

January 27, 2023

Growing an Arts in Health Program in Higher Education

Gaelen McCormick

Director

Eastman Performing Arts Medicine



UNIVERSITY *of* ROCHESTER



Gather Your Kindred Spirits

Patient Experience
Hospital Leadership
Volunteer Leadership
Deans
Faculty





Understand Your Community & Resources



UNIVERSITY *of* ROCHESTER

R1 Research University

Teaching Hospitals

School of Medicine

Eastman School of Music

Art Gallery/Museum

Brain/Cognitive Sci

Balance Lab, Gait Lab, fMRI

School of Nursing

Eastman Community Music School


Neuroscience Research Institute

Aging Institute



Identify Funding Sources





Authorized
Access Only

Obstacles



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Learn

Discover

Heal

Create



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Eastman Performing Arts Medicine Offers



FOR PERFORMING ARTISTS

Expert care to performing artists with both chronic and acute conditions.



ARTS ENRICHMENT

Performances by musicians in the places that need it most: our hospitals.



MUSIC THERAPY

Music therapy will bring music and art therapy to more patients and families.



RESEARCH

We are positioned to carry performing arts and medicine higher through our research.





FOR PERFORMING ARTISTS

Expert care to
performing artists
with both chronic
and acute
conditions.





Conditions We Treat

Our team consists of general practitioners as well as specialists like Neurologists, Orthopaedists, and Otolaryngologists (ear, nose and throat) who can treat a range of injuries including but not limited to:

- Vocal strain, hoarseness and laryngitis
- Sprains and strains
- Sore joints and muscle cramps
- Trigger finger, Tennis Elbow, and Bowler's Thumb
- Stress fractures and twisted ankles
- Tendonitis and arthritis
- Snapping hip syndrome
- Vocal nodules & polyps
- Performance Anxiety





Eastman Performing Arts Medicine

Call (844) 452-8762 to schedule an appointment

Home

For Artists

Musician
Wellness

Virtual Art
Experiences &
More

[UR Medicine](#) / [Eastman Performance Medicine](#) / For Artists

Health Care for Performing Artists

As a performing artist, you endure with the effects of frequent practice and repetitive motions, inconsistent work environments, and high levels of stress from performances and auditions. It's easy to get injured, and time lost to injury comes with a financial and an emotional cost.

Wellness
at Eastman



WEDNESDAY, SEPTEMBER 8, 2021

Hearing Health

Dr. Brendan Fitzgerald, audiologist

HOWARD HANSON HALL • LIVE ON ZOOM | 6 - 6:30PM

[CLICK TO REGISTER TODAY!](#)

Wellness
at Eastman



WEDNESDAY, OCTOBER 13, 2021

Benefits of Warming Up and Cooling Down

Sue Callan-Harris and Sarah Carlton

HOWARD HANSON HALL • LIVE ON ZOOM | 6 - 6:30PM

[CLICK TO REGISTER TODAY!](#)

Wellness
at Eastman



WEDNESDAY, NOVEMBER 3, 2021

What is the Arts in Health Field?

Dr. Tracy Cowden '00E (DMA), Missy Fogarty '91E,
Todd Frazier '92E and Gaelen McCormick '92E

LIVE ON ZOOM | 6 - 7 PM

[CLICK TO REGISTER TODAY!](#)

Wellness
at Eastman



WEDNESDAY, DECEMBER 1, 2021

Peak Performance

Ann McCulloch, MS '21 (Simon), RN CPHQ
Justin McCulloch '02E, '21E (DMA)

HOWARD HANSON HALL • LIVE ON ZOOM | 6 - 6:30PM

[CLICK TO REGISTER TODAY!](#)

Wellness
at Eastman



WEDNESDAY, JANUARY 12, 2022

Nutrition for the Performing Artist

Yimy Rodriguez, Registered Dietitian Nutritionist
Former professional minor league baseball player for the LA Dodgers

LOCATION TBA • LIVE ON ZOOM | 6 - 6:30PM

[CLICK TO REGISTER TODAY!](#)

Wellness
at Eastman



WEDNESDAY, FEBRUARY 2, 2022

Mindfulness and Musicians

Rebecca Block, MS, CHES® Health Educator

LOCATION TBA • LIVE ON ZOOM | 6 - 6:30PM

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Wellness
at Eastman



WEDNESDAY, MARCH 16, 2022

Mental Health and Music School

Dr. Mary Natvig, '81E, '82 (MA), '91E PhD

LOCATION TBA • LIVE ON ZOOM | 6 - 6:30PM

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Wellness
at Eastman



WEDNESDAY, APRIL 13, 2022

Caring for Your Voice

Liane Grasso, MM, MS CCC-SLP and Dr. Todd Schneider

HOWARD HANSON HALL • LIVE ON ZOOM | 6-6:30PM

[CLICK TO REGISTER TODAY!](#)





ARTS ENRICHMENT

Performances by
musicians in the
places that need it
most: our
hospitals.



How do we support **patients**?





Sean Mulligan, viola
Highland Hospital Lobby



Kenneth Kam, guitar
Miner Library, School of Medicine





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EASTMAN PERFORMING ARTS MEDICINE



Music at the Bedside



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- Bone Marrow Transplant
- Physical Medicine & Rehab
- Inpatient Oncology
- Outpatient Infusion



Outpatient infusion center



How do we support **staff**?





Staff support at breaks

Geraldo Marshall





Turn on Original Sound



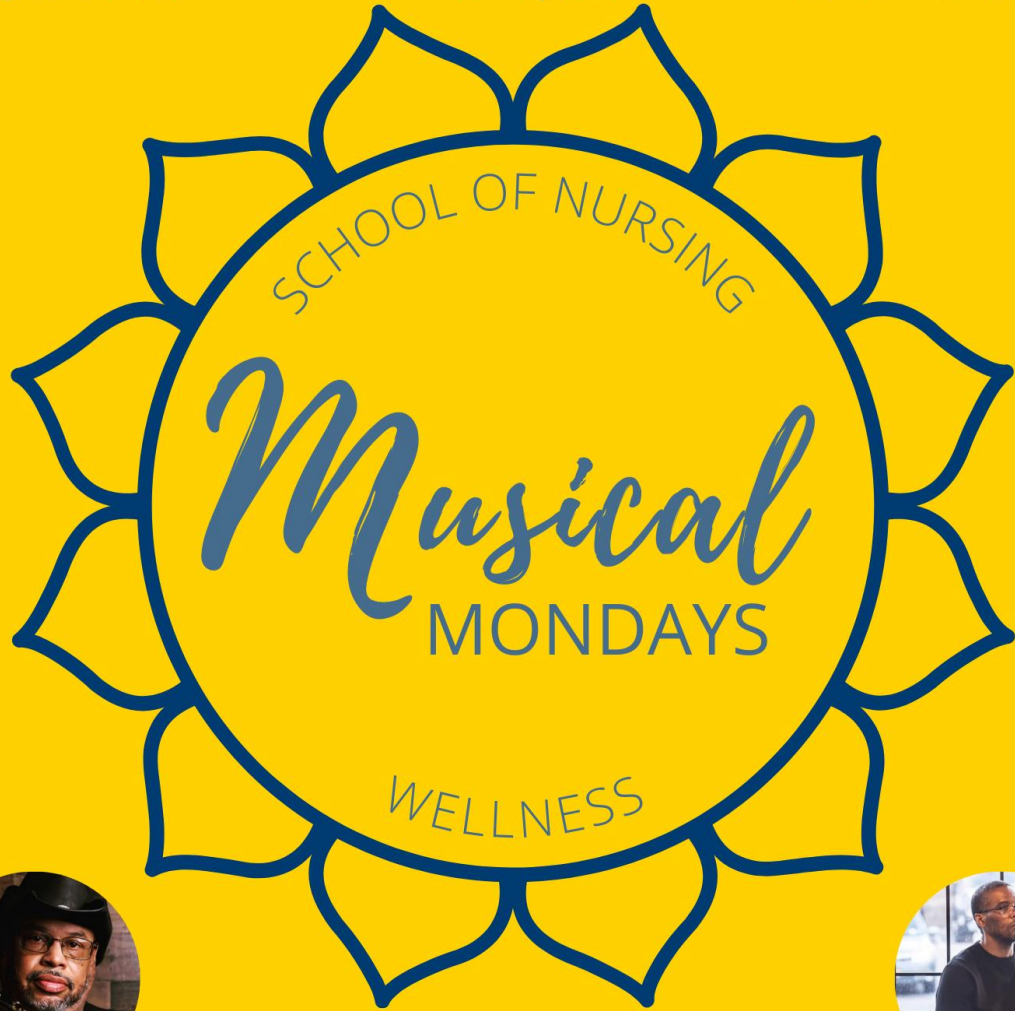
Staff support at breaks



August 15th

12-1pm

Evarts Lounge



Jimmie Highsmith Jr., sax



Larry Singleton, piano

in partnership with
Eastman Performing Arts Medicine



Music
in the
Healing Garden

AUGUST 16 2022
AT 12 PM

KEN LUK, GUITAR



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Turn on Original Sound ▾



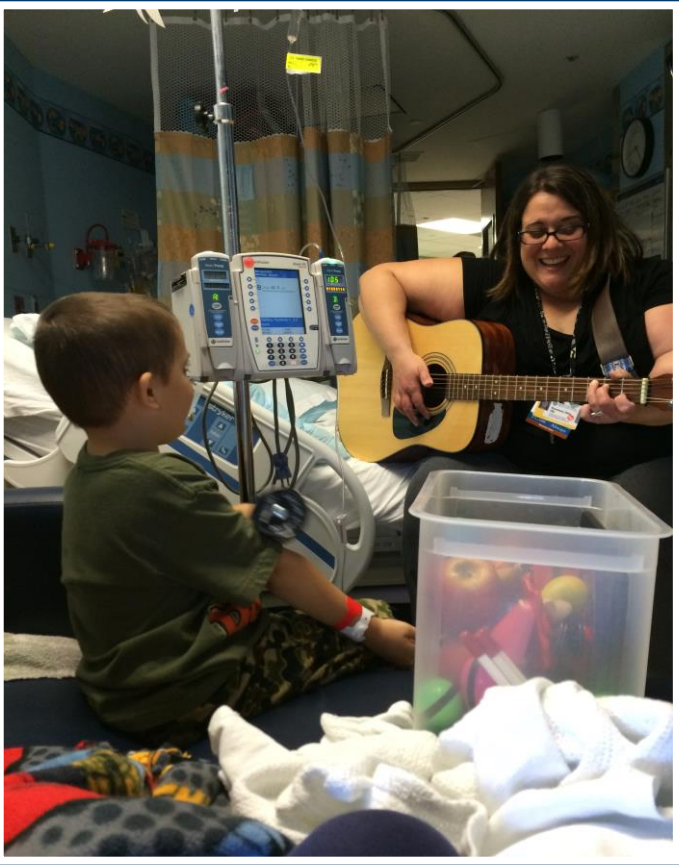
UNIVERSITY of ROCHESTER



MUSIC THERAPY

Music therapy
will bring music
and art therapy
to more
patients and
families.







RESEARCH

We are
positioned to
carry
performing arts
and medicine
higher through
our research.



Patient Plays Saxophone While Surgeons Remove Brain Tumor

Friday, August 25, 2017

[Share 664](#) [Tweet](#)



Music is not only a major part of Dan Fabbio's life, as a music teacher it is his livelihood. So when doctors discovered a tumor located in the part of his brain responsible for music function, he began a long journey that involved a team of physicians, scientists, and a music professor and culminated with him

As Reported By

[NPR's All Things Considered: This Music Teacher Played His Saxophone While In Brain Surgery](#)

[NBC News: Musician Plays Sax During Brain Tumor Surgery](#)

Latest News

Jun 18, 2019

[Golisano Children's Hospital Recognized by U.S. News and World Report](#)

Jun 12, 2019

[Prostate Cancer Researchers Find Molecular "Switch" to Prolong Survival](#)

Jun 10, 2019

[New Funding Boosts URMC Biotech Start-Up for Neurological Disorders](#)

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Drumming & Chemo Brain - Pilot



Thank you!

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