

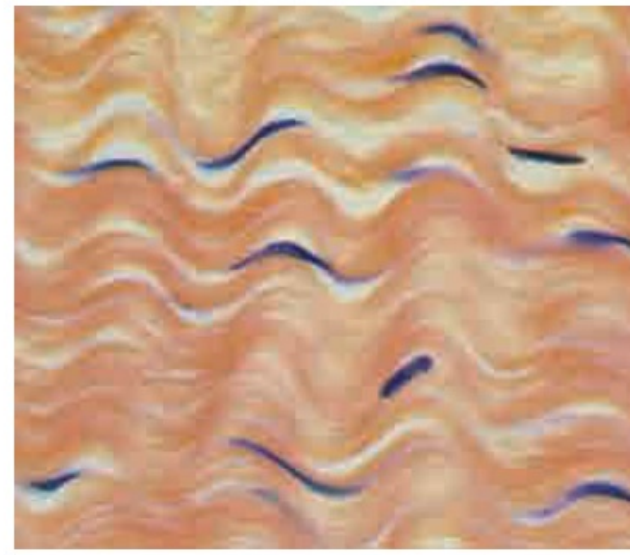
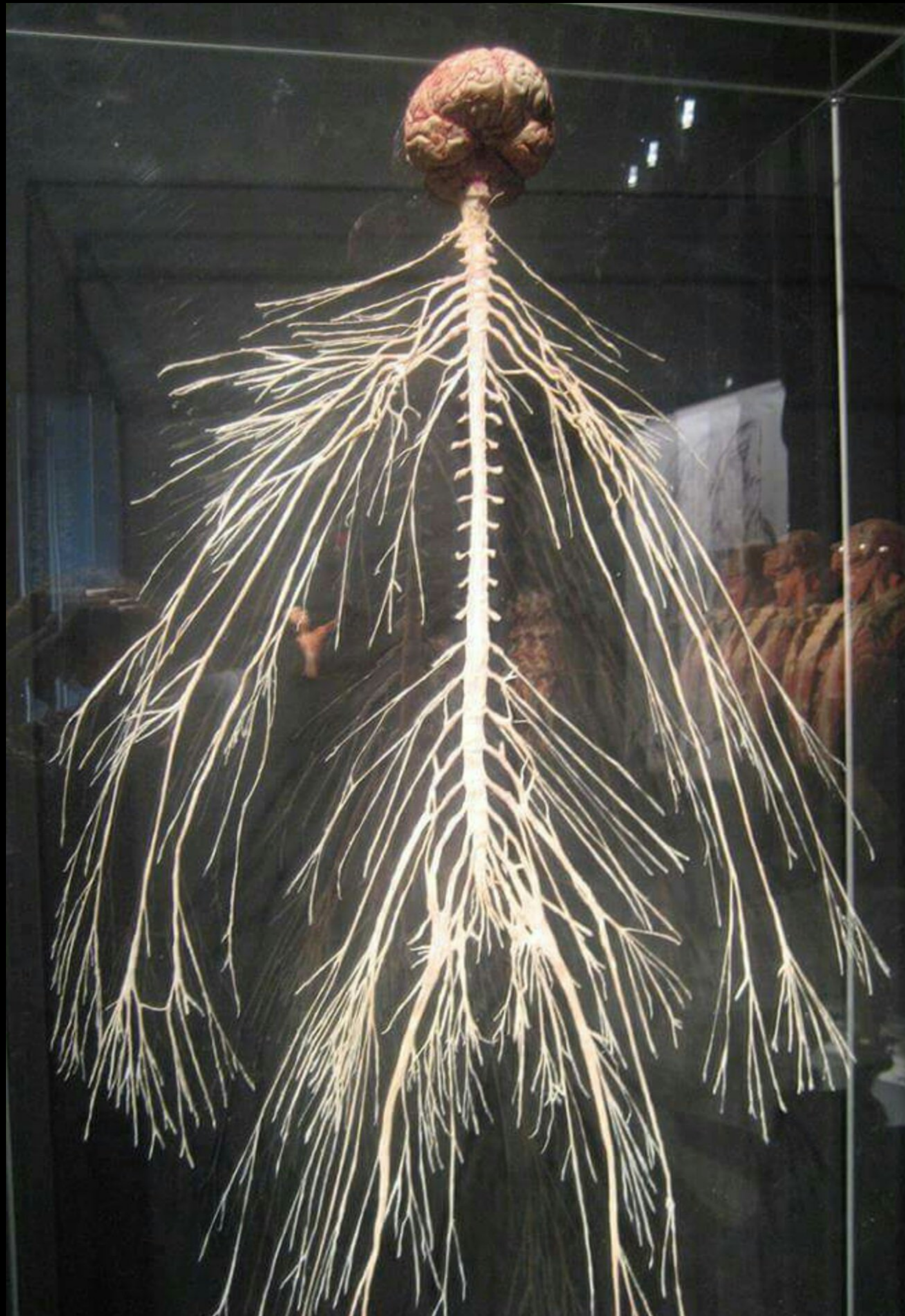
# *Feeling is Healing*

*Cultural Healing through Creative Expression*

*Sage Palmedo 01.27.2023*

# Healing emotional wounds in medical school

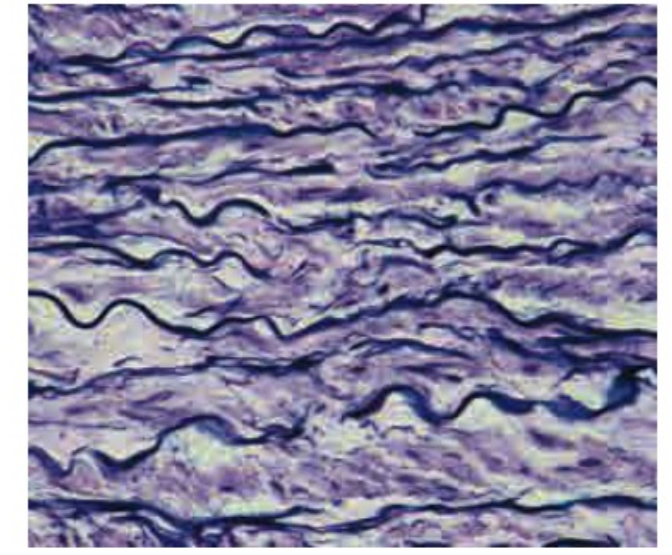
- *The living body holds emotional patterns*
- *Medical system not equipped for emotional healing*
- *A cultural shift is necessary*
- *Somatic movement practices hold promise*



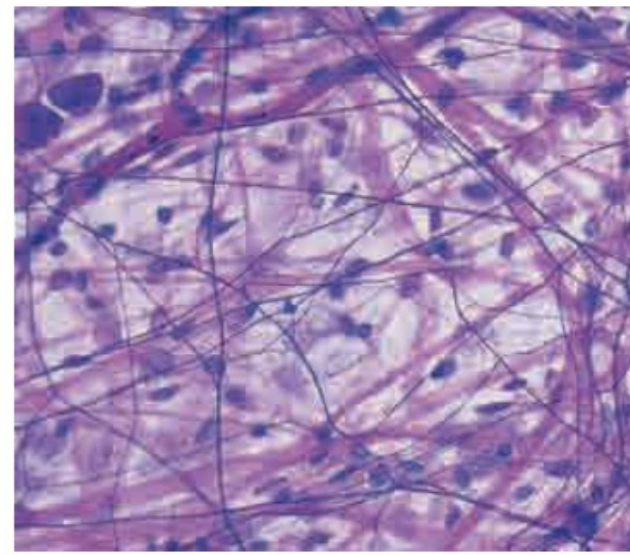
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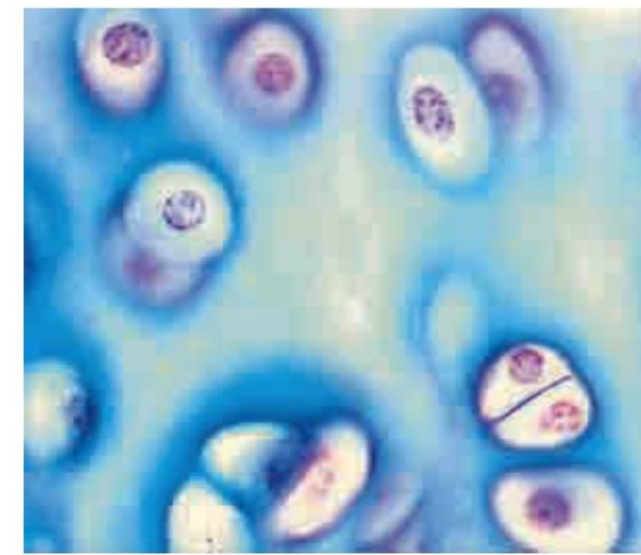
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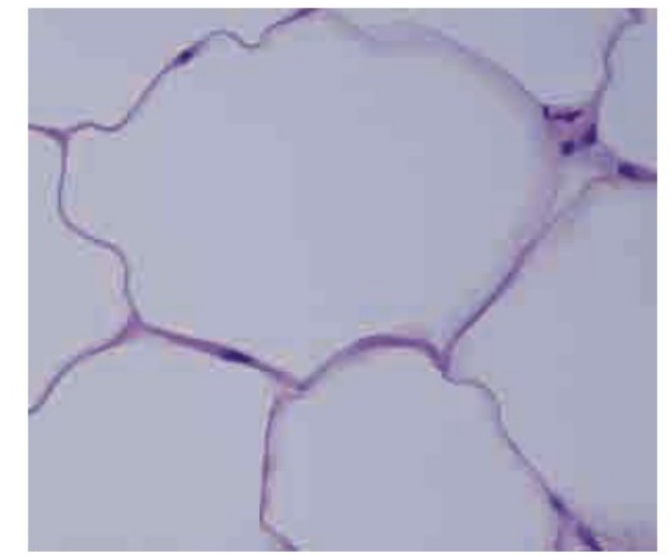
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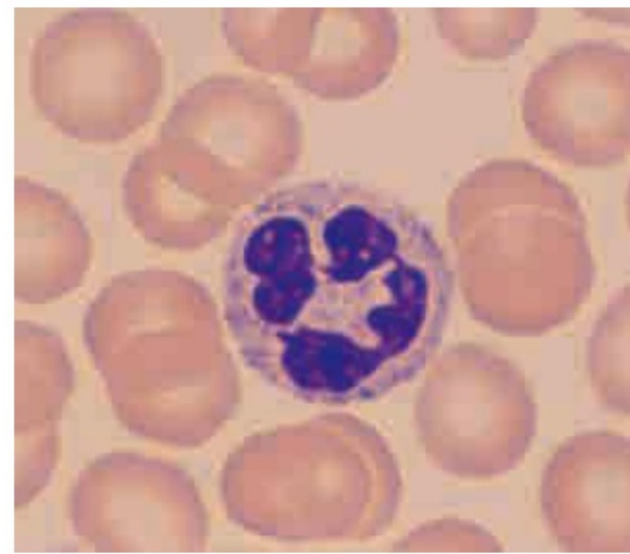
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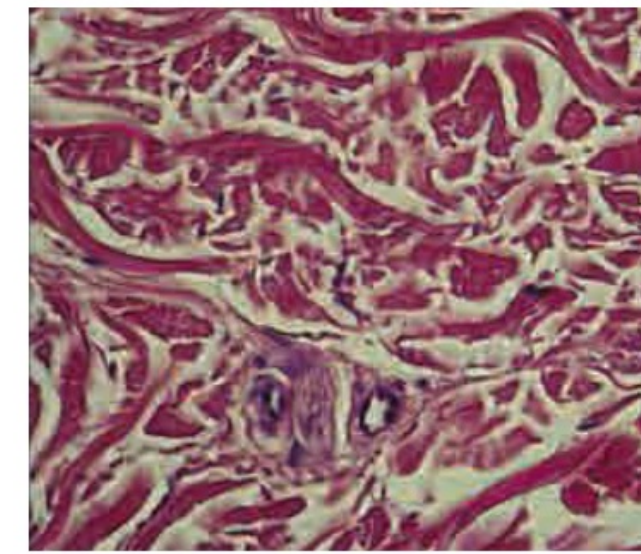
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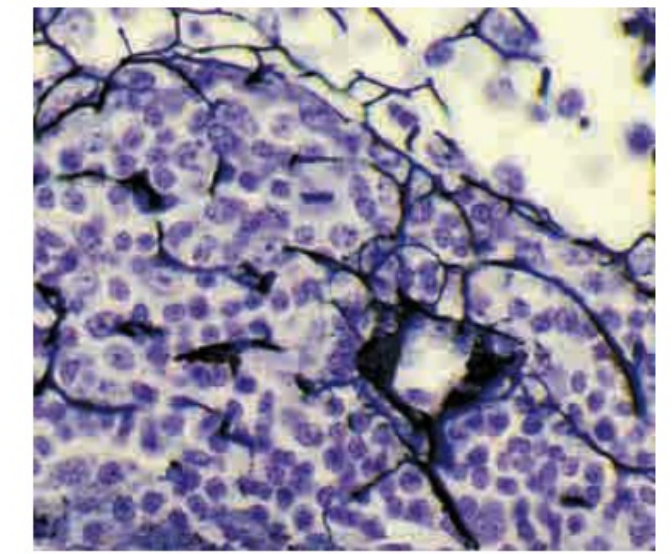
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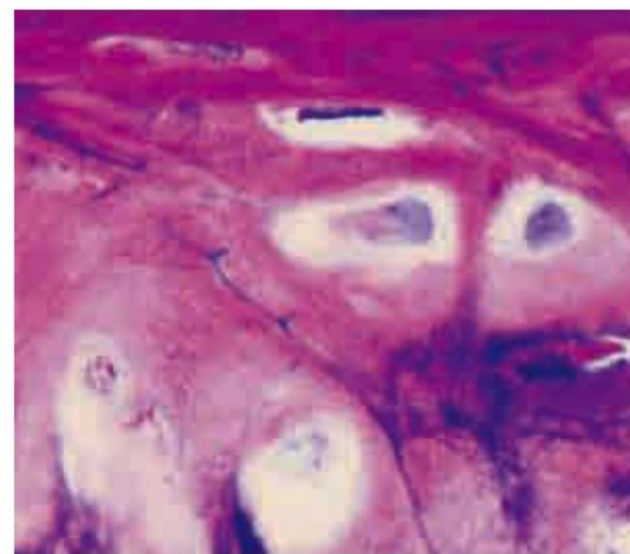
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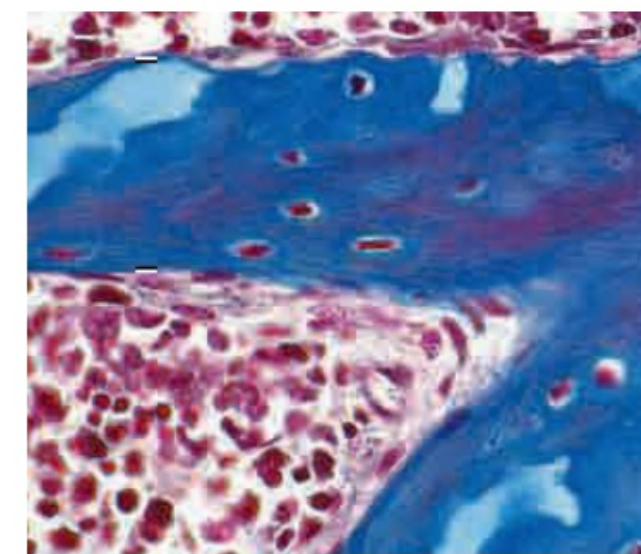
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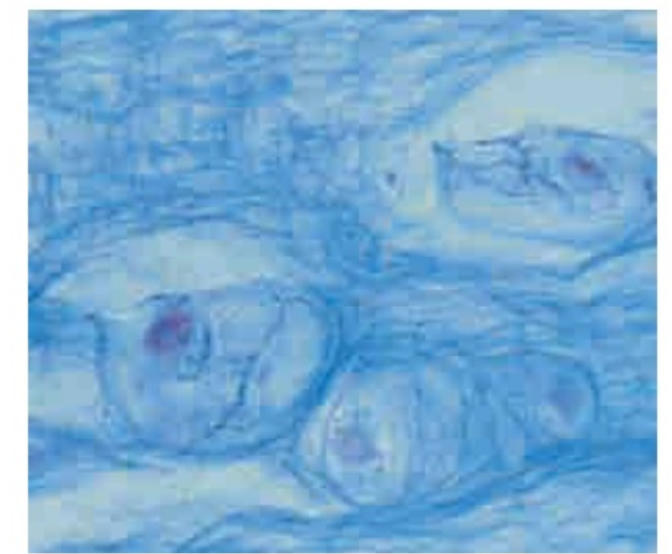
15



16



17



18

# Deep Listening is Nature's Intelligence

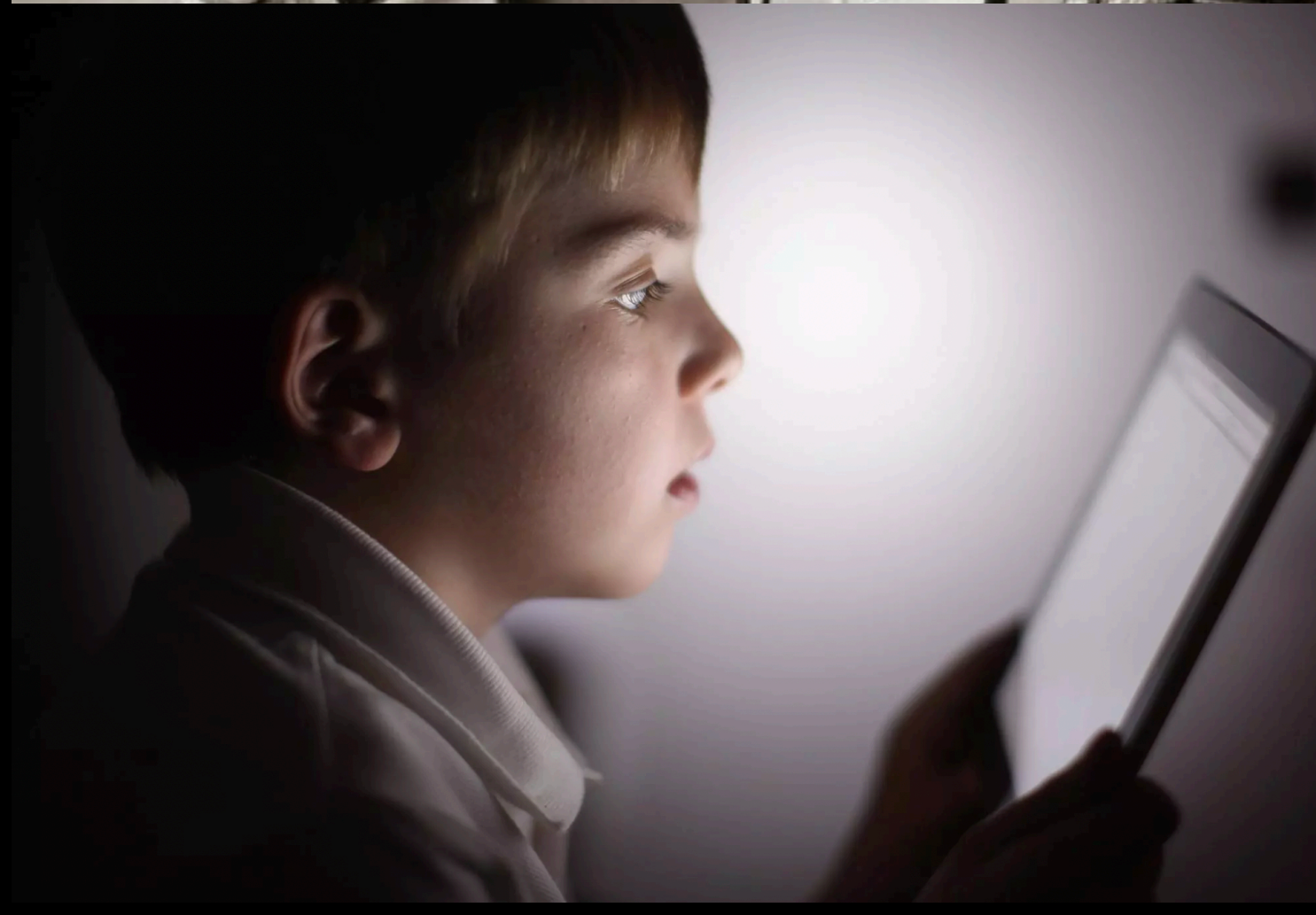


# Natural Intelligence of the Body





traumatizing and numbing society ; disconnected from natural intelligence



# Our medical system is not equipped for emotional healing...

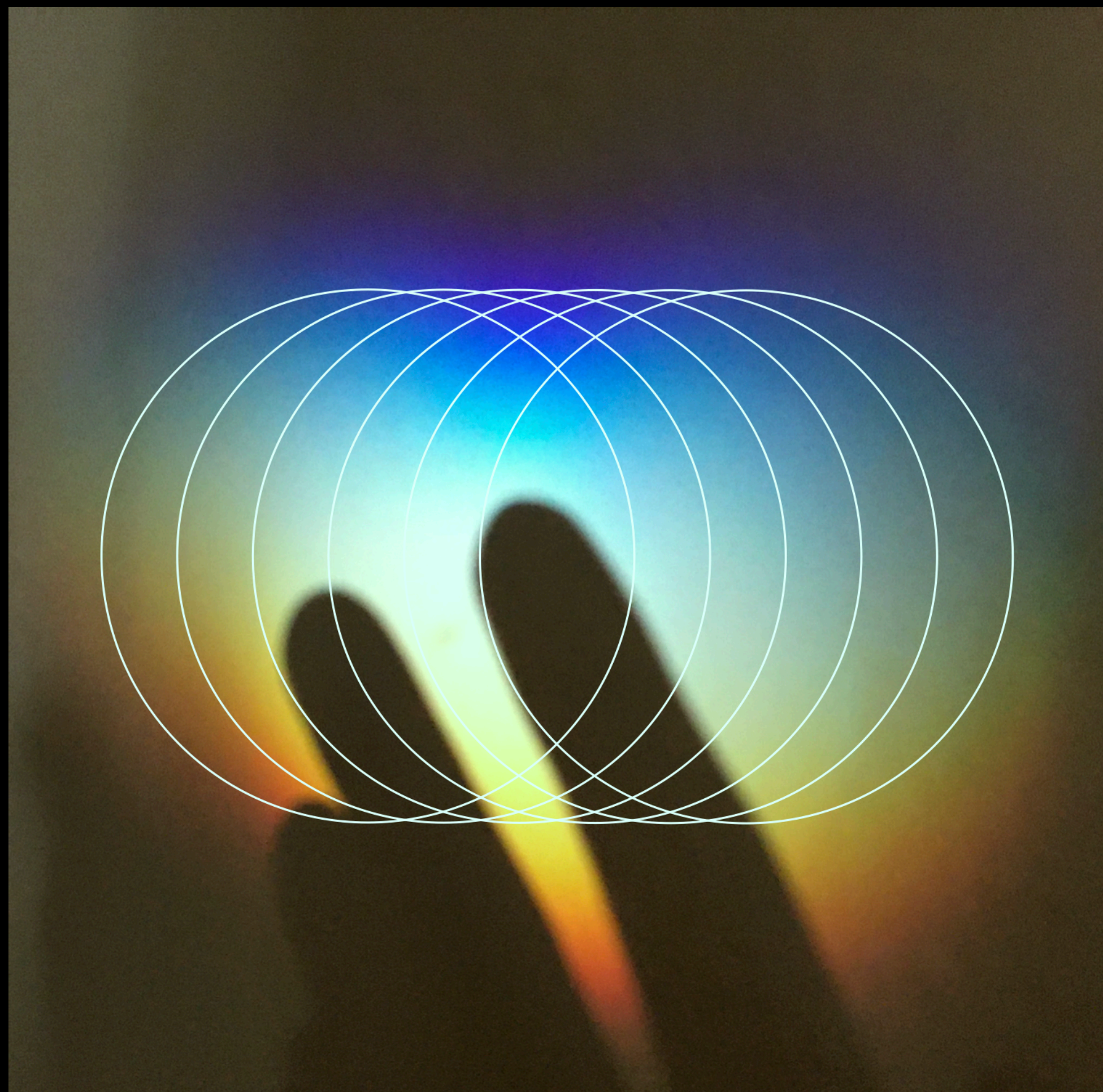
Embedded stigma against feminine & non-white systems of knowledge



Intuitive healer archetype suppressed in Western society from era of witch-burning



# Artistic Voice & Courage to Create



# interactive video



<https://youtu.be/DyJShDgYdaM>

# Collaborations

