three *almost* grown children, she has dedicated much of her professional career to supporting the healthy development of NH's children and to educating families on lead poisoning prevention and the importance of pediatric lead level testing.

Maureen Boardman, MSN, FNP-C, FAANP

Director of Clinical Quality and Family Medicine, Little Rivers Health Care

Maureen Boardman has been Family Nurse Practitioner for 31 years. Currently, she is the Director of Clinical Quality at Little Rivers Health in Vermont, Clinical Assistant Professor of Community and Family Medicine at Dartmouth Geisel School of Medicine, and the Clinical Research Director of the Northern New England Practice & Community Based Research Network. She engages in a variety of research projects related to primary care and community-based research. Maureen is a Geisel School of Medicine Master Educator. She is a Fellow in the American Association of Nurse Practitioners and sits on the Board of the Vermont Nurse Practitioner Association.

Tiffany d'Cruze, MD Candidate

Geisel School of Medicine at Dartmouth

Tiffany d'cruze was born in Bihar, India but has lived in Lebanon, NH for most of her life. Tiffany is a current second-year medical student at the Geisel School of Medicine at Dartmouth. In summer of 2021, she conducted research with the Hematology/Oncology department at the Dartmouth-Hitchcock

Medical Center. Tiffany's academic interests include rural health disparities and patient centered care. During her free time, Tiffany enjoys reading in her hammock, trying new recipes, and practicing yoga.

Arvind Suresh, MD Candidate

Geisel School of Medicine at Dartmouth

Arvind Suresh is a current fourth year medical student at the Geisel School of Medicine at Dartmouth. His research interests include addressing health disparities, specifically food insecurity, in health care settings. He was the recipient of an Albert Schweitzer Fellowship in 2020, through which he worked with Little Rivers Healthcare to support food deliveries and outreach efforts early during the COVID-19 pandemic. In addition, he developed a longitudinal curriculum for medical students on caring for patients with disabilities and he has led the Upper Valley Human Rights Clinic in providing forensic evaluations for asylum seekers in northern New England. Next year, he will be entering residency to continue training in internal medicine.

Catherine Reed, LICSW

Oncology, Dartmouth Cancer Center

Catherine Reed re-joined Dartmouth Cancer Center (DCC) in 2018 as a second career after a decade in the CIA. As a DCC oncology social worker, Catherine discovered a hidden epidemic of food insecurity among her cancer patients and started an on-site Food-Is-Medicine Pantry in partnership with Chelsey Canavan of Population Health and Jennifer Fontaine of the Upper Valley Haven. Previously, Catherine was a research assistant at the Dartmouth Institute for Health Policy and Clinical Practice where she was a co-author of a medical journal article on the Participation of Very Old Adults in Health Care Decisions. As a volunteer advocate at the U.S. Naval War College, she represented 125 families in a military residence community on housing, education, and quality of life issues.

Jennifer Fontaine, MS

Director of Operations, Upper Valley Haven

Jennifer Fontaine joined the Haven after a decade in the financial sector. Jennifer holds a BA in Social Work, an MS in Human Services, a certificate from Common Good Vermont in Nonprofit Management, and is a graduate of Leadership Upper Valley and Food Solutions New England's Network Leadership Institute class of 2022. She serves as Co-Chair of the Hunger Council of the Upper Valley (a subsidiary of Hunger Free Vermont), a steering committee member of Upper Valley Strong, and many other community workgroups focused on where her passion and interests lie- in food access and food justice.

Elizabeth Carpenter-Song, PhD

Associate Professor of Anthropology, Dartmouth College

Elizabeth Carpenter-Song is a medical and psychological anthropologist. She is currently Research Associate Professor in the Department of Anthropology at Dartmouth College. Her work involves engaging with individuals, families, and communities to learn about the lived experiences and meanings of health problems and how people engage with health services. Dr. Carpenter-Song also examines the cultures of medicine and psychiatry in the United States, particularly in relation to the production and mitigation of health inequities. Her long-term goal is to apply anthropological approaches to make health services more patient-centered and more acceptable to marginalized populations. She is deeply committed to integrating anthropologically-informed theoretical and methodological approaches into health services research and the education and training of healthcare and social service professionals. Specific to the Center for Advancing Rural Health Equity, Dr. Carpenter-Song brings expertise as a medical anthropologist working with rural community members marginalized by poverty, housing insecurity, mental illness, and substance use.

Lisa McBride, PhD

Associate Dean for Diversity, Equity and Inclusion, Geisel School of Medicine at Dartmouth

Dr. McBride, a Ferguson, Missouri, native has an extensive career and is distinguished by her commitment to equity and justice, both in education and in the wider public arena. As the newly appointed Associate Dean for Diversity, Equity, and Inclusion at Geisel School of Medicine at Dartmouth College. She is responsible for leveraging diversity, inclusion and belonging to drive the school's mission of excellence in medical education, delivery of care and scholarship. She previously served as Associate Dean of Diversity and Inclusion at Texas Christian University (TCU) School of Medicine while maintaining her appointment as Professor of Medical Education. Dr. McBride began her career as a police officer in her hometown of Ferguson, Missouri. She then transitioned to a federal criminal investigator position for eight years where she worked in various countries as an undercover operative with the US Department of Justice.

Christine Gunn, PhD

Assistant Professor, The Dartmouth Institute for Health Policy and Clinical Practice

Christine Gunn is an Assistant Professor at the Dartmouth Institute for Health Policy and Clinical Practice and the Health Equity Liaison to the Community Outreach and Engagement Program of the Dartmouth Cancer Center. Trained in health services research, her research program uses a community-engaged approach to study risk communication, decision-making, and the utilization of evidence-based cancer care. The focus of Dr. Gunn's current research projects include: designing an online decision aid to promote informed breast cancer screening decisions for women with limited health literacy; understanding and optimizing women's reactions to dense breast notifications; and improving equity in prostate cancer treatment.

Beth Wilson, MD, MPH, MS-HPEd

Chair and Professor of the Department of Community and Family Medicine, Dartmouth Health

Elisabeth Wilson is Chair of Community & Family Medicine at Dartmouth Health and Geisel School of Medicine. In this role, she is responsible for overseeing the clinical, academic and social mission of the department. Prior to coming to Dartmouth, Dr. Wilson served as Chair of Family Medicine at Maine Medical Center where she also served as the Executive Director of the Preble Street Learning Collaborative. Dr. Wilson completed her MD and MPH at Tufts University and received a master's in education from the MGH Institute of Health Professions. After residency and a three year research fellowship at UCSF, she joined the faculty as the Director of "PRIME-US", an innovative program for students interested in working with urban underserved communities. Dr. Wilson is committed to advancing primary care and health equity through clinical care, education, research, and community engagement.

Ann Fournier, PhD, MS, RN, AHN-BC, CNE, CCE

Assistant Professor, School of Nursing & Health Sciences, Colby-Sawyer College

Ann Fournier is a deeply committed holistic educator who trusts in the process and product of the mutual work with the pupils. Her teaching and learning, research and practice occur in academic, community, and clinical settings. The focus of her teaching extends from nursing into liberal education and lifelong learning spaces. This fall, Dr. Fournier is excited to explore courses of her own design and two liberal education courses. she is looking forward to welcoming a new group of first year nursing students and she returns to her junior level course titled Community and Public Health Nursing into which she has woven community engagement experiences and an original simulation designed to infuse the social determinants of health more deeply into the curriculum and student understanding and experience.

Angela Zhang, MSW

Programs Director, Listen Community Services

Originally hailing from Virginia and now living in Lebanon, NH, Angela Zhang is the Programs Director at LISTEN Community Services, a social services agency based in Lebanon dedicated to helping meet the critical needs of Upper Valley individuals and families. In her work, she is actively involved in fighting poverty, homelessness, and racism in the Upper Valley. She believes strongly in building community, mutual support, and visibility for Black, Indigenous, and People of Color (BIPOC) communities. in 2020, Angela co-founded the BIPOC Social Workers of Northern New England affinity group. She also teaches at the Social Work department at Plymouth State University. In her spare time, she volunteers as a crisis line advocate for WISE, and serves on the Board of Directors for WISE and Twin Pines Housing Trust. Angela was named the 2022 Social Worker of the Year by NH National Association of Social Workers.

Alka Dev, PhD, MHS

Assistant Professor, The Dartmouth Institute for Health Policy and Clinical Practice

Dr. Dev is a global public health professional with over two decades of experience in strategic planning, theory of change, program evaluation, and evidence-based program design. Dr. Dev works with global and local partners, leading global health efforts from international policy to community implementation. Dr. Dev has focused on emergent and long-standing program areas including maternal and reproductive health, neonatology, tuberculosis prevention and elimination, human resources for health, and community models for effective health service delivery. Currently, she focuses on the integration of services across program areas for systems strengthening and quality improvement. Dr. Dev is also interested in improving human resource capacity in nursing, midwifery, and integrated care models in health facilities.

Chelsey Canavan, MSPH

Manager, Center for Advancing Rural Health Equity, Dartmouth Health

Chelsey Canavan is the Manager of the Center for Advancing Rural Health Equity at Dartmouth Health. Chelsey has worked in the design and evaluation of public health programs in New England and globally for over 10 years with a focus on food and nutrition security. Chelsey joined Dartmouth Health's Population Health team in 2019, building partnerships to address health inequities across New Hampshire and Vermont. She is an adjunct instructor in public health at The Dartmouth Institute and an affiliate in the Department of Global Health and Population at Harvard T.H. Chan School of Public Health. Chelsey was an Allan Rosenfield Global Health Fellow at the U.S. Centers for Disease Control and Prevention and has a MSPH from the UNC Chapel Hill Gillings School of Global Public Health.