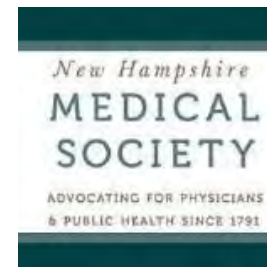




The Political Drivers of Health ECHO

Policies to Advance the Health & Economic Prosperity
of New Hampshire Communities



Series Learning Objectives

Learner will be able to:

1. Explain how policy and politics impact the health and well-being of NH individuals and communities
2. Describe key health-related bills before the NH legislature and their potential impact on health.
3. Advocate effectively for policies that support health and well being in our communities

Political Drivers of Health

The political processes that impact the social, environmental and health care drivers of health, including executive decisions, legislative policies, judicial decisions, electoral processes and public advocacy.

Upstream

Social & Environmental Drivers

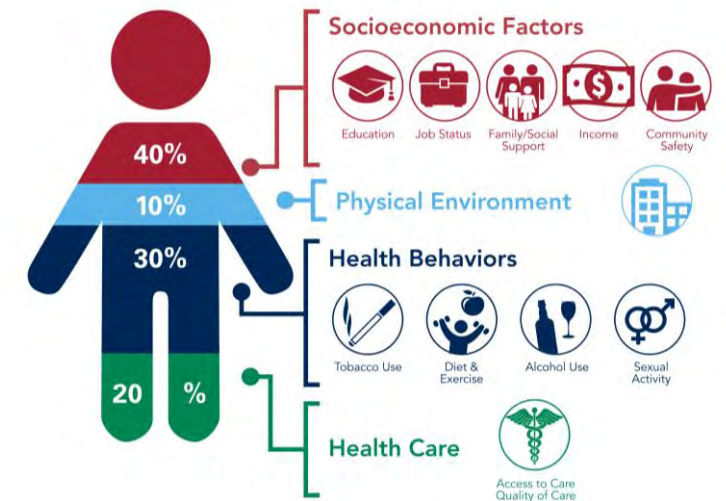


Midstream

Individual
Activities &
Community
Interventions

Downstream

Healthcare Interventions



Source: Institute for Clinical Systems Improvement; Going Beyond Clinical Walls: Solving Complex Problems, 2014. Graphic designed by Prof

80% Socioeconomic, environmental & health behavioral factors

20% Health care factors

Series Sessions

Date	Session Title
20 February 2025	Our Current Political Landscape/Budget
06 March 2025	School Meals - Medicaid
20 March 2025	Right Care, Right Time
03 April 2025	Safe and Affordable Housing
17 April 2025	Vaccine Infrastructure and Access
01 May 2025	Maternal Health
15 May 2025	Budget
29 May 2025	Wrap Up

Today's Program

- Brief housekeeping
- Didactic: Our Current Political Landscape, *Dean Spiliotes*
- Legislation: House Bill 1 & 2, the NH Budget, *Phil Sletten*
- Discussion- *Facilitated by Courtney Tanner*
- Brief summary
- Up Next



THE NEW HAMPSHIRE STATE BUDGET AND THE GOVERNOR'S PROPOSAL

PHIL SLETTEN, RESEARCH DIRECTOR

DARTMOUTH ECHO SERIES

FEBRUARY 20, 2025

FOR THESE SLIDES AND OTHER UPDATES: <https://nhfpi.org/subscribe>

THE BASICS OF THE STATE BUDGET

Two-year, or Biennial, Operating Budget

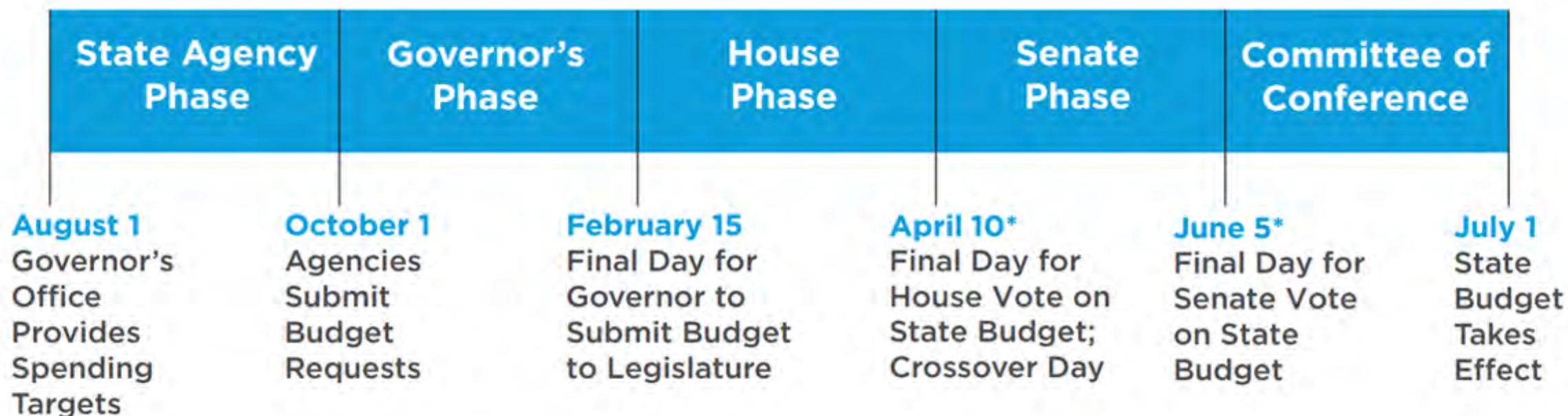
- Funds *most*, but not all, State operations for two State Fiscal Years (SFYs), typically beginning shortly after the budget is approved
- Current State Budget provides funding for SFYs 2024-2025, which spans July 1, 2023 to June 30, 2025, from SFY 2023 surplus carried forward and two years of revenue projected when budget passed
- State Budget, currently being implemented, appropriated approximately \$15.17 billion for SFYs 2024-2025 combined

Comprised of Two Separate Pieces of Legislation

- Operating Budget Bill, typically House Bill 1 or “HB 1,” holds the line-item appropriations with the amount of money in each component of State programs, standardized class lines for expenditures
- Trailer Bill, typically House Bill 2 or “HB 2,” is the companion omnibus bill with policy changes and appropriations separate from HB 1

BUDGET CREATED IN A YEARLONG PROCESS, TYPICALLY WITH FIVE PHASES

State Budget Process Timeline

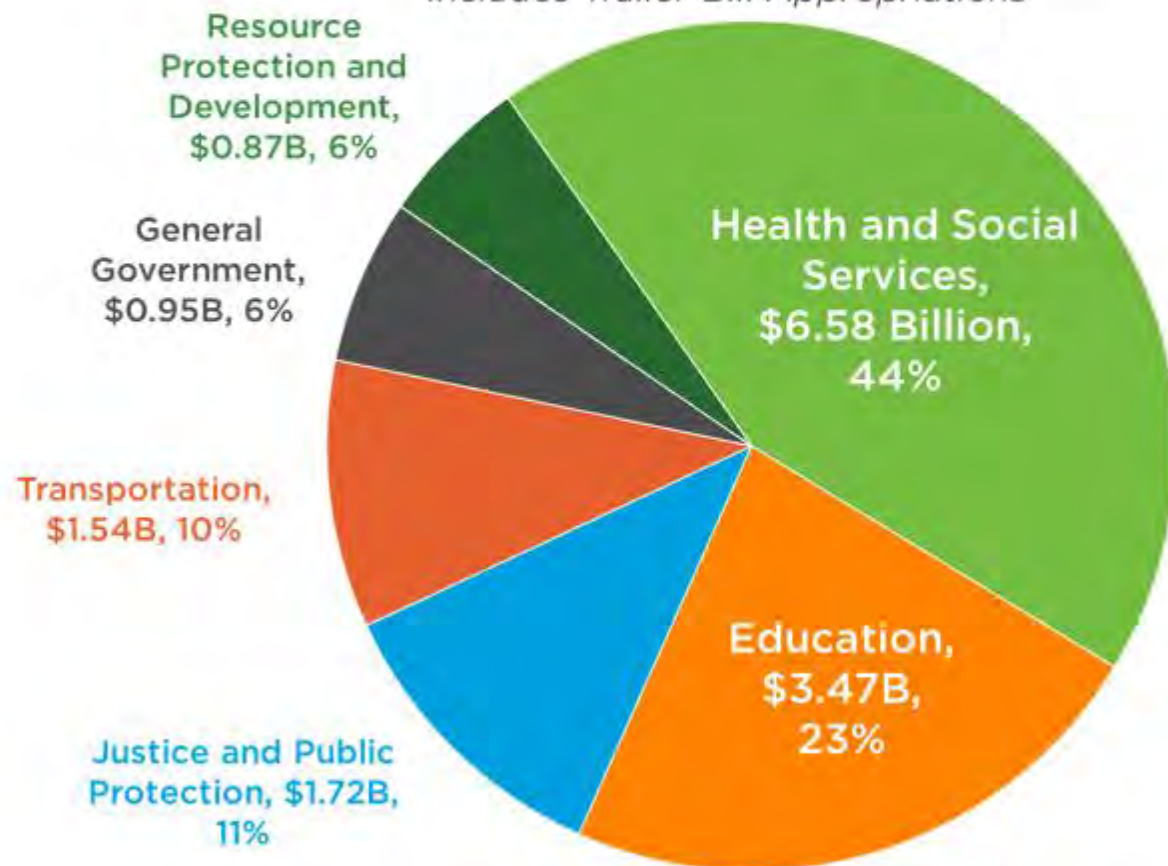


*Dates set by legislative leadership each session; all other dates specified in statute.

BUDGET APPROPRIATIONS IN SIX CATEGORIES

STATE BUDGET APPROPRIATIONS BY CATEGORY

*State Fiscal Years 2024-25 and Surplus Appropriations,
Includes Trailer Bill Appropriations*



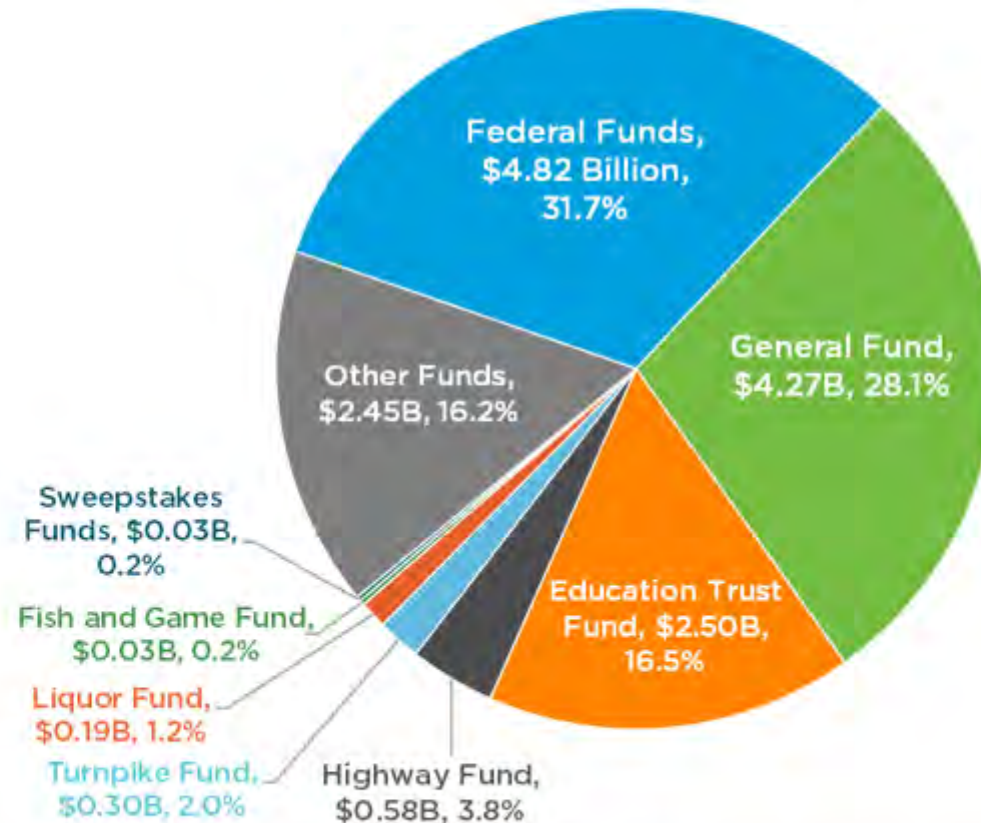
Note: General Government includes HB 2 appropriations for the Affordable Housing Fund, InvestNH, and all State employee pay raises defined by and funded through appropriations made in House Bill 2, as amended by the House.

Sources: New Hampshire Office of Legislative Budget Assistant, Compare House Finance to Governor, March 28, 2023, Surplus Statements, April 6 and 7, 2023, Briefing on Senate Finance Changes to House Passed Budget, June 6, 2023; 2023-2092s; 2023-2171s; 2023-2139s

FEDERAL FUNDS, GENERAL FUND, AND EDUCATION TRUST FUND ARE LARGEST PARTS

THE STATE BUDGET FOR FISCAL YEARS 2024 AND 2025, BY FUND

Includes Operating Budget and Trailer Bill Appropriations



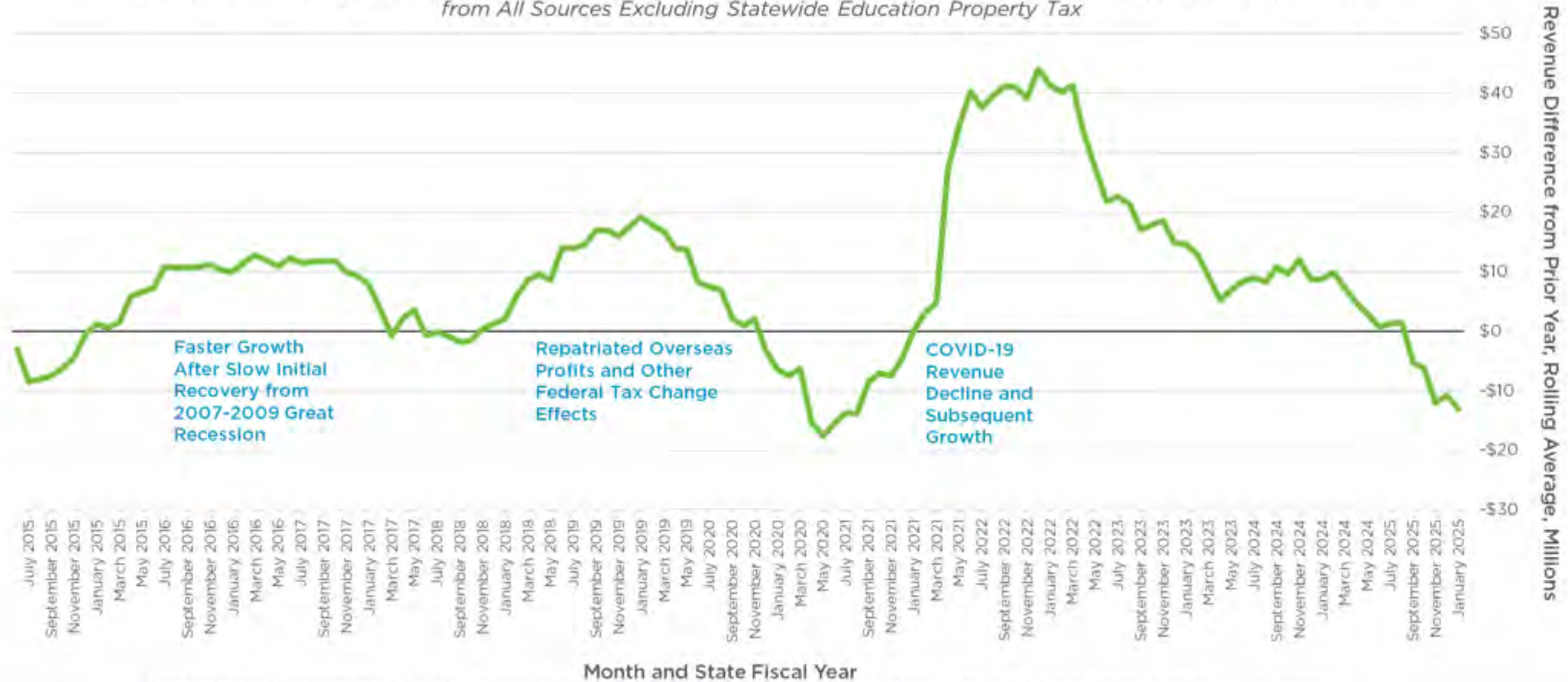
Sources: New Hampshire Office of Legislative Budget Assistant, Senate Finance Committee Surplus Statements, June 2023; 2023-2054s; 2023-2092s; 2023-2171s; 2023-2139s.

CURRENT STATE REVENUES AND CHALLENGES

STATE REVENUES LOWER THAN LAST YEAR AFTER PERIOD OF SUBSTANTIAL GROWTH

DIFFERENCES OVER TIME IN NEW HAMPSHIRE COMBINED GENERAL AND EDUCATION TRUST FUNDS MONTHLY CASH RECEIPTS

*Twelve-Month Rolling Averages of Monthly Cash Receipts to the General and Education Trust Funds Relative to Prior Year
from All Sources Excluding Statewide Education Property Tax*



Note: Medicaid Enhancement Tax excluded from historical data. Statewide Education Property Tax excluded due to tax targeting a certain amount collected.
Sources: New Hampshire Department of Administrative Services, Monthly Revenue Focus Reports

FISCAL CONSTRAINTS AND LOOMING QUESTIONS

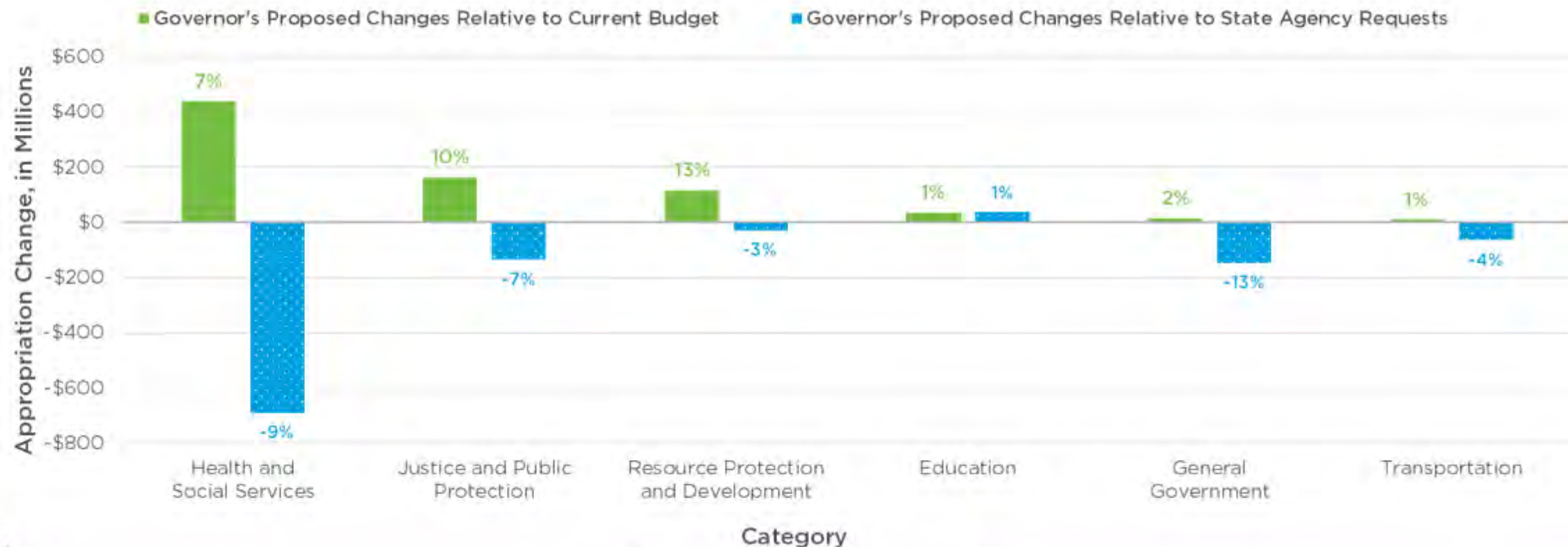
- Interest and Dividends Tax (\$184 million to General Fund, or 8.8 percent of General Fund revenues, last fiscal year) repealed effective January 2025
- State will earn less interest on cash holdings due to smaller cash reserves
- Youth Development Center settlements: paid \$127 million in 242 settled claims as of December 2024, \$792 million pending in 606 filed claims, claims period open until June 2025; \$160 million to settle claims appropriated previously, outlays capped at \$75 million per year
- Court cases associated with the Youth Development Center and children in the care of the State could generate substantial liabilities
- Decisions related to education funding from the State Supreme Court; second-largest State expenditure, small changes can lead to large funding commitments
- Construction of a new State prison for men, potentially \$500-\$600 million, annual bond payments may be substantial
- Changes to federal funding to the State for operations, with about one in three dollars to fund State services coming from the federal government

A BRIEF LOOK AT THE GOVERNOR'S PROPOSAL

GOVERNOR'S BUDGET BOOSTS ALL CATEGORIES, FALLS SHORT OF AGENCY REQUESTS

CHANGES IN GOVERNOR'S PROPOSED TOTAL STATE BUDGET BY CATEGORY FOR FISCAL YEARS 2026 AND 2027

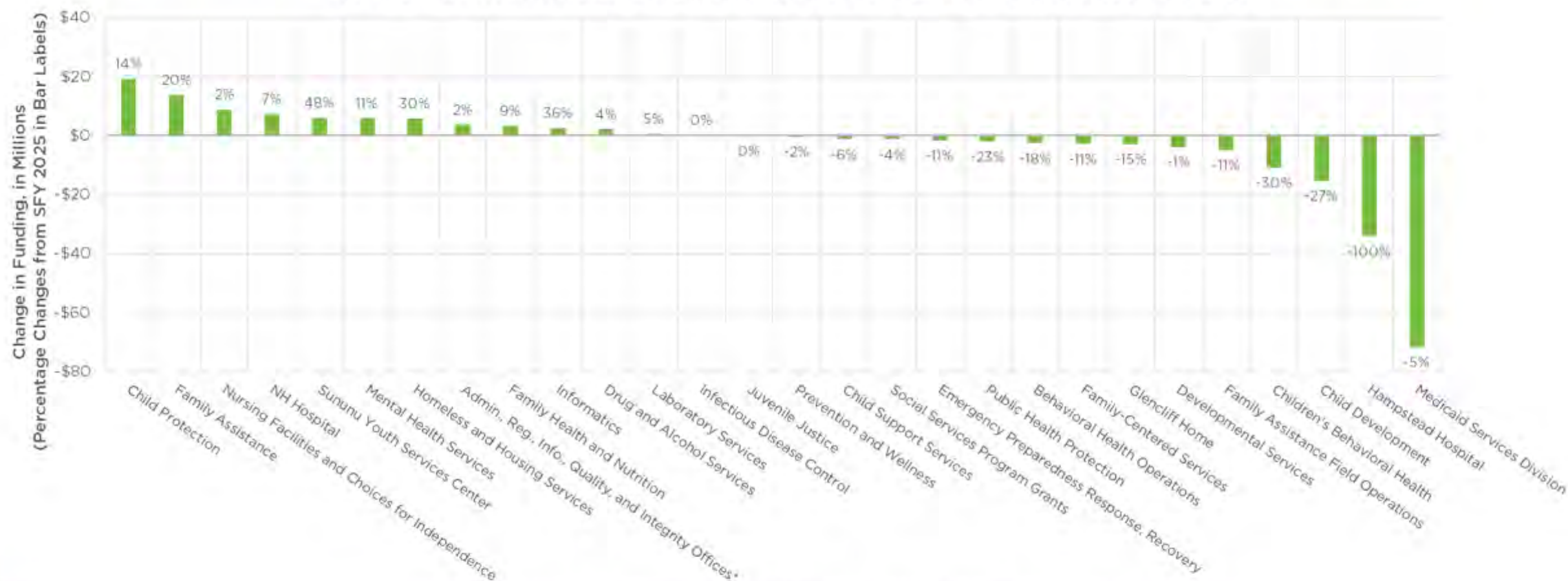
Appropriation Change Relative to Actual Final Budget Appropriations for SFYs 2024-2025 and Agency Budget Requests for SFYs 2026-2027, for New Hampshire



Note: These changes account for inter-agency transfers
Source: New Hampshire Department of Administrative Services, Budget Office

FUNDING WITHIN NH DHHS INCLUDES SHIFTS, REORGANIZATIONS, ONGOING INVESTMENTS

CHANGES BY SUB-AGENCY WITHIN THE NEW HAMPSHIRE DEPARTMENT OF HEALTH AND HUMAN SERVICES, CURRENTLY-AUTHORIZED EXPENDITURES FOR SFY 2025 VS. PROPOSED SFY 2026



Subagency with the New Hampshire Department of Health and Human Services

*Note: Combined nine operating units across separate budget lines, including the Commissioner's Office. The Bureau of Healthcare Access and Policy is being reorganized and does not appear here.
Source: Governor's Operating Budget and Governor's Executive Budget Summary, February 13, 2025

OTHER FACTS ABOUT, AND POLICY INITIATIVES IN, THE GOVERNOR'S BUDGET PROPOSAL

- State Budget proposal grows each year in aggregate relative to the current budget, constrained growth supported by relatively optimistic revenue projections and a new proposed revenue source: video lottery terminals
- Policy initiatives include:
 - Bail reform changes
 - New retirement system investments for police and firefighters
 - Waste disposal site evaluation process revisions
 - Streamlining State components of housing permitting process, including interactions with environmental protections and a 60-day timeline for State processing
- Medicaid copayments may be required, no details yet
- Does not include funds set aside for the new State prison for men or for the Youth Development Center-related costs

KEY TAKEAWAYS

- State Budget is two pieces of legislation constructed over a nearly year-long process, funding most (but not all) State operations
- State revenues are declining due to both external factors, such as corporate profits and interest rates, and policy choices that have reduced State revenue
- Key potential expenses could impact State Budget decision-making and limit resources available for other services, including unknown costs associated with Youth Development Center settlements and court cases, and separate State Supreme Court decisions regarding education funding
- Federal funds key to supporting services within the State Budget with significant federal policy choices likely in 2025
- Governor's proposal retains funding for most State agency operations slightly above current levels, does not include funding for certain initiatives included in the current State Budget and key potential expenses
- Some components of proposal still unknown, more clarity to come as House Finance Committee considers the proposal and makes amendments

ADDITIONAL NHFPI RESOURCES

- Weekly Newsletter: <https://nhfpi.org/subscribe>
- Blog: Bigger Budget, New Lottery Revenues, and Less Money for Housing and Child Care Workforce: Five Takeaways from the Governor's Budget Proposal – February 18, 2025: <https://nhfpi.org/blog/bigger-budget-new-lottery-revenues-and-less-money-for-housing-and-child-care-workforce-five-takeaways-from-the-governors-budget-proposal/>
- Blog: January Revenues Reach Target, But Continue to Send Warning Signs – February 6, 2025: <https://nhfpi.org/blog/january-revenues-reach-target-but-continue-to-send-warning-signs/>
- Blog: Sliding Revenues, Spending Needs, and Federal Questions: Seven Facts About the New Hampshire State Budget – February 3, 2025: <https://nhfpi.org/blog/sliding-revenues-spending-needs-and-federal-questions-seven-facts-about-the-new-hampshire-state-budget/>
- State Budget Webinar Series: Register here: <https://nhfpi.org/events/examining-the-state-budget-2025-webinar-series/>
- Resource Page: Budget: <https://nhfpi.org/topic/budget/>



The Political Drivers of Health ECHO

Policies to Advance the Health & Economic Prosperity
of New Hampshire Communities

Session 2, School Meals-Medicaid Certification, March 6th, 2025





Food and nutrition support

PDoH ECHO
March 6, 2025

Chelsey Canavan, MSPH
Manager, Center for Advancing Rural Health Equity
Population Health Department
Dartmouth Health

Food security means access by all people at all times to enough food for an active, healthy life.

Nutrition security means consistent access to and availability and affordability of foods and beverages that promote well-being, while preventing—and, if needed, treating—disease.

Prevalence of household food insecurity (2023)

Nationally: 13.5%

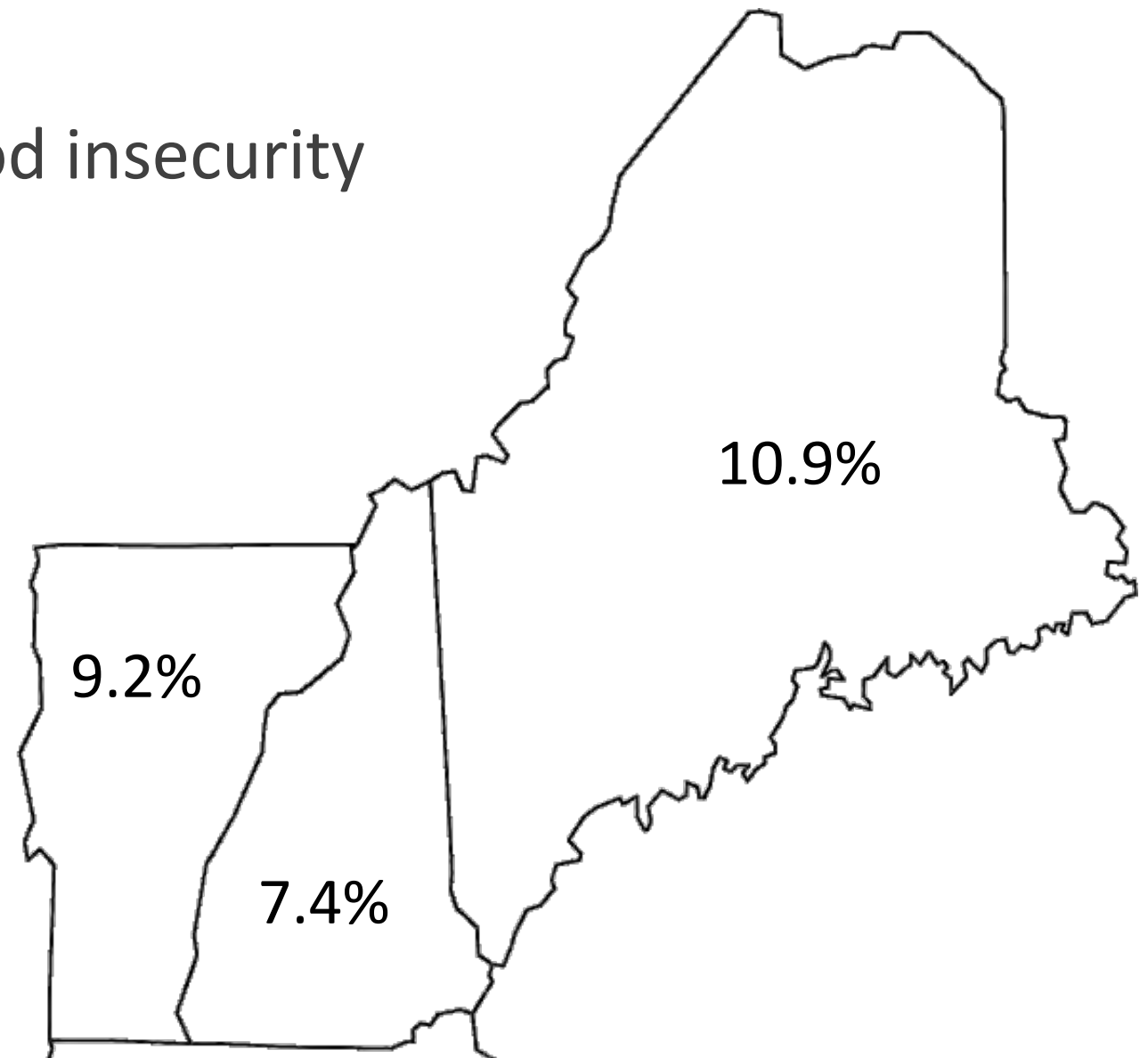
Higher in rural areas: 15.4%

Lower in the northeast: 12.0%

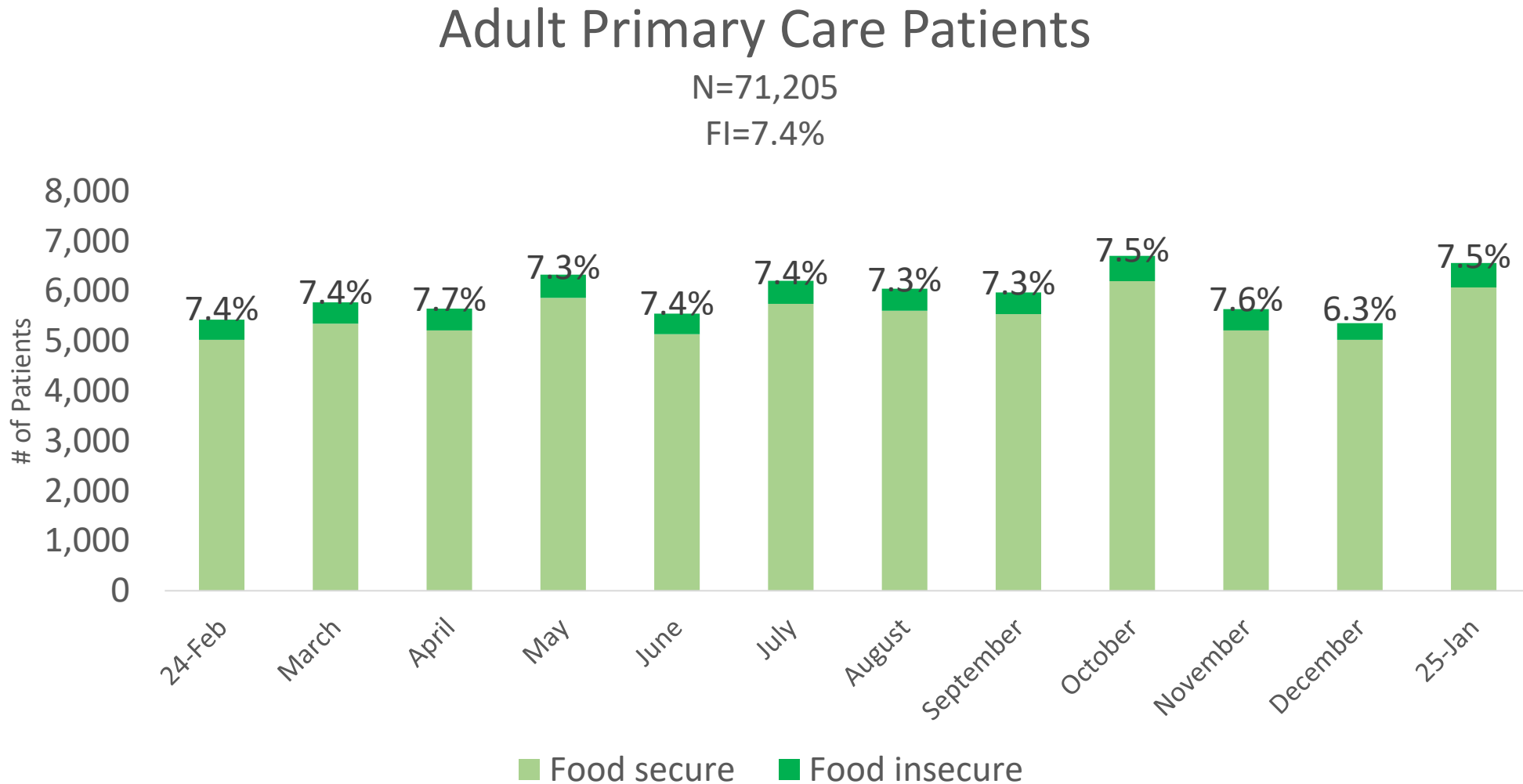
17.9% of households with children

20.3% in rural areas

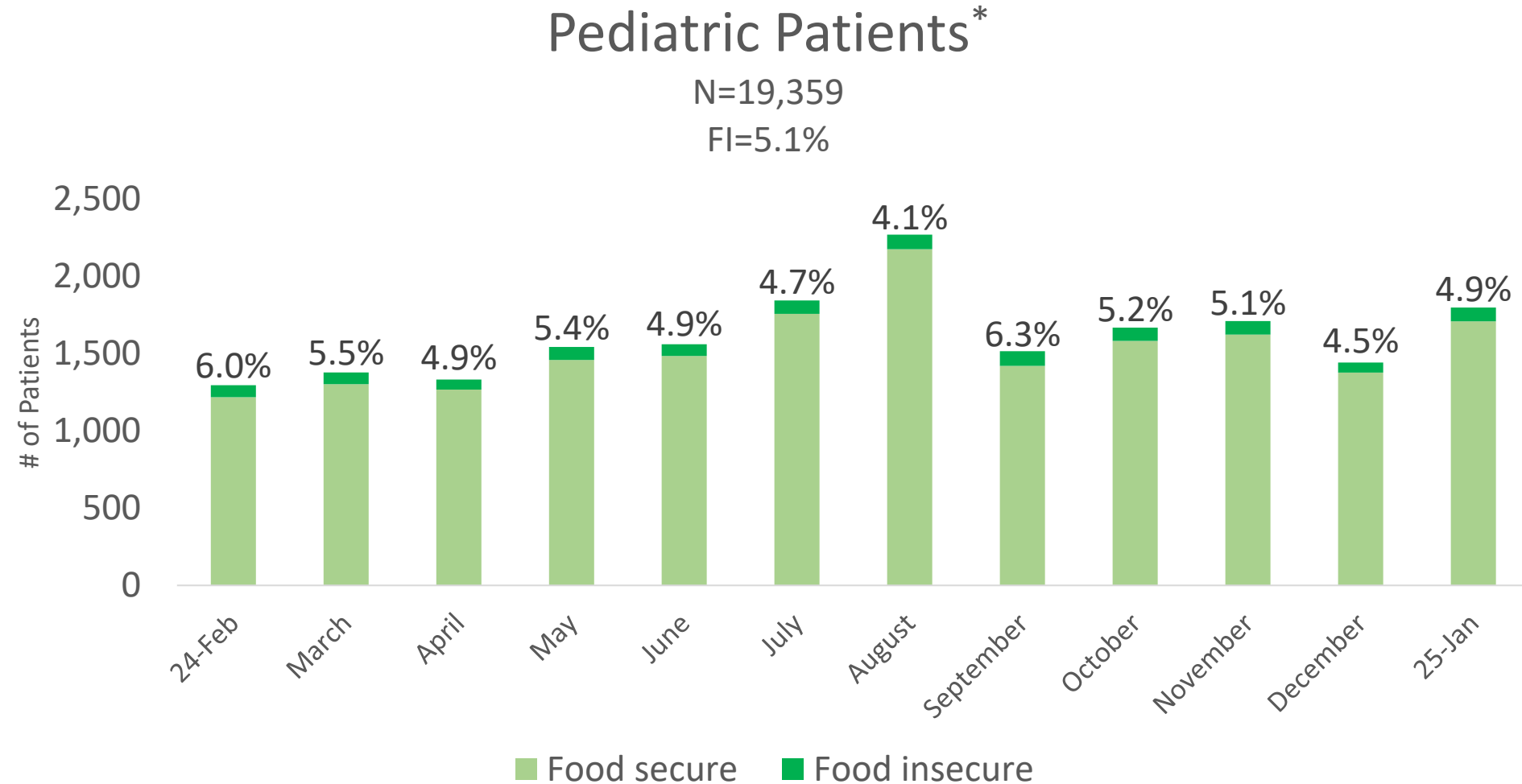
9.9% of children (7.2 million)



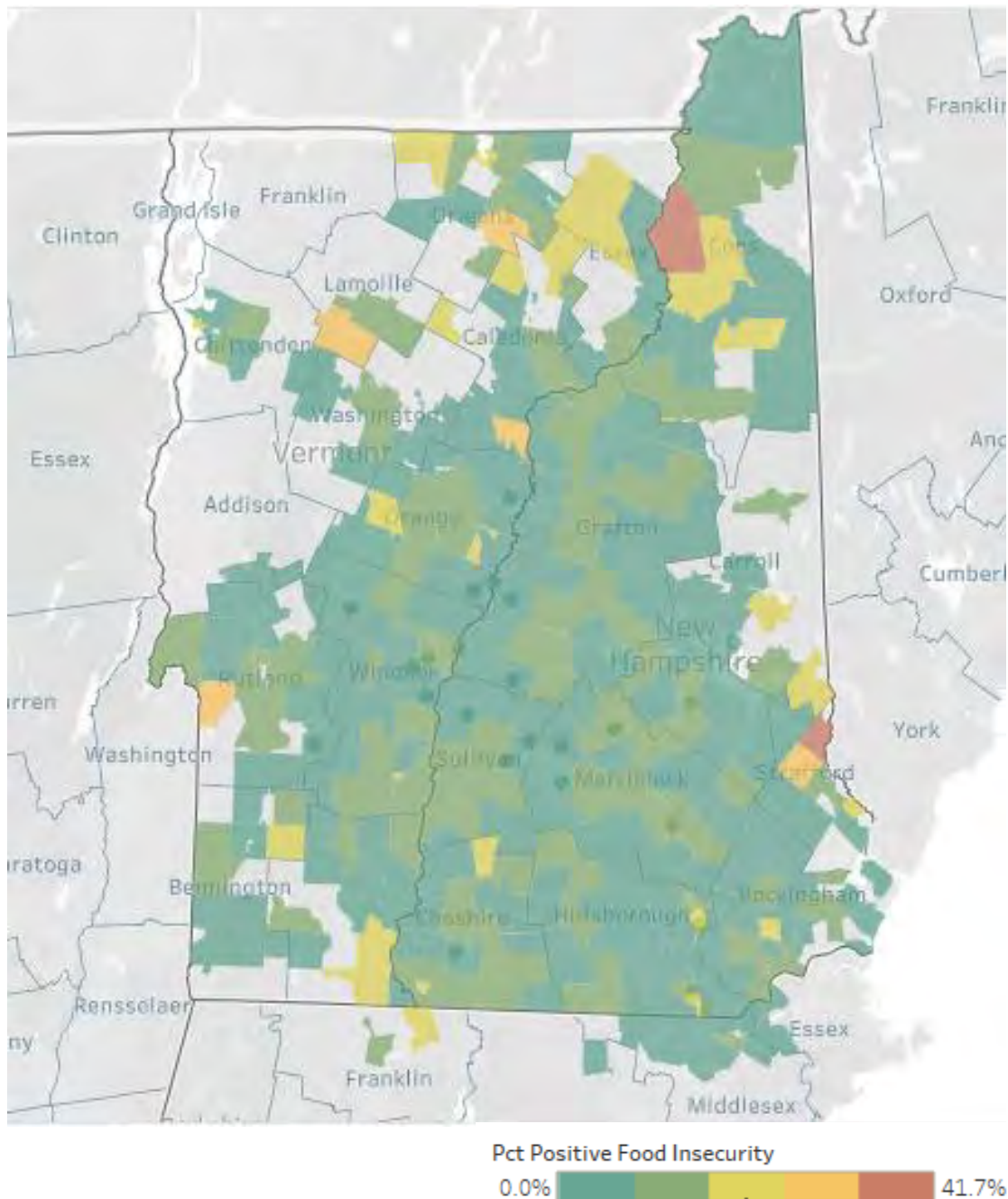
Food Security Screening at Dartmouth Health



Food Security Screening at Dartmouth Health

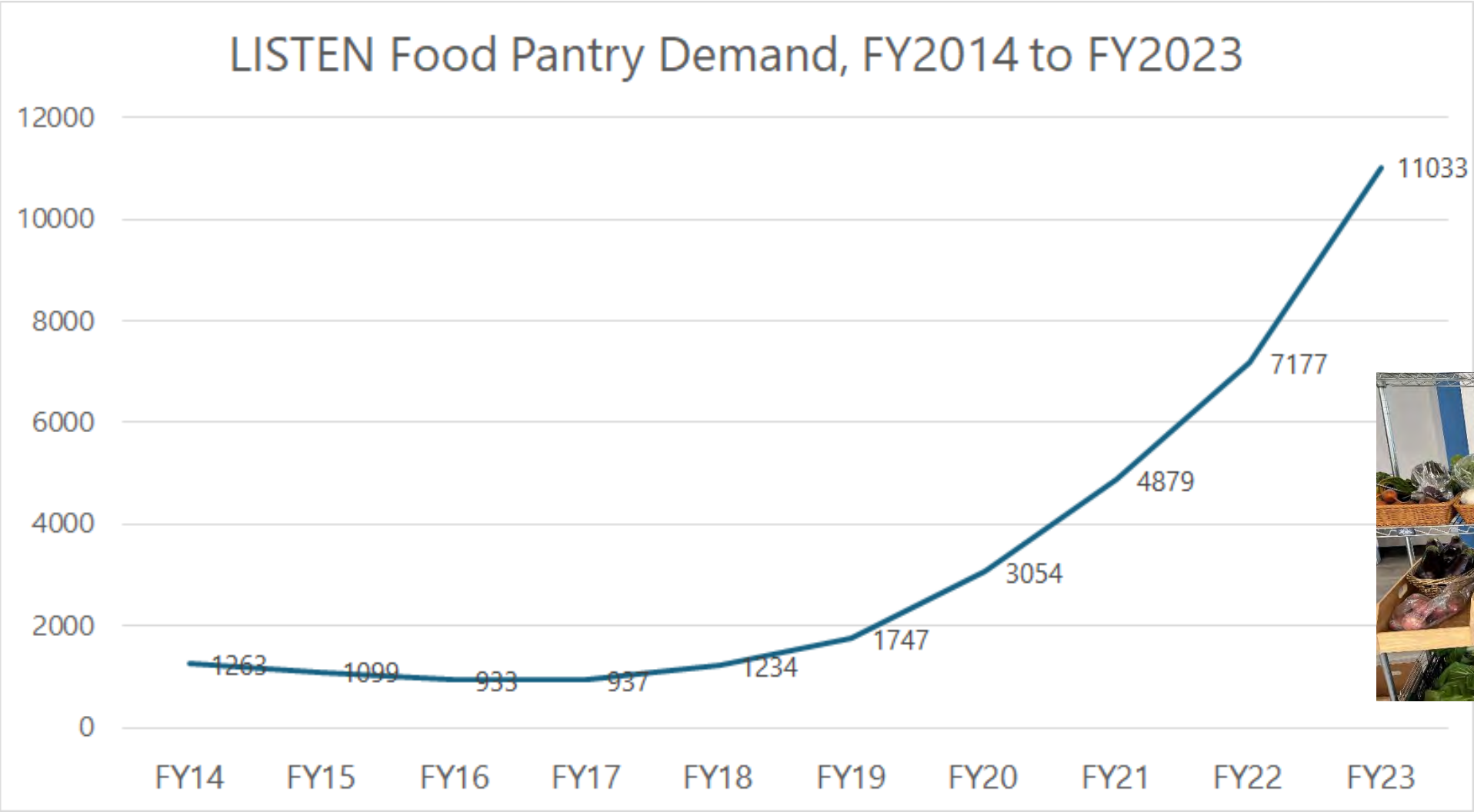


* ages 0-6 and 12-18



Food insecurity among adult DH
primary care patients, by zip
code, Feb 1 2024 – Jan 31 2025

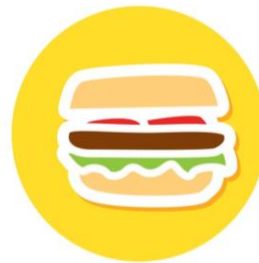
Hispanic/Latino: 17.3%
Black/African American: 18.2%



Source: Angela Zhang, Sophia Gawel, LISTEN Community Services, Lebanon, NH, 2023.

What does food insecurity look like?

- Choosing between food and other basic needs
- Eating less; less frequently
- Prioritizing food among household members
- Cheap, highly processed and fast foods



Health impacts



Food insecurity affects **dietary quantity and quality** for adults and children



Low-income, food-insecure households spent less on food, purchased **fewer calories** overall, and had **lower nutritional quality** food purchases than low-income, food-secure households

For children, living in a food insecure household:

- Increased risk for poor **physical and mental health** outcomes:
 - Emergency department use
 - Asthma
 - Iron deficiency anemia
 - More frequent stomachaches, headaches, colds
 - Obesity (among some children)
 - Depression
 - Anxiety
 - Suicidal ideation, attempted suicide (in adolescence)
- Can negatively impact **developmental outcomes**:
 - Cognitive/academic outcomes (vocab, math, memory, etc.)
 - Behavioral outcomes (hyperactivity, self-control, internalizing/externalizing etc.)
 - Socio-emotional outcomes (interpersonal/social skills)



Get to know
these food
resources



Other public nutrition programs

- Child and Adult Care Food Program (CACFP)
Healthy meals and snacks in child care centers, family child care homes, after school programs, emergency shelters, and adult day care programs
- National School Lunch Program & Breakfast Program
Low-cost or free food for children at school
- Commodity Supplemental Food Program (CSFP)
A monthly package of foods for low-income adults age 60+
- Old Americans Act / Meals on Wheels
Daily meals for adults 60+ through congregate feeding or at home (MOW)

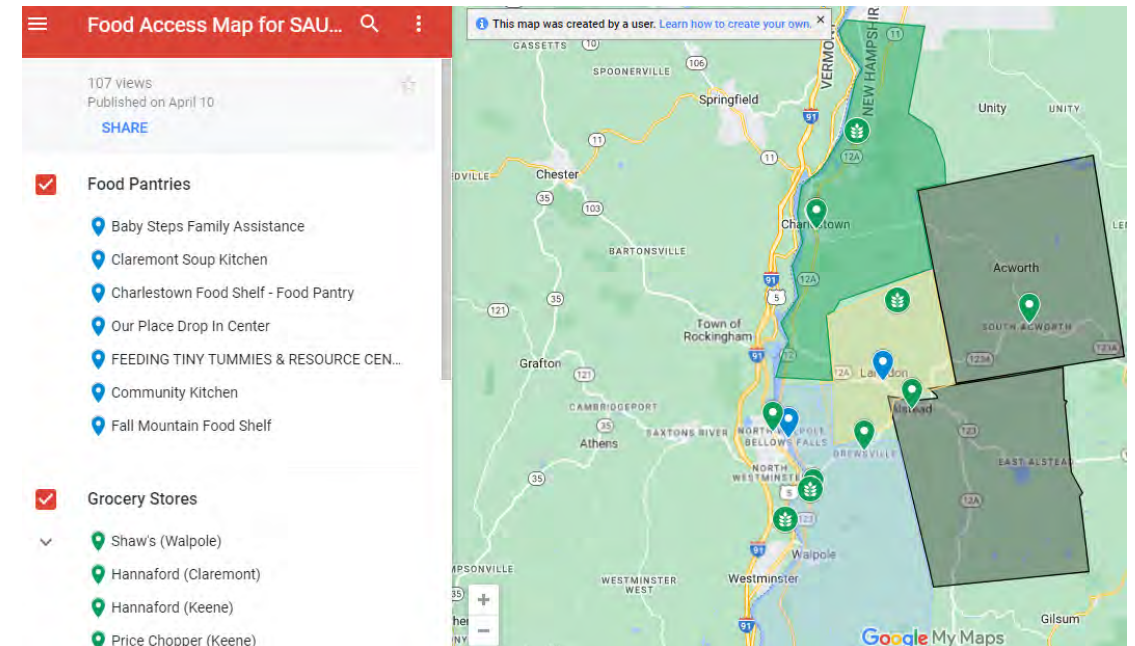
Food Banks

- Tons of resources
- Maps of member locations
- Mobile food pantry schedule
- SNAP assistance
- Job training
- Cooking Matters
- And more!

The screenshot shows the 'Food Map' page of the New Hampshire Food Bank. At the top, there are logos for 'New Hampshire FOOD BANK' (a program of Catholic Charities NH) and 'CATHOLIC CHARITIES NEW HAMPSHIRE FEEDING AMERICA'. Navigation links include 'SEARCH', 'AGENCY PORTAL', 'FIND FOOD', 'Get to Know Us', 'What We Do', 'Get Involved', 'In the Know', 'Agency Portal', and 'Acc'. The main heading is 'Food Map'. Below it, a text block states: 'The NH Food Bank distributes food to more than 400 partner agencies across New Hampshire including food pantries, homeless shelters, soup kitchens, children's programs, senior centers and more. Search our list of partner agencies to find a food assistance program near you.' A search bar with fields for 'Address or Zip Code', 'Agency Name', and a 'SUBMIT' button is present, along with a 'Select a County' dropdown. Below the search bar is a map of New Hampshire with blue location pins. A sidebar on the right shows details for the 'Henniker Food Pantry': '21 Western Avenue, Henniker, NH 03242, 603-428-7474, 9.52 miles, Directions'.

Other resources

- Local food pantries and food shelves
- Senior Centers
- Local school district
- NH Hunger Solutions
- Hunger Free VT





What else?

Make **brochures/materials** available to everyone & easy to access.

Help **normalize the conversation**:
“A lot of people are having a hard time right now with these high food prices.”

Consider **capacity to host** a food shelf, food drive, etc.

Host or promote **community gardens**.

Consider **books/events/activities** related to healthy eating for adults and children.

Solving Hunger in The Granite State

The Problems, Policy Solutions, and Impacts

NH HUNGER
SOLUTIONS
ENDING HUNGER IN NEW HAMPSHIRE



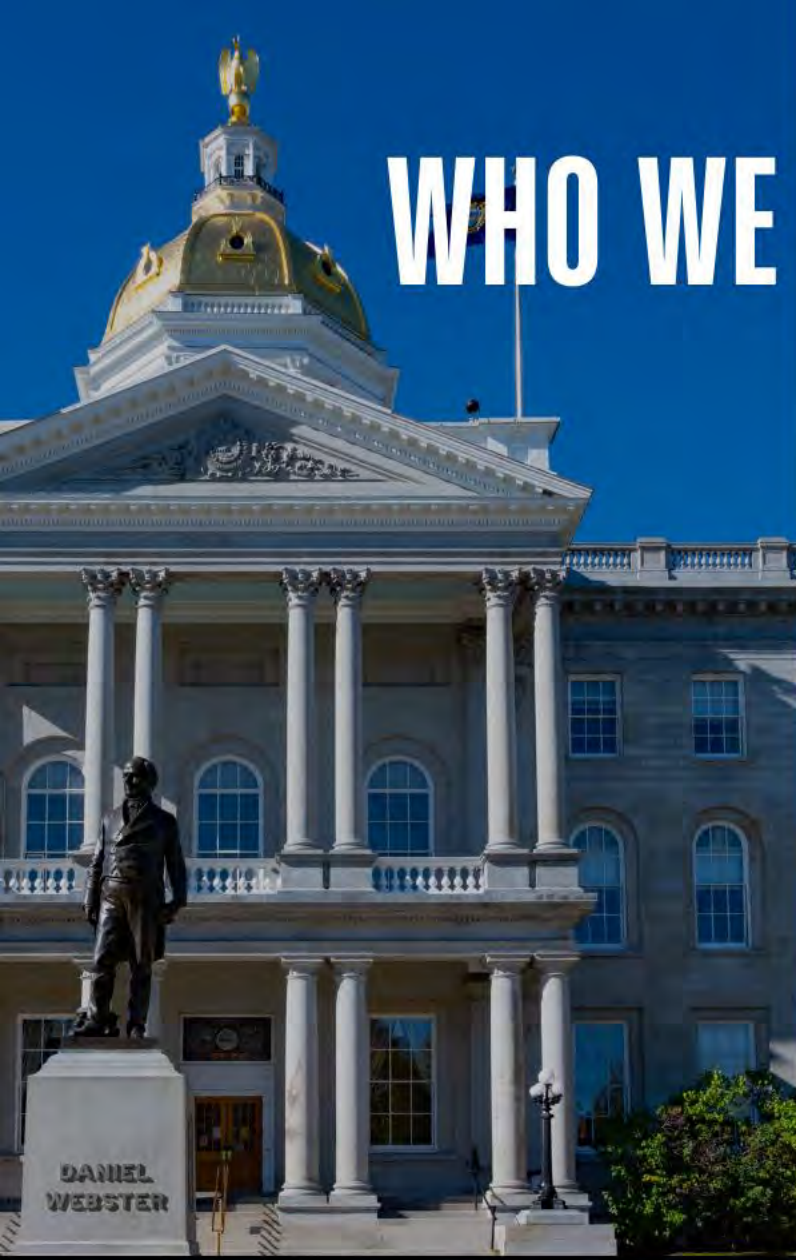
WHO WE ARE

NH Hunger Solutions is a policy and advocacy non-profit that advocates to end food insecurity, improve equitable access to nutritious food, and address hunger's root causes for all people in New Hampshire.



Tiffany Brewster

Policy Development & Advocacy
Director



Food and Nutrition Supports



Our system of food and nutrition supports is like a power grid that moves healthy food through communities. In New Hampshire, the grid is well developed in some areas and patchy or non-existent in others

Where are the weak connections in NH?

47th

School Breakfast Participation

Only 46% of children who eat free lunch also eat breakfast

10.5k

Eligible children not enrolled in Free and Reduced Meals

31%

Eligible people receive SNAP

54%

Eligible people receive WIC

Our Work

Close the gap
between eligible and
enrolled in Federal
Nutrition Programs

Close the Gap

Increase participation
in school and
summer meals

Feed Children

Increase public and
policymaker
understanding of
hunger in NH and how
to solve it

Raise Awareness

Support and build
food access
coalitions

Build Coalitions

NH HUNGER
SOLUTIONS

ENDING HUNGER IN NEW HAMPSHIRE

A group of diverse school children are shown in a classroom setting. In the foreground, a young boy with dark hair is eating a sandwich. Next to him, a girl with curly hair and red glasses is smiling. To her right, another boy is holding a piece of food. The background shows other children and a teacher, all in a bright, sunny environment.

School Meals in New Hampshire

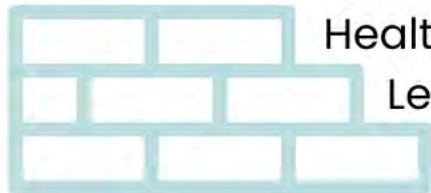
NH Hunger Solutions supports schools and communities to increase participation in school meals.



Nutrition is Fundamental to Child Health

For
Children

Food is the Foundation for



Health

Learning

Future Success

For
Children

Living in Food-Insecurity



the

Foundation

is Unstable

Hunger Hurts Learning

Children with food insecurity are more likely to:

- Experience overall poor health
- Have higher rates of communicable disease, obesity, asthma
- Need more health care services and emergency room care

Food insecurity disrupts student:

- concentration
- memory
- mood
- motor skills

Access to School Meals, Especially School Breakfast, Makes a Difference

Children who eat school breakfast have:

- Improved attention and cognition
- Stronger academic performance
- More engagement in the classroom
- Fewer behavioral issues
- Reduced rates of obesity and chronic disease later in life
- Higher test scores
- Higher graduation rates

Building a solid future for New Hampshire



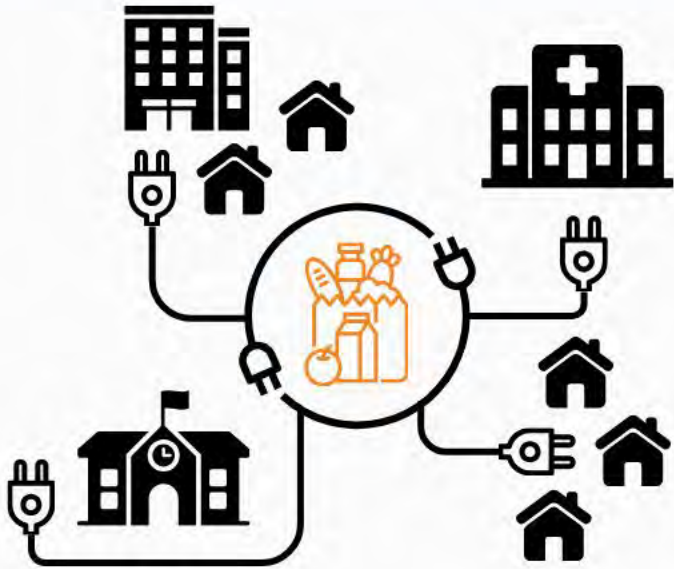
Many families above the eligibility level for free or reduced school meals are having trouble making ends meet

As a result, children are hungry at school and schools are experiencing high levels of school meals debt



Current Eligibility for Free meals 130%FPL	Current Eligibility for Reduced meals 185%FPL	Living Wage (MIT Living Wage Calculator)
\$34,645 Family of 3	\$49,302 Family of 3	\$97,876 Family of 3

FEED NH KIDS



To foster the health and well being of New Hampshire Children, we need to connect more communities to the grid. It is possible to ensure that no children go hungry and are plugged into federal nutrition programs in the granite state.



Medicaid Direct Certification (MDC)

HB 583

An Innovative Solution To Childhood Hunger in New Hampshire

Automatically enrolls children in Free/Reduced-Price Meals (F/RM) who are on Medicaid and whose family's income qualifies them for school meals, without another application.

MDC is a **win** for kids, a **win** for schools, and a **win** for a healthy New Hampshire. It's an innovative solution that conserves our public resources





Medicaid Direct Certification (MDC)

Benefits to Schools:

- Reduced Administrative costs
- Fewer errors
- Less student meal debt
- USDA Community Eligibility Provision

Benefits to Children:

- Academic performance
- Fewer behavior problems
- Better attendance
- Better graduation rates

Benefits to Towns and Cities

- School Funding
- Accurate Poverty Measure

Federal Dollars Leveraged

\$11,719,566

of federal school breakfast and lunch
dollars to the state per year

\$Millions

in additional child care subsidy dollars
(Child Care and Development Fund
Discretionary Grant)

For Schools that Qualify, Community Eligibility Provision (CEP) Feeds all Children

When schools participate in CEP:

- Free and Reduced School Meal application forms are difficult to collect
- Schools risk losing funding

AND

- More children eat school breakfast
- Less children experience hunger
- Children get the fuel they need to learn

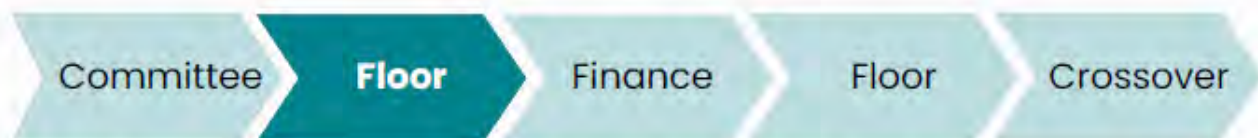
MDC makes it easy for more schools to participate in CEP





Medicaid Direct Certification (MDC)

HB 583



The bill was **voted on by the full House** Thu, Mar 6th and was **Laid on the Table (196-174)**

The **committee majority recommended Inexpedient to Legislate (10-8)**

The **minority recommended an amendment** that would make the bill budget neutral and allow applicants to choose to participate

Minority Amendment

Freezes F/R levels for two years.

Allows us to Feed Kids Today while letting legislators evaluate the impact and effectiveness of MDC over this period.

It's a **smart, conservative, data-driven** approach that will ensure the legislature can make decisions informed by real data on participation and costs, rather than projections.



Priorities in the 2025 Legislative Session:



Medicaid Direct Certification

Automatically enrolling eligible children on Medicaid for free or reduced-price school meals.



Increase Eligibility for School Meals

Ensure more low-income children can eat free meals at school by increasing eligibility.



Leave Children Out of School Meal Debt Collection

Help schools end the stigma around Free and Reduced lunch and reduce school meal debt.



Ensure All Children Have Access to Breakfast & Lunch

Require all schools to offer both breakfast and lunch, ensuring no child is left hungry at school.



Create an Online F/R School Meal Application

Create an online application for free and reduced-price meals to streamline the process for families and schools.

Stay Connected

Tiffany Brewster

Policy Development & Advocacy Director

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WWW.NHHUNGERSOLUTIONS.ORG



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SOLUTIONS
ENDING HUNGER IN NEW HAMPSHIRE



Changing the Poverty Measure in the NH School Funding Formula

SB 293

Changes how New Hampshire measures poverty to determine state education funding

Uses Medicaid enrollment of children up to 185% of federal poverty level or free and reduced meal enrollment to dictate the amount of differentiated aid for school districts

Why a new poverty measure?

Compensates schools fairly

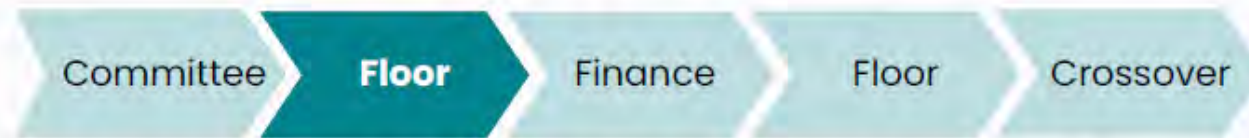
Allow schools to participate in Community Eligibility Provision (CEP) – **103 schools in NH are eligible but only 2 use it**

A more accurate measure of children in need



Changing the Poverty Measure in the NH School Funding Formula

SB 293



The bill is being voted on by the full Senate Thu, March 13th.

The **majority voted**
Inexpedient to Legislate (3-2)



Increase Access & Eligibility for School Meals

SB 205 All schools offer both lunch and breakfast

SB 204 For schools that opt in, state splits cost to:

- Increase eligibility up to 200% of the Federal Poverty Level
- Create online free and reduced meal application

Why Expand Eligibility for Free Meals?

- Student Well-Being
- Academic Outcomes
- Reduces Food Insecurity
- Family Financial Security
- Financial Strain on Schools
- Simplifies Administration
- Economic Activity



Increase Eligibility for School Meals

Costs to State of New Hampshire if Children Eat Free Breakfast and Lunch At School by Income Level	
Children in Public Schools with Family Incomes Between 130–185% FPL: 11,209	
Total estimated state cost to raise free school meals to 185% FPL at 70% participation in lunch***	\$564,934
Number of Children who could eat breakfast and lunch at school for free at this level	31,382
Children in Public Schools with Family Incomes Between 185–200% FPL: 4,017	
Total estimated state cost to raise free school meals to 200% FPL at 45% breakfast participation and 70% lunch***	\$3,238,783
Number of Children who could eat breakfast and lunch at school for free at this level	36,053
Children in Public Schools with Family Incomes Between 185–300% FPL 27,159	
Total estimated state cost to raise free school meals to 300% FPL at 45% breakfast participation and 70% lunch***	\$18,643,050
Number of Children who could eat breakfast and lunch at school for free at this level	62,962



Increase Access & Eligibility for School Meals

SB 205

All schools offer both lunch and breakfast



The bill is being voted on by the full Senate Thu, March 13th.

The **majority voted**
Inexpedient to Legislate (3-2)



Increase Access & Eligibility for School Meals

SB 204

For schools that opt in, state splits cost to:

- Increase eligibility up to 200%
- Online meal application



The bill has been placed **on the consent calendar** for the next Senate session Thu, March 13th

The **majority voted**
Ought to Pass (5-0)



Leave Children Out of School Meal Debt Collection



Causes children emotional harm and denies them access to nutritious meals

HB 703

Prohibits punishing children for their parents debt

When families are unable to pay school meal bills, children are sometimes:

- Denied food entirely
- Given “alternative” stigmatizing meals
- Made to expose their families confidential financial information or risk going without food



Leave Children Out of School Meal Debt Collection

HB 703



The bill **will be voted on by the full House** Thu, Mar 13th

The **committee majority recommended**
Inexpedient to Legislate (10-8)

The **minority recommended an amendment**
that would make the bill budget neutral



Create an Online F/R School Meal Application

HB 646

Online application streamlines process for families and schools

- Ensures privacy
- Reduces stigma
- More user friendly
- Results in fewer errors





Create an Online F/R School Meal Application

HB 646



The bill was **will be voted on by the full House** Thu, Mar 13th

The **committee majority recommended**
Inexpedient to Legislate (10-8)

The **minority recommended an amendment**
that would reduce the cost of the bill and make it
an opt-in grant program for schools



Want to Take Action?

Visit our website for the latest policy
updates and advocacy actions

WWW.NHHUNGERSOLUTIONS.ORG

Click 'Take Action' > 'Become and Advocate'

 @ENDHUNGERNH  @NHHUNGERSOLUTIONS  @HUNGERNH



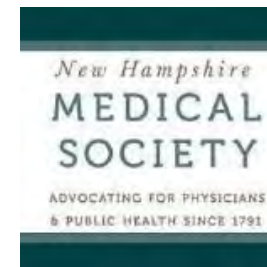
NH HUNGER
SOLUTIONS
ENDING HUNGER IN NEW HAMPSHIRE



The Political Drivers of Health ECHO

Policies to Advance the Health & Economic Prosperity
of New Hampshire Communities

Session 3, Right Care, Right Time, March 20th, 2025



RIGHT CARE, RIGHT PLACE

The Post-Acute Care Crisis

Susan A. Reeves, EdD, RN, CENP

System Chief Nurse Executive, Dartmouth Health

Board Chair, New Hampshire Hospital Association

Right Care, Right Place: The Problem

692, 508, 467

25%

250+

Right Care, Right Place: The Health Care System



Right Care, Right Place: The Inputs

- Demographic drivers (with more aging comes more need for care and intervention)
- SDoH drivers
- Access to Care Challenges, Particularly in Rural Settings
 - Diminished capacity to have needed care locally
 - Care Deserts
- Increasing Complexity of Care
 - Multiple Comorbid Conditions
 - Technology
 - Co-occurring psychiatric disorders/aggression
 - Substance Use Disorder
 - Specialty Drugs
 - Ongoing need for higher level episodic care (e.g. infusion, dialysis, chemotherapy, radiation therapy) requiring transport to and from hospital facilities

Right Care, Right Place: The Inputs (cont.)

- Financing barriers
- Quadrademic of 2024-2025
- Workforce Shortages: Medical Social Workers, Care Managers

Right Care, Right Place: The Outputs

- Lack of skilled nursing bed capacity
 - NH moratorium on building additional skilled nursing home beds
 - The post-pandemic landscape
 - Lack of transparency into this care sector
- Approval Processes for Assured Payment (Medicaid) are Backlogged
- Inadequate # of Individuals Trained and Available as Guardians
- Home Care Constraints

Right Care, Right Place: The Impacts

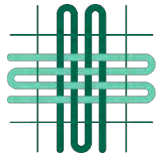
- Without “outflow” from the acute care environment, the “input mechanisms” begin to back up.
 - Emergency Room Overcrowding
 - Delays in Elective and some Urgent Surgical Scheduling
 - Recovery Room ‘Holds’
 - Inability to Accept Inpatient Transfers, Critically Ill, Trauma
 - Necessary Care Leaving NH Creating Significant Hardship for Patients & Families
 - Long hospital stays with potential for iatrogenic issues

Right Care, Right Place: Time to Act!

- A big problem that is complex in nature
- Complexity Science would suggest “a few simple rules”
- “Start Where You Are, Use What You Have, Do What You Can” A. Ashe
 - If we can’t measure the problem, we can’t improve it (NH SB288)
 - Presumptive Eligibility (NH SB131)
 - Guardianship Process and Availability Enhancement (NH SB127)

Right Care, Right Place: Achieving Flow is the Right Thing to Do





Dartmouth
Health

Upstream –

Right Care, Right Time Coalition



newfutures >>>

SOLVING PROBLEMS THROUGH POLICY CHANGE



NEW HAMPSHIRE
HEALTH CARE ASSOCIATION

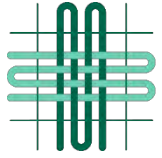


Association of Counties



HOME CARE, HOSPICE
& PALLIATIVE CARE ALLIANCE
OF NEW HAMPSHIRE



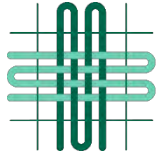


Right Care, Right Time

[SB 127 – relative to the office of the public guardian and making appropriations to DHHS](#)

[SB 131 – relative to long-term care eligibility and making an appropriation thereof](#)

[SB 288 – establishing an advisory council on long-term care within the DHHS](#)



Dartmouth
Health

The Role of Public Guardians in More Timely Discharge

Lisabritt Solsky Stevens, JD
CEO Office of Public Guardian

What is Guardianship and Who is OPG?

- Guardianship is a legal construct
- As determined by Probate Courts, Guardians may be appointed to support incapacitated adults
 - Incapacity presents as inability to care for oneself, home, family, finances and/or pets creating unsafe or dangerous situations for the individual or others.
 - Incapacity frequently arises from severe and persistent mental illness, developmental or intellectual disability, traumatic brain injury, and/or dementia.
 - Most guardians are family or friends. Those who have no family/friends who can or should act in the capacity, can have a Professional Guardian Appointed.

OPG employs private professional guardians, certified by the National Guardianship Association.

Guardian Scope

- Consent to Medical treatment (help facilitate placement in appropriate setting)
- Determine where an individual will live – is home a safe option?
- Manage public benefits and finances
- Authorize contracts
- Authorize legal actions
- Authorize marriage or divorce

Incapacitated People Get Stuck in the Hospital

- They were incapacitated in the community, but no one knew OR whatever landed them inpatient resulted in incapacity
- When incapacitated, the individual cannot meaningfully participate in discharge planning
- Patients' needs for a decision maker has been the 3rd most prevalent barrier to discharge according to the NH Foundation for Healthy Communities
 - The last point in time data, which did not include all NH hospitals reporting, had 17 such individuals "waiting" and contributed more than 55 unnecessary bed days
- These individuals do not have access to publicly funded guardianship services and (appear to) lack funds to pay for the service

SB 127 (2025)

- Stakeholders including the DHMC, NHHA, OPG, NHHCA, Catholic Charities and others = "Right Care, Right Time" Coalition
- Advocating for multiple bills that address barriers to discharge
- SB 127 creates guardianship capacity and funding for adults who no longer meet inpatient criteria and are unable to participate in discharge planning due to incapacity, to access professional public guardians at OPG
- Estimated cost savings of \$5M in uncompensated care annually, a 100% ROI
- DHHS is supportive of this initiative
- It has passed Senate HHS 5-0 and was referred to Senate Finance for action last week
- Coalition hopeful the bill and appropriation will be incorporated into the FY 26-27 state budget

Questions?

Thank you!



The Political Drivers of Health ECHO

Policies to Advance the Health & Economic Prosperity
of New Hampshire Communities

Session 4, Safe and Affordable Housing, April 3rd, 2025



new**futures**>>>



Insecure Housing/ Homelessness

Life impacts

- Reduced activity, mobility, self-efficacy
- Social disruption
- Limited or unemployment
- Financial burdens or bankruptcy due to health costs



Challenges to health

- Chronic toxic stress, hypervigilance
- Limited hygiene resources
- Risk of violence & injury
- Medication access, storage, admin
- Wound & acute care management
- Chronic illness management
- Less access to health care

Poor Health

- Mental health challenges
- Wounds, injuries, infections
- Increased ER visits
- Developmental challenges in kids
- Pre-term birth
- Cardiovascular conditions
- Shorter life expectancy

Health impacts of housing insecurity, SF Dept of Health, 2019 <https://medasf.org/redesign2/wp-content/uploads/2019/04/SFDPH-HousingInsecurityReport.pdf>; <https://nhchc.org/wp-content/uploads/2019/08/Housing-is-Health-Care.pdf>; Sims M et al, AHA Council on Epidemiology and Prevention and Council on Quality of Care and Outcomes Research. Importance of Housing and Cardiovascular Health and Well-Being: A Scientific Statement From the American Heart Association. Circ Cardiovasc Qual Outcomes 2020; Amato S, Nobay F, Amato DP, Abar B, Adler D. Sick and unsheltered: Homelessness as a major risk factor for emergency care utilization. Am J Emerg Med. 2019 Mar;37(3):415-420 2020 Stookey J, CHPH birth statistic master file

Insecure Housing or Homelessness

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- Chronic toxic stress, hypervigilance
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Poorer Health

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- Developmental challenges in kids
- Pre-term birth
- Cardiovascular conditions
- Wounds, injuries, infections
- Increased ER visits
- Shorter life expectancy

Housing Impacts on Health

Direct Impacts

Toxins

Distance from Service Hubs

Structural Hazards

\$\$ competition for Basic Needs

Modifiers

Income/Affordability

Match/Fit

Geology/Geography

Self-Reinforcing Systems

Wealth creates wealth

Formal and Informal exclusion

Access to Capital

'Invisible Hand'



Groundwater contaminants

PFAS (Per- and Polyfluoroalkyl Substances)



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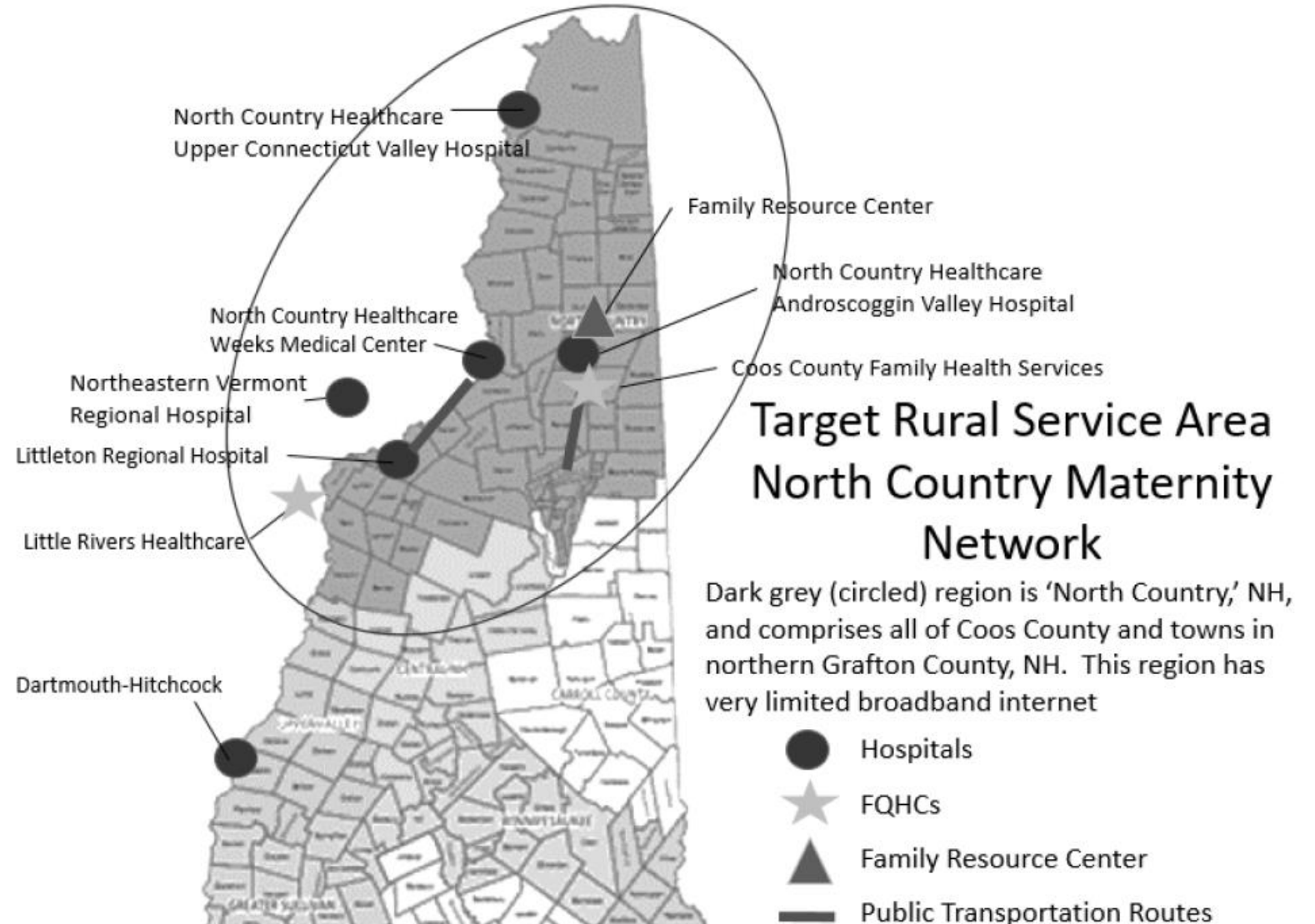
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Barriers to Construction

Limited Housing Stock

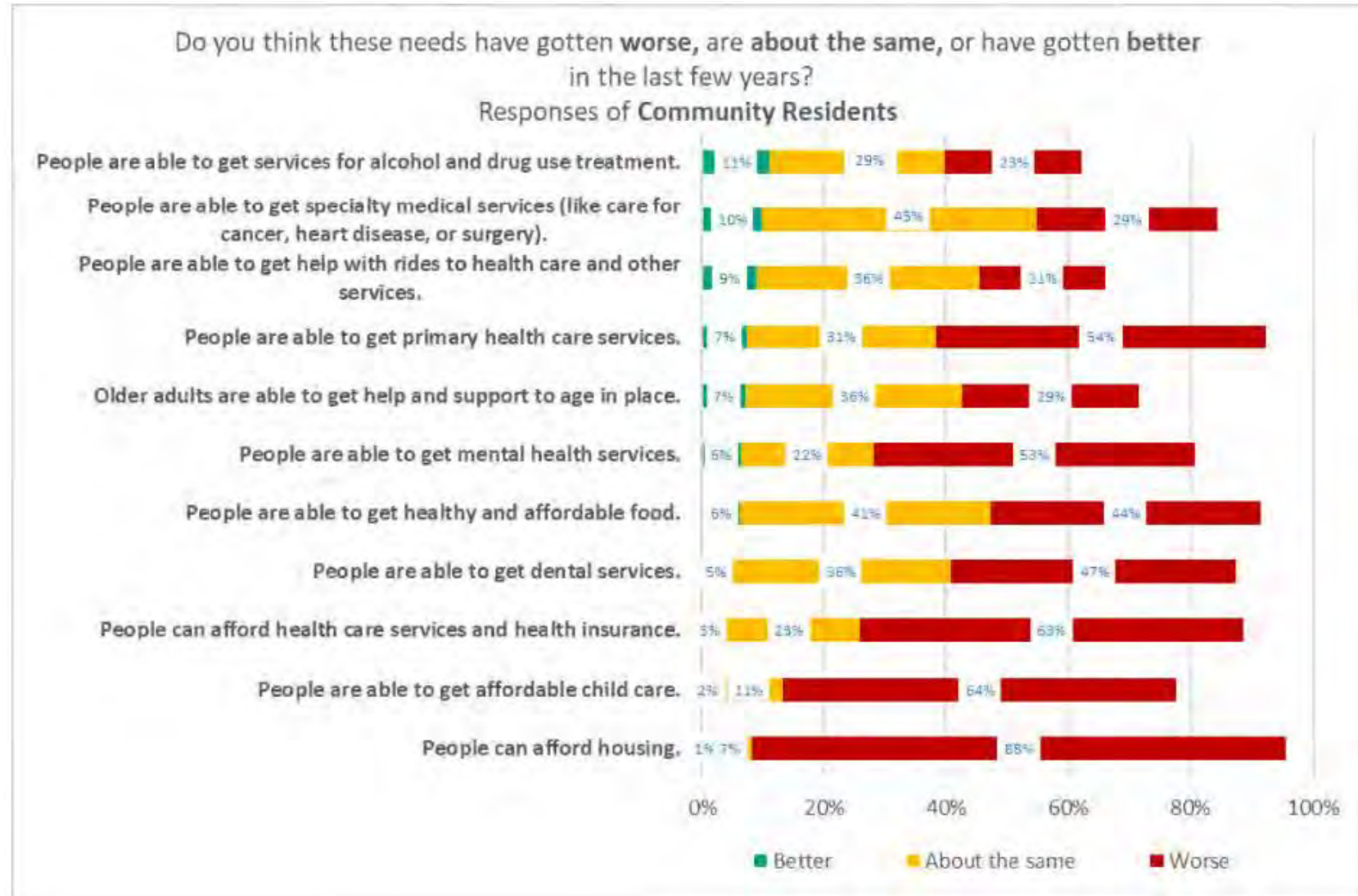
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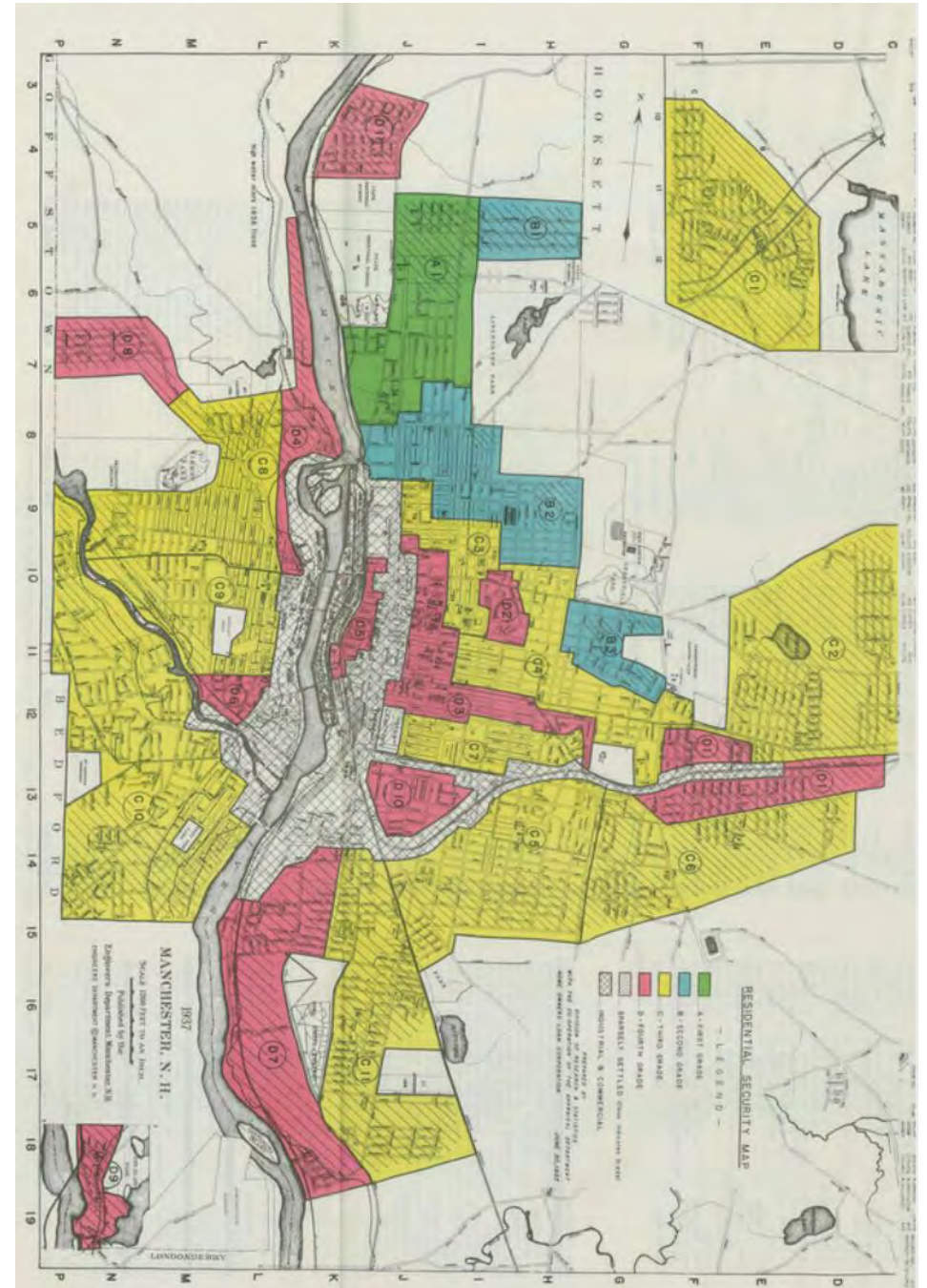
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Policy Issues Impacting Housing & Health

Direct Impacts

Mitigation and Abatement Funding
Public Transportation Systems
Home Health Services and Supports
Public Assistance/Benefits Programs

Modifiers

Rental Subsidies / Lending Incentives
Developer Incentives, Tax Credits
Zoning Policies

Self-Reinforcing Systems

Incentives for Saving/investing
Anti-Discrimination Policies/Enforcement/Restorative
Lending Practices/Incentives
Tax Structure, Estate Taxes



Housing Impacts on Health

Direct Impacts

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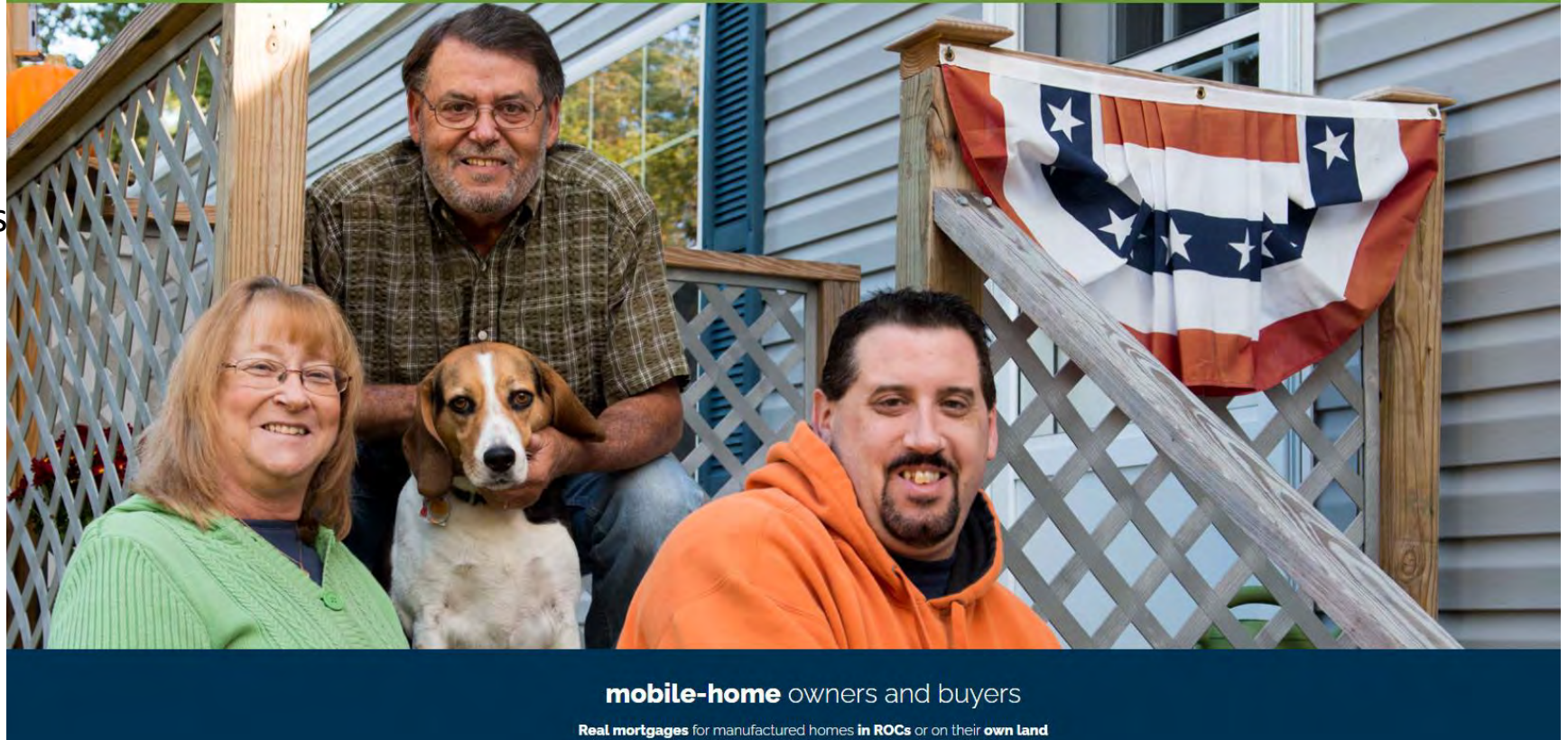
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Dartmouth Health Investment of \$5M Board-Designated Funds/Reserves in NH Community Loan Fund Resident-Owned Cooperatives to Preserve Affordable Housing and Support Rentership-to-Ownership



Upper Valley Housing Fund

Dartmouth Health and **Mascoma Bank** pledged initial investments in an affordable Housing Fund managed by **Evernorth**.

- Investors receive a 1.5% fixed rate return over 15 years
- Developers expect to leverage an additional \$67M
- Low cost of capital enables development of affordable units.
- Anticipated 260 new units over 2-3 years. 94% of units affordable to people earning \$13-\$25/hour with rents ranging \$1200-\$1600/month.
- Dartmouth Health invested \$3M.
- Our ‘first in’ pledge provided a ‘leveraging signal.’

Success! \$8.95M fund created!

Projects now ‘in queue.’

Fund II being discussed.



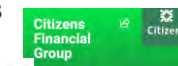
2017 HAN, Maggie Super Church, Conservation Law Foundation!!!



2019 Consult and Regional Convening



2021-22 Early Commitment and Prospectus



2022 Additional Investors and Project Queue



Fund II?



NEW HAMPSHIRE
HOUSING

ECHO Series - Political Drivers of Health: Housing Needs in the Granite State

Rob Dapice, CEO

New Hampshire Housing

March 2025



NEW HAMPSHIRE
HOUSING

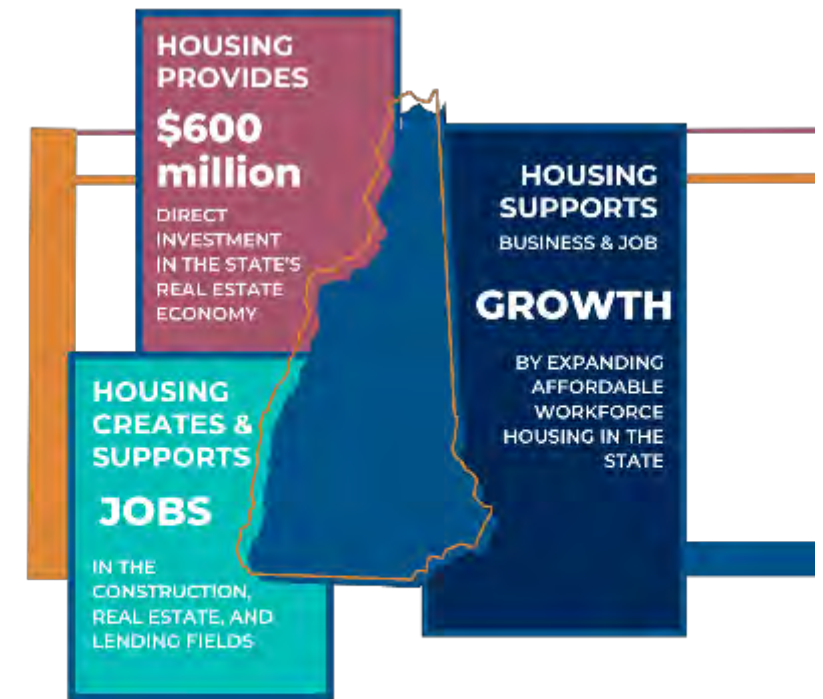
We promote, finance, and support housing solutions for the people of NH.

- Financed 1,646 units of multifamily rental housing in FY24
- Monitored operations of thousands of rental housing units financed by NH Housing
- Administered federally funded rental assistance for 9,000 households statewide
- Helped 1081 families purchase a home in FY24

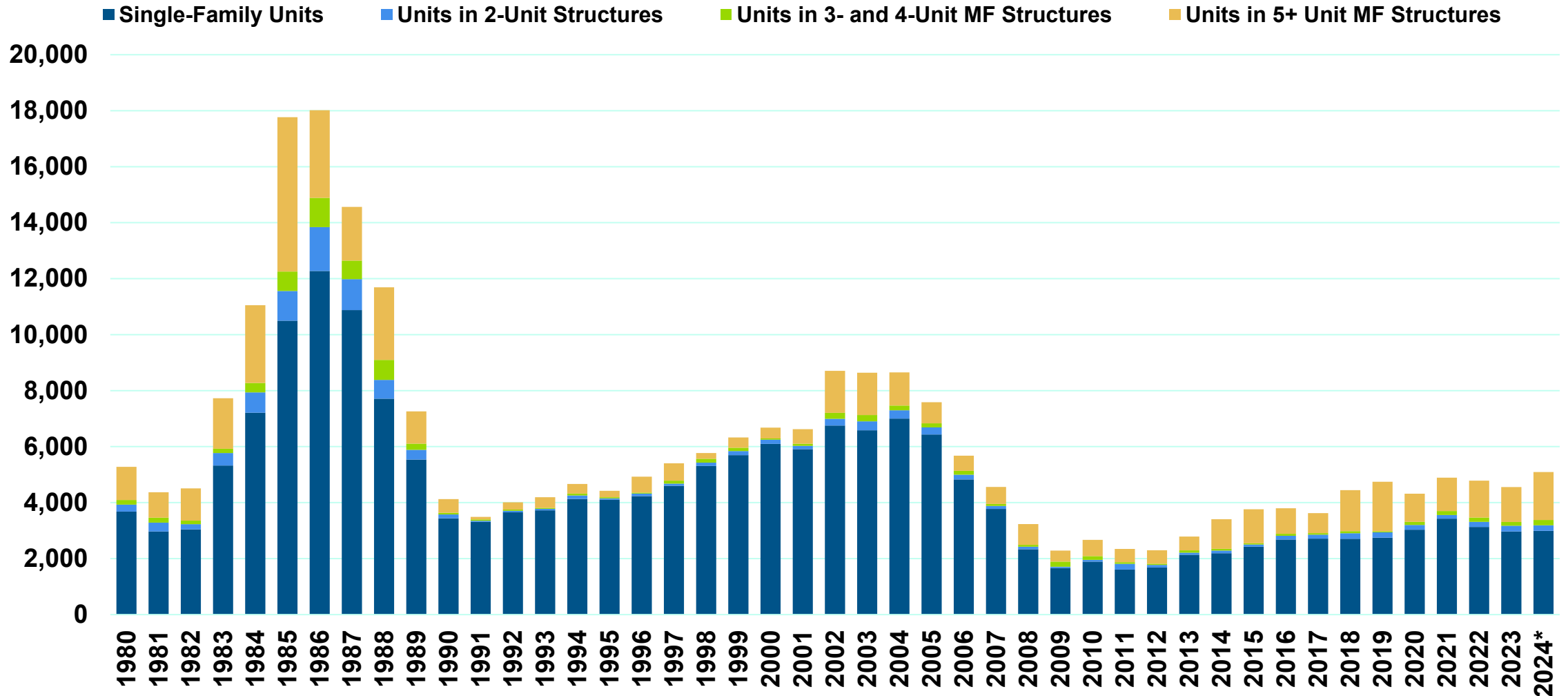
Why We Are Here Today

New Hampshire's in Need of Affordable Housing

- In 2024, the avg price of a single-family home topped **\$500,000**
- Rents continue to increase
 - **Statewide Gross Median rent is \$1,833 for a 2-bedroom unit**
 - **Only 13% are affordable to the median renter household.**
- Demand for action is strong:
 - **36%** of UNH Granite State Poll respondents identified housing costs as the state's biggest issue
 - **75%** of voters agree that more housing is needed in their communities (St. Anselm Survey)
- Based on estimated population growth:
 - Almost **60,000 new units** between **2020 and 2030**
 - Nearly **90,000 new units** between **2020 and 2040**
 - To meet production needs, **we need to increase permits by 36% over recent levels**

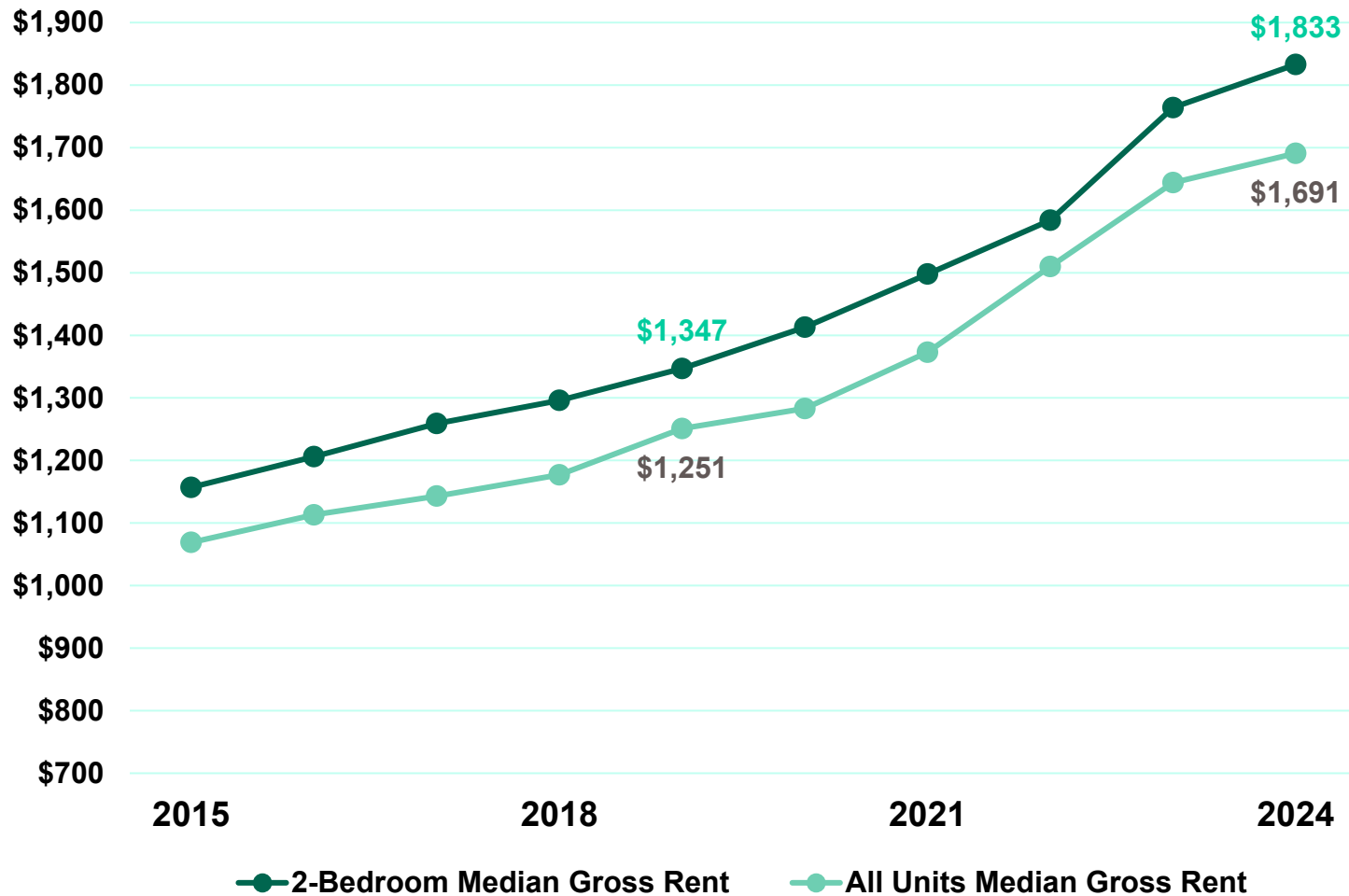


NH BUILDING PERMITS ISSUED 1980 - 2024



Source: U.S. Census Bureau, Construction Statistics Division
Notes: *2024 Preliminary Annual Permits by State Data

MEDIAN GROSS RENTAL COST



+36%

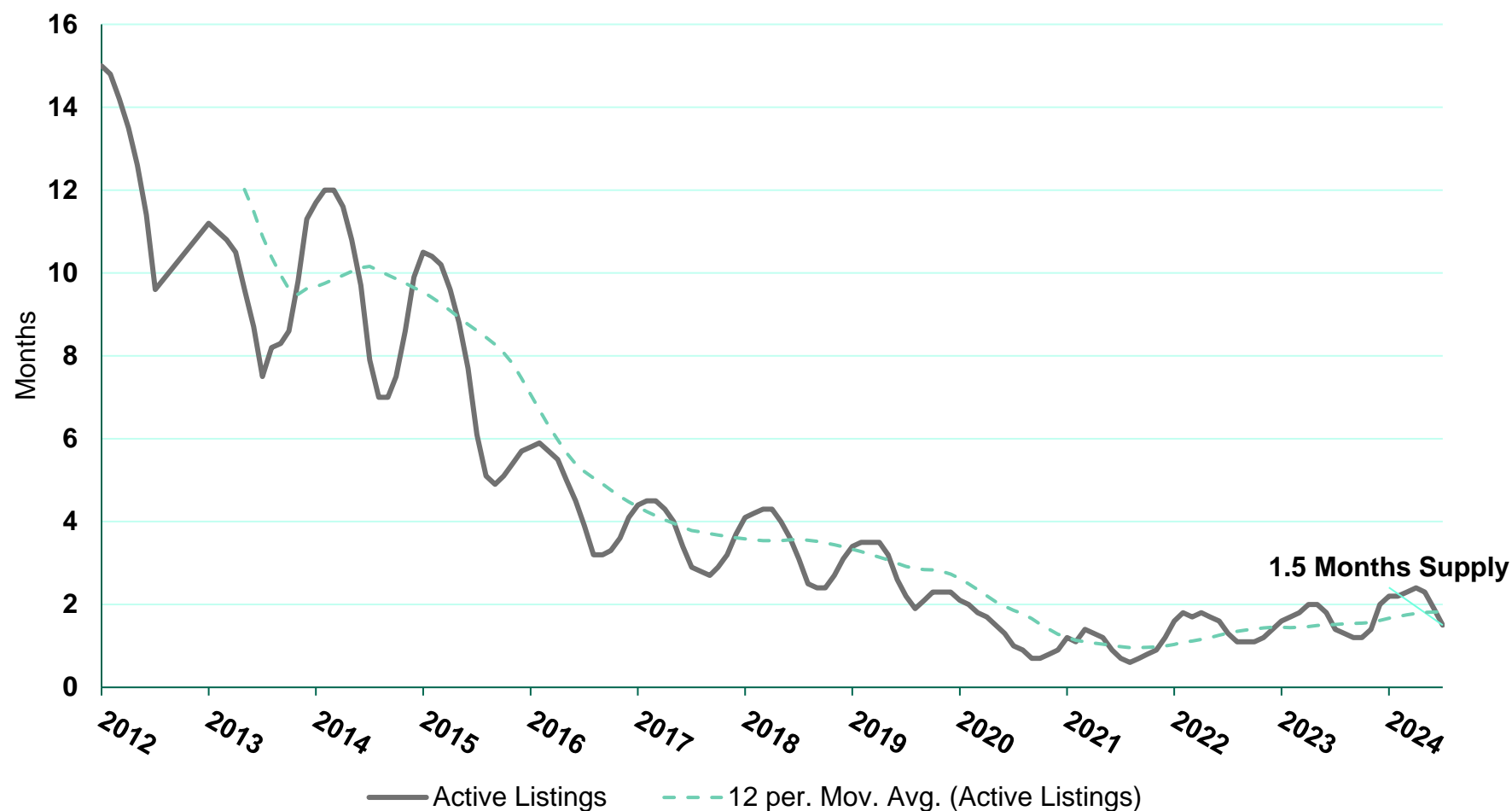
The statewide median gross rent (including utilities) for a 2-bedroom unit has increased 36% in the past five years.

+35%

Source: 2024 New Hampshire Housing Annual Residential Rental Cost Survey

SINGLE-FAMILY HOUSING INVENTORY

Months to absorb active listings at prior 12 months' sales pace

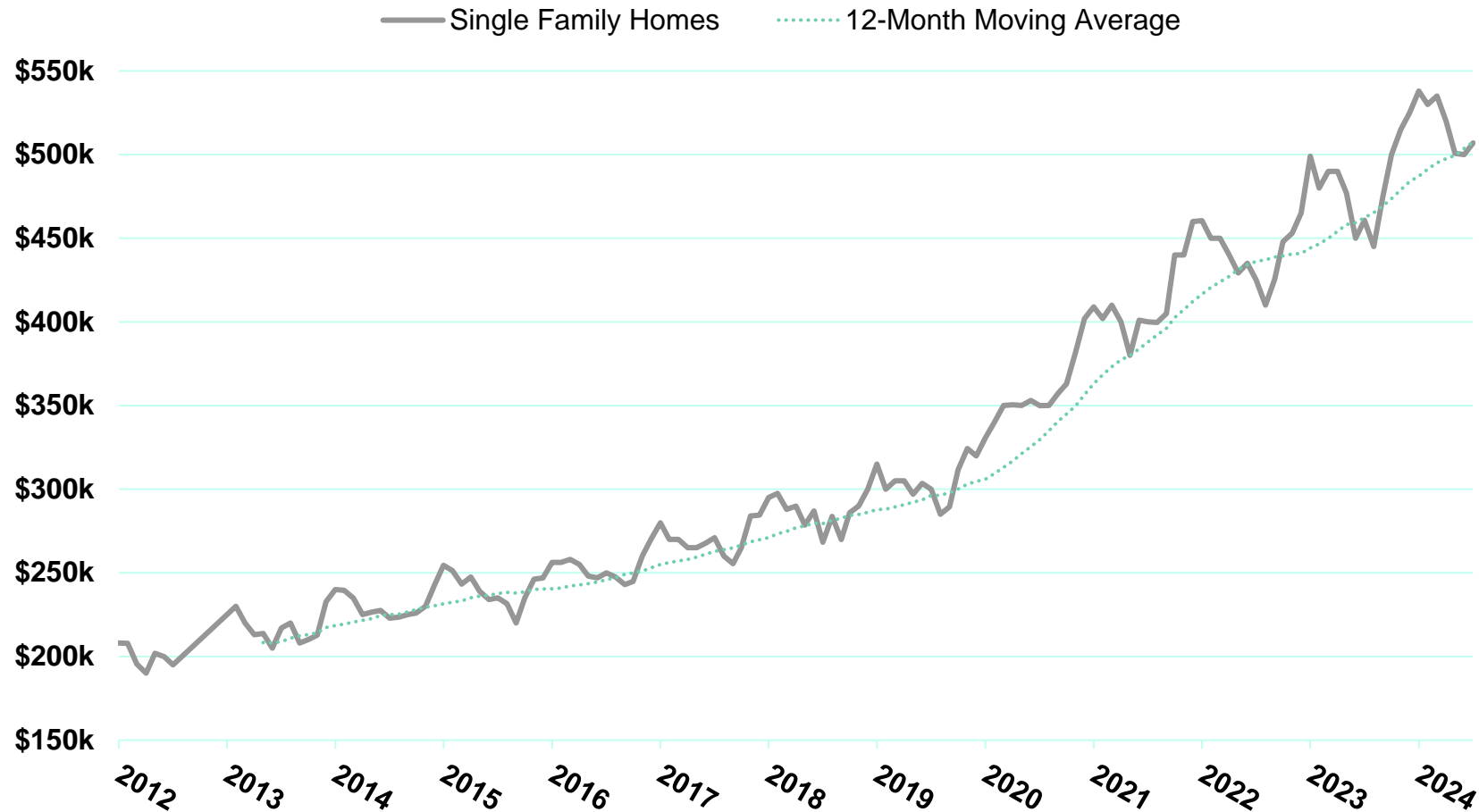


Inventory shortage
has the greatest
impact at the lower
end of the market

Less than 6 months
of inventory is a
seller's market.

SINGLE-FAMILY MEDIAN SALES PRICE

Median Sales Price for Single Family Homes in NH from Years 2012 to 2024



Dec 2020 **\$350K**

Dec 2024 **\$507K**

45%

Source: New Hampshire Association of Realtors NH Monthly Indicators

7-Year Costs and Interests Increase

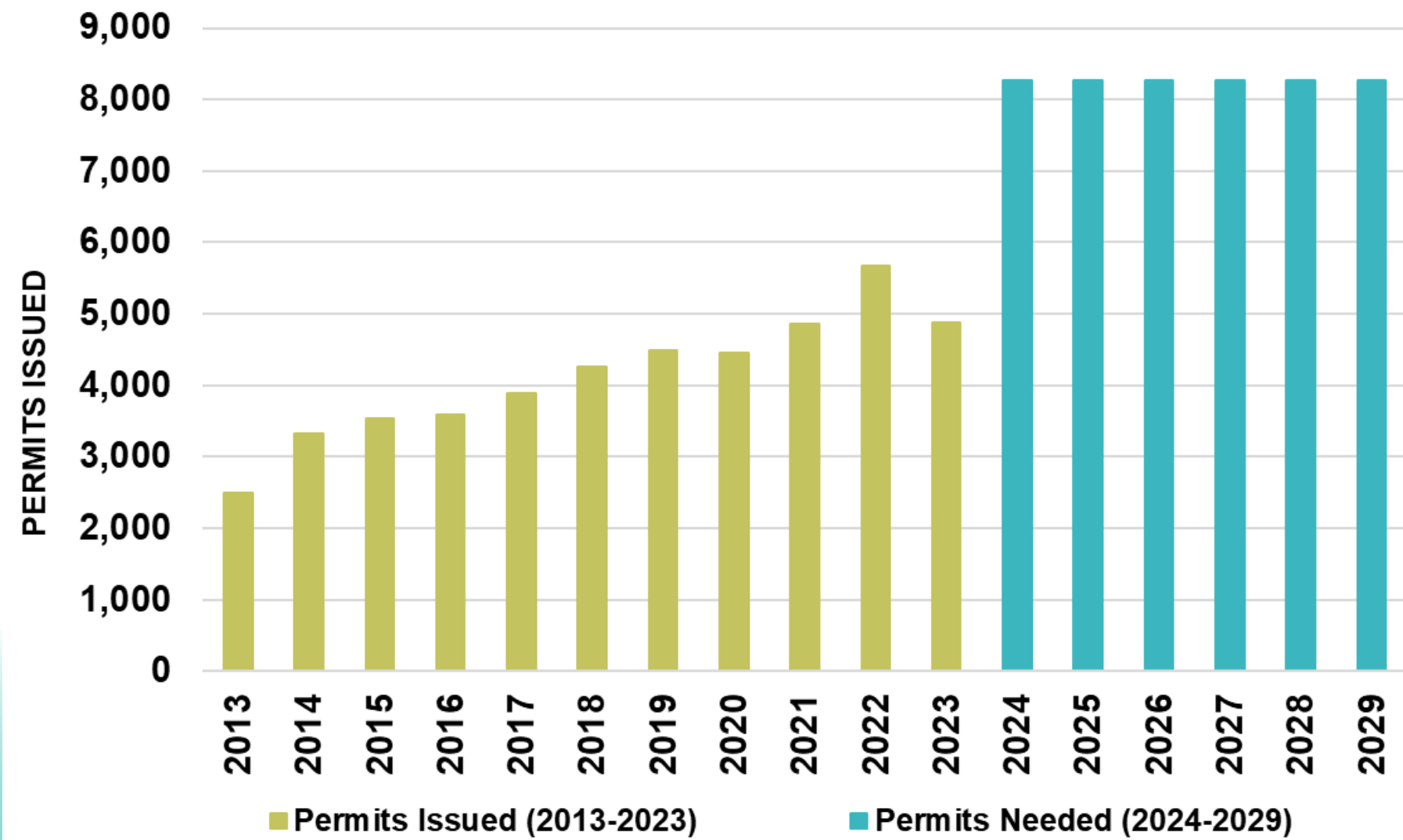
Year-to-year increase in median home prices and interest rate changes in NH



Interest rate and payments calculated based on the median price in January of each year, with 5% down payment, 30-year mortgage. Per-month cost reflects principal and interest only, excludes estimated insurance and taxes.

Sources: New Hampshire Realtors NH Monthly Indicators, <https://www.freddiemac.com/pmms>

HOW DO WE CLOSE A 60,000 UNIT GAP?





NH HOUSING PROGRAMS

OUR HOMEOWNERSHIP PROGRAMS

- **Unique Mortgage Programs**

- Downpayment Assistance up to \$15K
- 1stGenHomeNH (\$10K downpayment)

- **Homebuyer Education**

Grants to HOMEdteam, AHEAD,
The Housing Partnership

- **Special Grants**

Granite State Independent Living,
Habitat for Humanity

- **NH Homeowner Assistance Fund Program**

FY24 HOMEOWNERSHIP PROGRAMS			
SINGLE-FAMILY MORTGAGE PROGRAM			
\$329M	1,081	998	
Total Mortgage Loans	Mortgage Loans	Loans to First-Time Homebuyers	
NH HOUSING BORROWER PROFILE			
\$93,000	\$304,000	2.25	36
Average Income	Average Loan Size	Household Members	Average Age
DOWNPAYMENT ASSISTANCE (DPA)			
\$4.6M	461	\$10,026	
Total DPA in FY24	Loans with DPA	Average DPA per Homeowner	

ASSISTED HOUSING DIVISION

Housing Choice Vouchers

(Section 8 vouchers)

- Direct assistance to low-income households



Other Assistance Programs

- Family Self-Sufficiency financial & employment coaching
- Voucher Assisted Mortgage Option
- Veterans Affairs Supportive Housing Vouchers
- Moving to Work Agency (HUD program)
- Family Unification Program
- Foster Youth to Independence Program

FY24 HOUSING CHOICE VOUCHER ASSISTANCE

\$19,260

Average Income of Participant

\$49 MILLION

Provided in Rental Assistance

4,338

Vouchers Allocated to NH Housing and Issued to Households

11,800

Average Number of Household Applications on our Waiting List

113

Average Months on the Program

25

Average Attrition Rate Vouchers Per Month

MULTIFAMILY HOUSING DIVISION

We finance construction, acquisition and preservation of affordable rental housing for families, individuals of all ages, and people who need supportive housing services (substance use disorders, veterans, transitional)

**1,646 Multifamily
Housing Units in FY24**



General
Occupancy
Units

1,456

Age-
Restricted
Units

154

Supportive
Housing
Units

36



STATE LEGISLATIVE ACTIVITY UPDATE

Strong Momentum for meaningful change

- Statewide Housing Supply Coalition is supporting legislation in three categories/ "pillars"
 - Founded by BIA, NH Realtors, NH Homebuilders, & Housing Action NH
 - Coalition includes **25** organizations including local chambers & trade groups
- Legislation to watch:

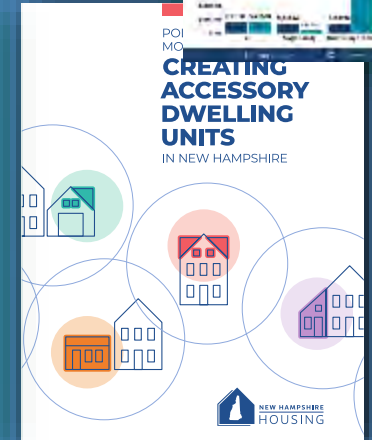
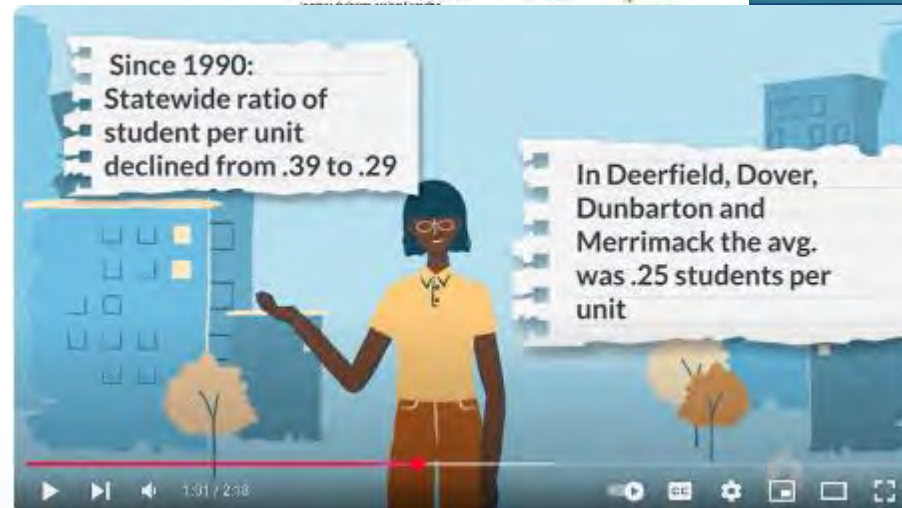


- Senate Bill 84: Restrains minimum lot size requirements for half of each town's residential areas
- House Bill 577: Towns/Cities must allow one ADU, attached **or** detached
- Senate Bill 188: Empowers builders to hire third-party inspectors
- Senate Bill 81: Funds the Affordable Housing Trust Fund
- HB1 & HB2, the state budget!



ENGAGEMENT • POLICY • COMMUNICATIONS

- Fact Sheets & Policy Videos
- Housing Planning Reports (state & federal)
- Conferences focused on housing issues and policies
- InvestNH Municipal Planning & Zoning Grants





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The Political Drivers of Health ECHO

Policies to Advance the Health & Economic Prosperity
of New Hampshire Communities

Session 5, Vaccine Infrastructure and Access, April 17th, 2025



new**futures**>>>



  Effective Vaccine

Advocacy: Protecting
your Community's

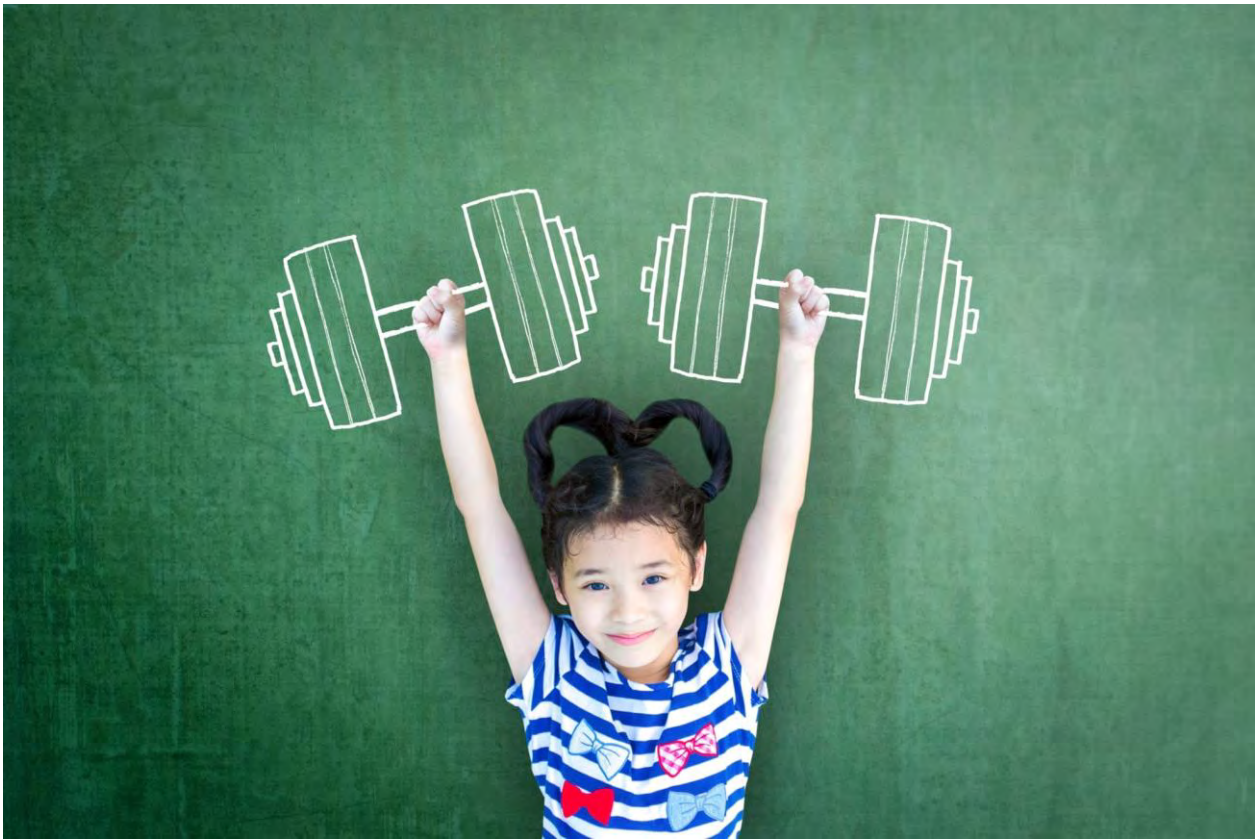
Health:

Erik Shessler, MD

Chair for Dartmouth Health Children's Primary Care Pediatrics

“Vaccines 101”

Role of Vaccinations



What's a Vaccine? Why do we vaccinate?

- A training exercise for the immune system
 - **Vaccines Prepare Our Immune system WITHOUT the disease**
-
- Bacteria: diptheria, tentanus, whooping cough, some causes of meningitis, typhoid, tuberculosis, bubonic plague, anthrax and cholera
 - Viruses: influenza, measles, mumps, rubella, chicken pox, yellow fever, rotavirus, smallpox (now eradicated), and Covid-19

Immune System Learning Options



The disease from natural immunity is the COST to obtain immunity compared to the very small cost for vaccination



WEAKEN THE VIRUS



Viruses are weakened so they reproduce poorly inside the body.

INACTIVATE THE VIRUS



Viruses are completely inactivated (killed) with a chemical.

TYPES OF VACCINES

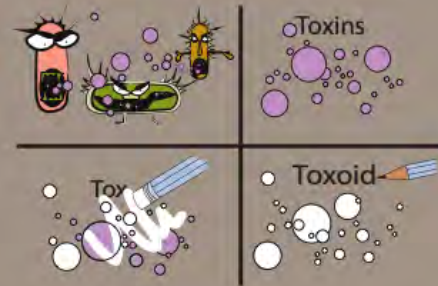
USE PART OF THE PATHOGEN

USE PART OF THE PATHOGEN



Part of the virus or bacteria is used as the vaccine.

INACTIVATE THE TOXIN



A harmful protein made by the bacteria (toxin) is inactivated (killed) with a chemical. The inactivated toxin is called a toxoid.

USE PART OF THE GENETIC CODE

VECTOR VIRUS



The gene from the pathogen is put into a virus that can't reproduce itself but can still enter cells and deliver the gene.

mRNA



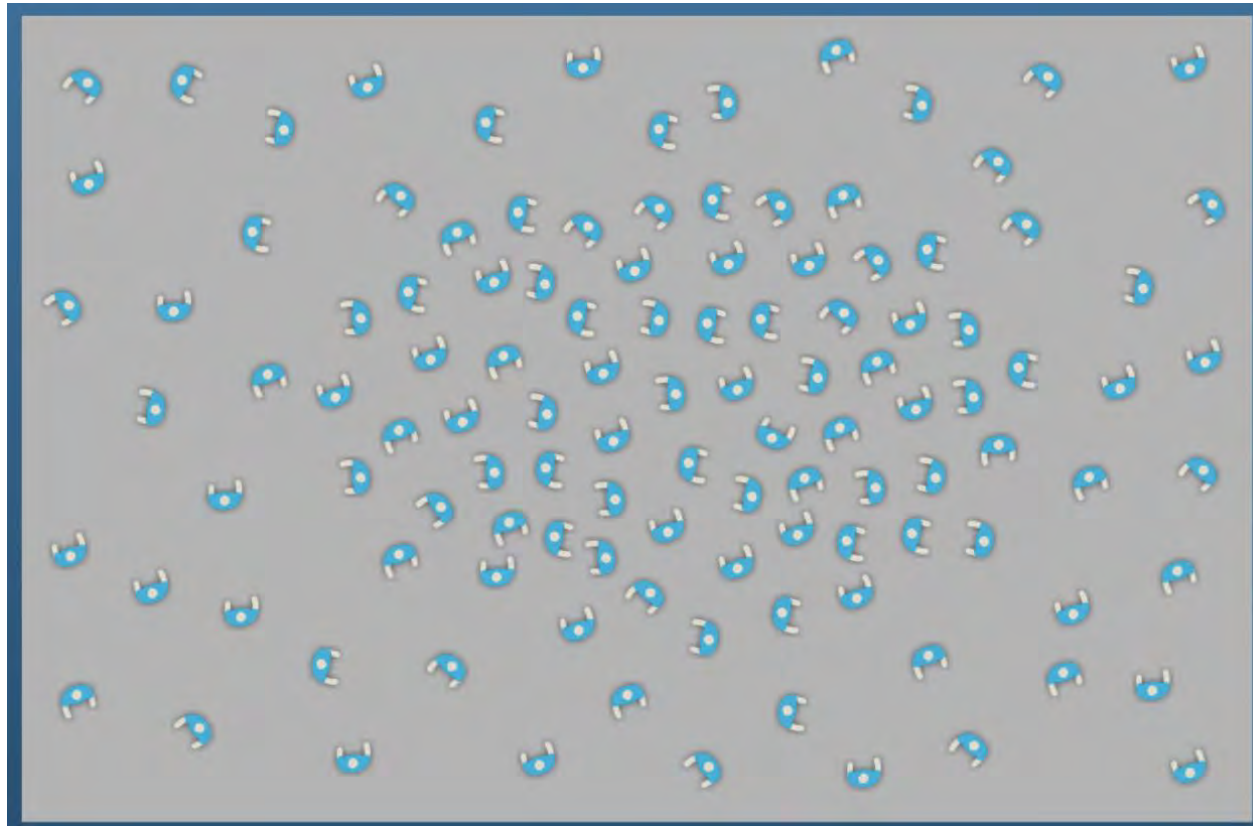
mRNA that is the blueprint for a protein from the pathogen is used as the vaccine.

DNA



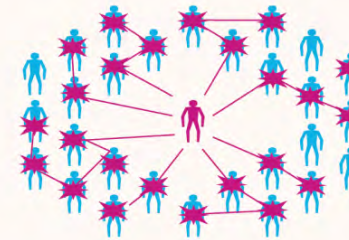
DNA, the genetic code from which mRNA is made, is used as the vaccine.

The Role of Vaccines in Public Health: INDIVIDUAL, FAMILY and COMMUNITY benefits

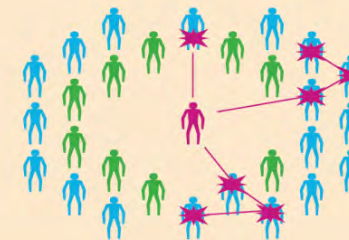


UNVACCINATED VACCINATED SICK

HOW HERD IMMUNITY WORKS



When no one has immunity, contagion has many opportunities to spread quickly.



The more immunity we have in the system, the less often contagion comes into contact with the susceptible.



Spread of contagious disease is contained.

The Role of Vaccines in Public Health: INDIVIDUAL and FAMILY benefits

Prior to vaccines, childhood and parenthood was marked by quarantines and illnesses:

Quarantine for measles after exposure: 21 days
(contagious for 4 days before and after the rash...
incubation ~8-12 days)

Quarantine for chicken pox: Infectious before rash,
home until all spots have scabbed over – 7-10
days

Quarantine/isolation for Covid-19: 10 days

Missed school, Missed work (and often Misery)

DID YOU KNOW?

Parents Miss Work When Children are Ill

When children are sick with vaccine-preventable diseases, parents have to stay at home for extended periods of time.^v

INCUBATION PERIODS BY DISEASE

Chickenpox 10-21 days	Measles 8-12 days	Rubella 14-21 days
Diphtheria 2-5 days	Influenza 1-6 days	Whooping Cough 7-10 days
Hepatitis A 14-50 days	Mumps 12-25 days	Meningitis (bacterial) 2-10 days

Vaccines are COST SAVING for INDIVIDUALS, FAMILIES and COMMUNITIES

Vaccines for Children

Protecting America's children every day

The Vaccines for Children (VFC) program helps ensure that all children have a better chance of getting their recommended vaccines. VFC has helped prevent disease and save lives.

CDC estimates that vaccination of children born between 1994 and 2018 will:

prevent **419 million** illnesses
(26.8 million hospitalizations)

more than the current
population of the entire U.S.A.

help avoid
936,000 deaths

greater than the
population of Seattle, WA

save nearly **\$1.9 trillion** in total
societal costs
(that includes \$406 billion in direct costs)

more than \$5,000 for each American

Updated 2018 analysis using methods from "Benefits from Immunization during the Vaccines for Children Program Era—United States, 1994-2017"

www.cdc.gov/features/vfcprogram

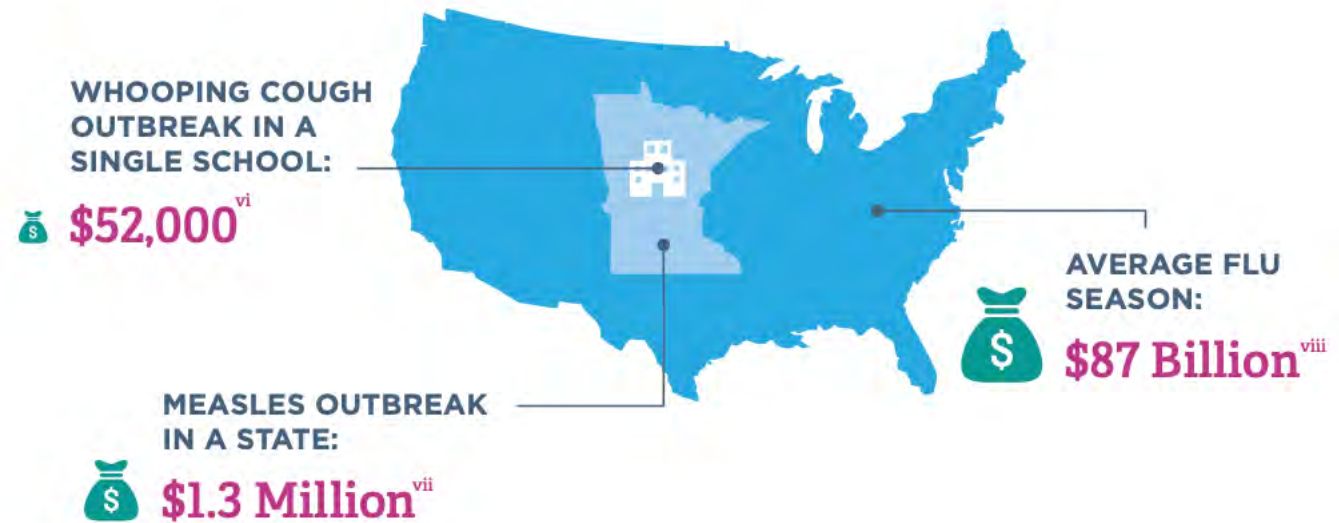


U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

NCIRD/712 | 03/28/19

The Economic Burden of Vaccine-Preventable Diseases

While vaccines save money, treating vaccine-preventable diseases can be expensive for local, state and national authorities:



The Role of Vaccines in Public Health: INDIVIDUAL benefits

Reduces serious disease and death

Prevents long-term sequelae

Polio example:

Acute polio: asymptomatic to mild flu-like illness “non-paralytic polio”

Paralytic polio: Progressed to loss of reflexes and temporary or permanent paralysis and death

Post-polio syndrome – 15 to 40 years later – progressive muscle weakness leading to disability that affects up to 40% of polio survivors

Polio cases and deaths in the US since 1943

The rapid distribution of a new and effective polio vaccine starting in 1955 led to the disease's elimination from the United States in 1979.

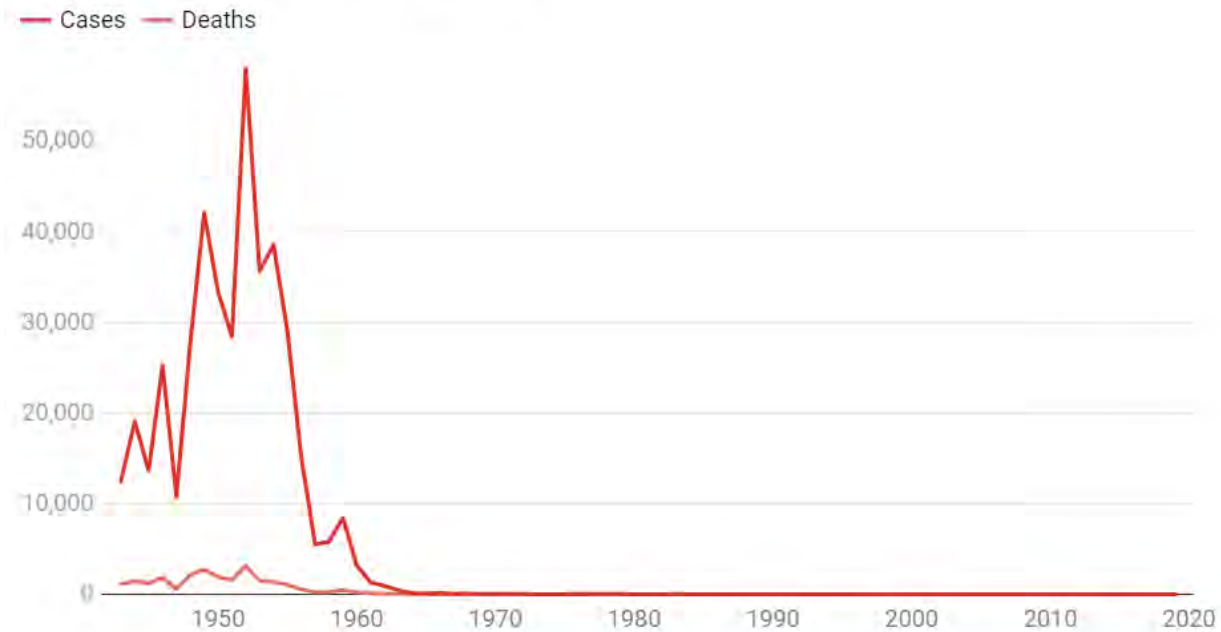
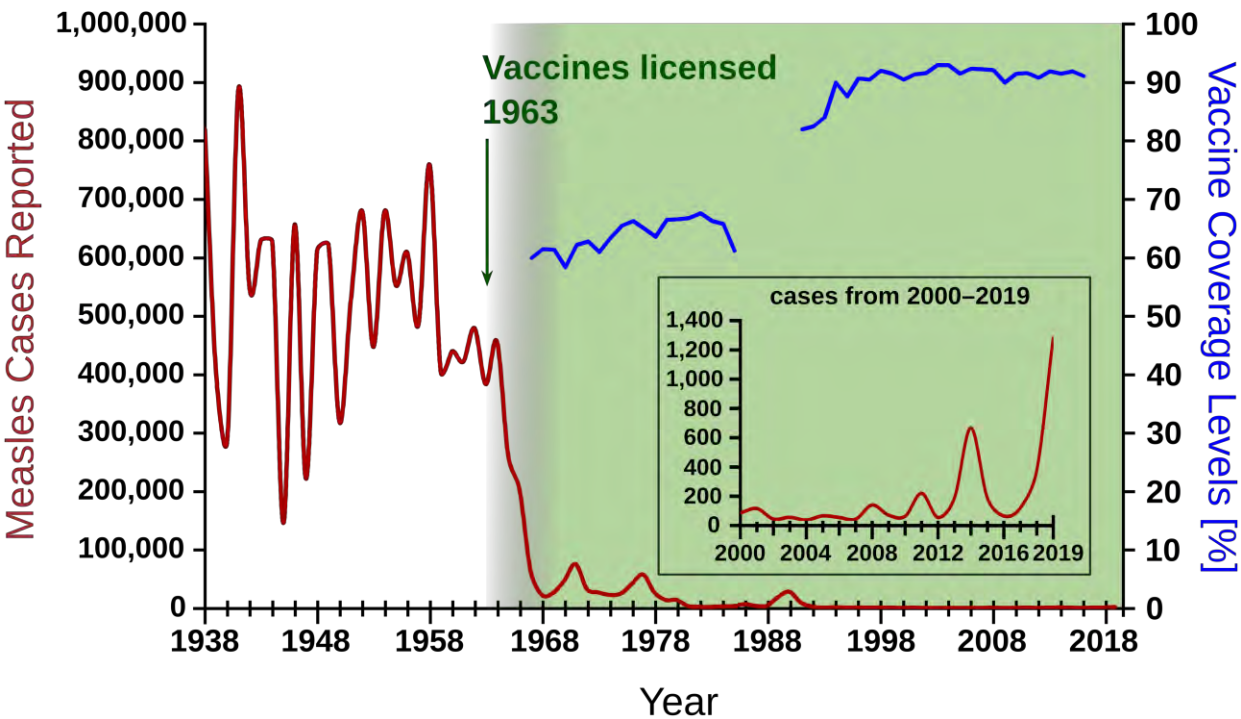


Chart: The Conversation, CC-BY-ND *

Source: [Our World in Data](#), derived from US Public Health Service and the Centers for Disease Control and Prevention *
[Getthedata](#)

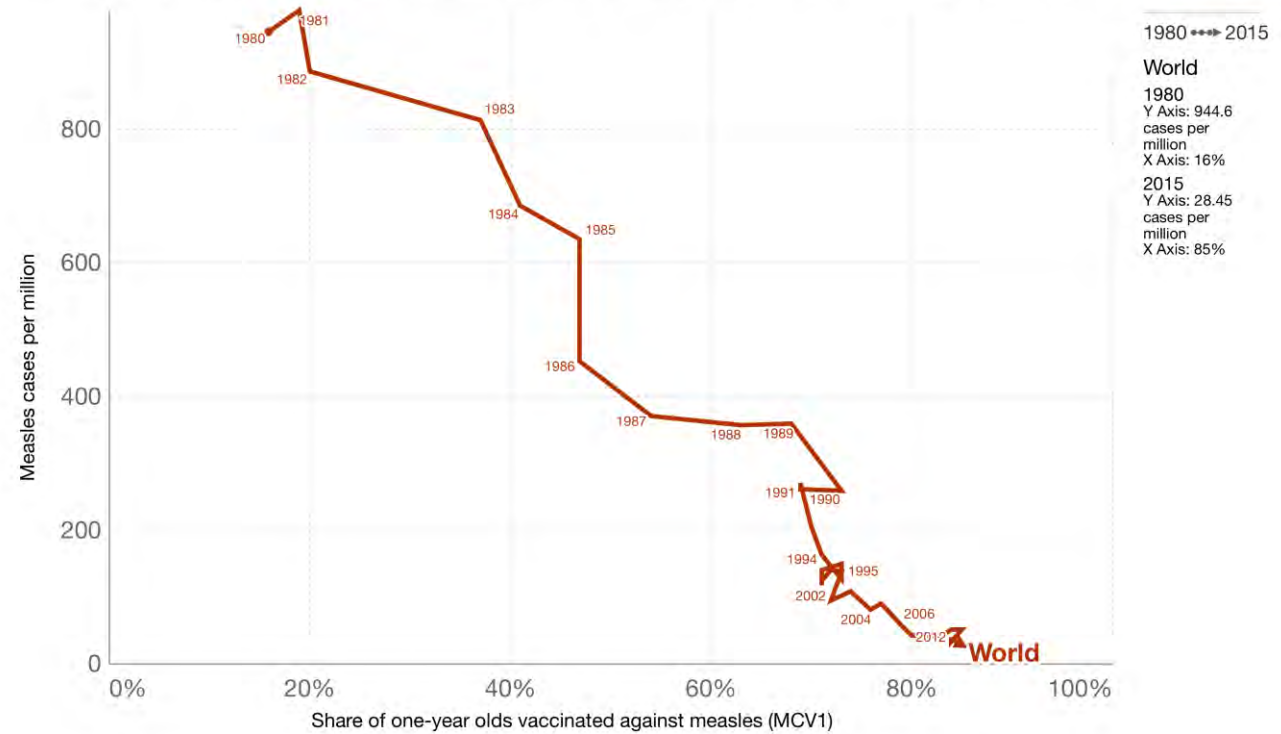
Measles is another example of vaccine success (“eliminated” in 2000), with a cautionary tale...

Measles cases in the United States, 1938–2019



Measles vaccine coverage worldwide vs Measles cases worldwide

Shown on the x-axis is the share of 1-year-olds who have been vaccinated against measles (MCV) in a given year.

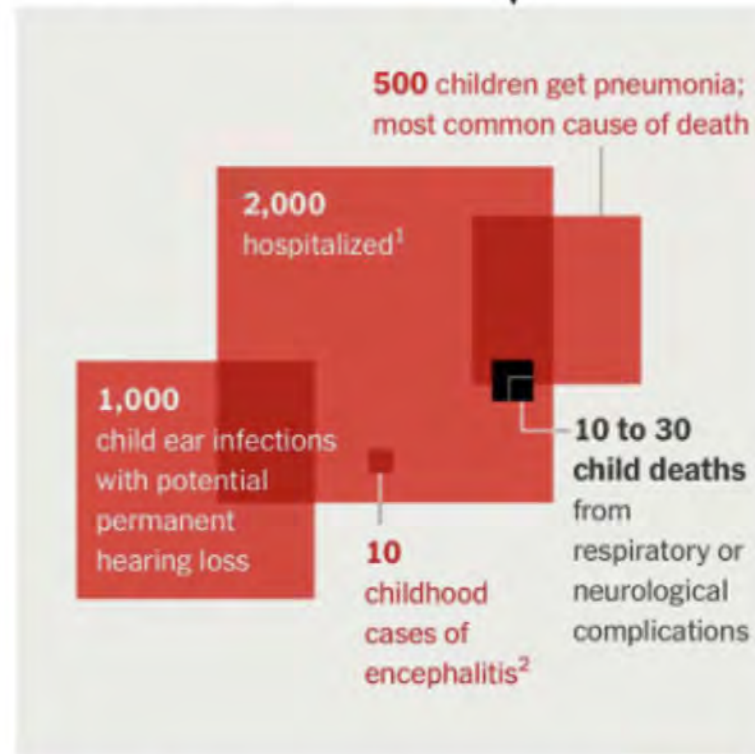


Source: World Health Organisation (WHO); UNICEF; UNPD

OurWorldInData.org/vaccination/ • CC BY

Measles vaccine is safe and safer than measles (by a LOT)

Effects per 10,000 people
who get **measles**



Effects per 10,000 people
who get the **M.M.R. vaccine**



NH leads the nation in vaccinations for measles, mumps and rubella

By PAUL FEELY

New Hampshire Union Leader

CONCORD - At 96.3 percent, New Hampshire has the highest measles, mumps and rubella (MMR) vaccination rate for infants in the country, according to a study released last week. The state's department of Health and Human Services reports over 97 percent of all school-aged children have received immunizations.

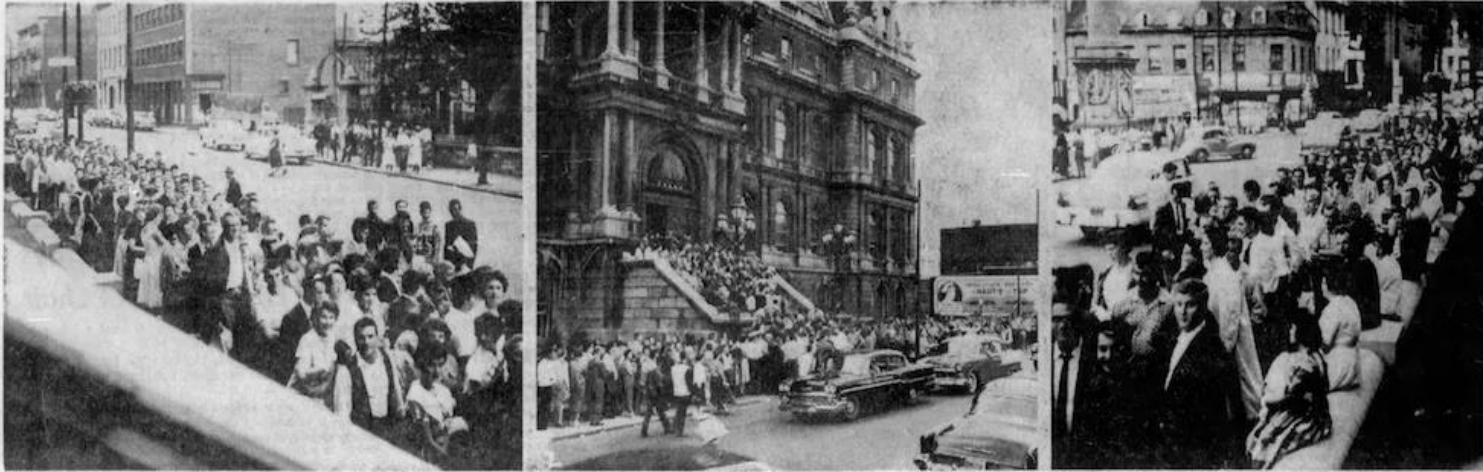


Annual School Immunization Report 2021-2022 Bureau of Infectious Disease Control NH Immunization Program

	Number Enrolled	Up to Date (1)	Conditional Enrolled (2)	Religious Exemption (3)	Medical Exemption (4)	Not Up to Date (5)
Public & Private Combined						
K-12 Total	178,440	166,738 (93%)	3,119 (2%)	4,216 (2%)	587 (0.3%)	3,821 (2%)
Kindergarten	12,157	10,787 (89%)	636 (5%)	390 (3%)	29 (0.2%)	315 (2%)
7 th Grade	13,400	10,802 (81%)	900 (7%)	325 (2%)	45 (0.3%)	1,328 (9%)
Preschool	5,202	4,721 (91%)	173 (3%)	145 (2%)	7 (0.1%)	157 (3%)
Public Only						
K-12 Total	162,896	152,459 (94%)	2,916 (1%)	3,421 (2%)	539 (0.3%)	3,561 (2%)
Kindergarten	11,320	10,084 (89%)	607 (5%)	307 (2%)	29 (0.3%)	293 (3%)
7 th Grade	12,601	10,156 (81%)	845 (6%)	269 (2%)	43 (0.3%)	1,288 (10%)
Preschool	3,830	3,521 (92%)	138 (3%)	68 (2%)	5 (0.1%)	98 (2%)
Private Only						
K-12 Total	15,544	14,279 (92%)	203 (1%)	795 (5%)	48 (0.3%)	219 (1%)
Kindergarten	837	703 (83%)	29 (4%)	83 (10%)	0 (0%)	22 (3%)
7 th Grade	799	646 (80%)	55 (7%)	56 (7%)	2 (0.2%)	40 (5%)
Preschool	1,372	1,200 (87%)	35 (3%)	77 (5%)	2 (0.2%)	58 (4%)

Vaccine rates in NH have dropped by 4% since 2015 (2% in the past two years)

Polio Protection Seekers Form Three-Deep, Mile-Long Line In Rain



The lineup started on Notre Dame St., east, at the front door of city hall, centre, spilled over on both sides to Gosford St., left, and Vauquelin Square, right.

This shift in vaccine perception has happened repeatedly over the years



What is Vaccine Hesitancy?

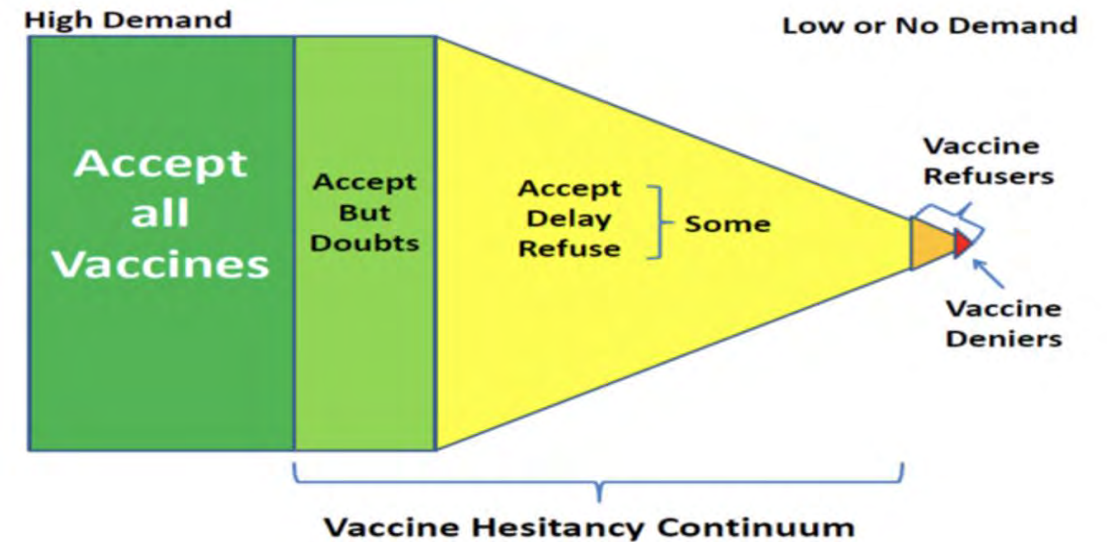
According to the World Health Organization (WHO):

Vaccine hesitancy is the reluctance or refusal to vaccinate despite the availability of vaccines.

In 2019 the WHO identified Vaccine Hesitancy as a Top 10 global health threat

What Contributes to Decreased Confidence?

- Decline in trust of expertise and authority
- Polarization
- Complacency
- Misinformation and Disinformation



The continuum of vaccine hesitancy. Credit: [MacDonald and the WHO SAGE Working Group on Vaccine Hesitancy](#).

Healthy Pause

- Hesitance or Lack of Confidence is Real
- Often quite reasonable
- Be Careful don't Assume
- Every Patient and Family is Unique
- Politely Inquire with Genuine Curiosity
- There is no us vs them

What we can do: Help our friends, families and clients recognize that vaccines are good for Individual, Family and Community Health

- Vaccines PREPARE our immune systems to prevent illness
- Community Immunity is critical
- Everyone in our community deserves to be healthy, and part of being healthy means getting vaccinated
- It benefits all of us if every child/person in our community is vaccinated, because it means that all of us are more likely to stay healthy

Questions?

Resources

- Vaccines 101 Video: <https://youtu.be/4SKmAlQtAj8>
- <https://www.immunize.org>

Vaccine Legislation

- **HB 524 – repeal the vaccine association**
- **HB 679 – remove vaccine requirements when a vaccine has not been shown to prevent transmission in a clinical trial**
- **HB 357 – eliminate Hep B, Varicella, and Hib vaccine requirements and limit the state's ability to add new vaccines during outbreaks**
- **HB 358 – eliminate the requirement that parents complete a religious exemption form to opt out of vaccines**