

Libraries as a Third Place ECHO: Navigating Community Health

March 20 through June 12, 2025

Resource Tracking Document

The following resources, arranged by session topic, were provided during the course of this ECHO series by speakers, panelists and/or participants. They have not been formally vetted by Project ECHO or other DH staff for accuracy or quality, so users should rely on their own judgement when referencing or employing them. These resources were provided during the time period of the ECHO and over time may become outdated.

Cross-Cutting Resources and Information

- [NH 211](#) or call 211, Comprehensive information and referral service for health and social service related needs
- [NH CarePath](#), Centralized access to diverse services for people of all ages, a service of NH DHHS
- [New Hampshire Department of Health and Human Services](#)
- <https://www.healthvermont.gov>
- [Writing Grant Applications](#), American Library Association
- [Loneliness in America: Just the Tip of the Iceberg? — Making Caring Common](#)
- [Our Loneliness Epidemic: Ways to Support Kids | MGH Clay Center](#)
- [National Library of Medicine](#)
- [How Do Public Library Partnerships Impact Health? A Scoping Review - Noah Lenstra, Pam B. DeGuzman, Rozalynd McConnaughy, Megan Weis, 2025](#)

Session 1 – Libraries as a Third Place

- [Rx for Community Wellness: How Social Prescribing Can Empower Libraries to Boost Public Health - Public Libraries Online](#)
- [CommunityCare of Lyme – Working toward everyone's well-being, together](#)
- [Continuing the Reduction of the Federal Bureaucracy – The White House](#)

Session 2 – Behavioral Health

- [NH 211](#) or call 211, Treatment and referral for BH challenges
- [The NH Doorway](#) – Network of evaluation and referral centers across NH, State of NH
- [NH Rapid Response Access Point](#) or call 988 – Crisis intervention, State of NH
- [Vermont Mobile Crisis](#) or call 988 – Crisis intervention, State of VT
- [Peer Support Agencies](#) – New Hampshire Department of Health and Human Services (NHDHHS). Mental health-oriented peer supports.
- [Recovery Community Organizations](#) – NH DHHS, Substance use-oriented peer supports

- [Vermont Peer Services Organizations](#) – VT Department of Mental Health
- [Peer Support Agencies | New Hampshire Department of Health and Human Services](#)
- [Recovery Partners of Vermont](#) – Substance use-oriented peer and other supports
- [National Alliance of Mental Health](#) (NAMI) – Information & diverse supports for individuals and families
 - [NH State NAMI](#)
 - [VT State NAMI](#)
- [Howard Center](#) – Mental Health Resource Center in Chittenden County VT
- [Mental Health First Aid 8-hour Training](#) – University of New Hampshire
- [Mental Health First Aid Trainings](#) – National Council for Mental Wellbeing
- [Question, Persuade, Response: Suicide Risk Online Training](#) – QPR Institute
- [Substance Abuse and Mental Health Services Administration](#) – US Department of Health and Human Services
- [Mental Health Urgent Care Takes Root in Vermont. Fountain, F. \(2023, October 20\). VTDigger.](#)
- [Home - American Foundation for Suicide Prevention](#)
- [Magnify Voices Expressive Art Contest | NH CSoC](#)
- [Books on the LEAP Method of Communication - LEAP Institute](#)
- [The ethical imperative of self-care](#)
- [Self-Care Isn't Just Good For You—It's Also Good For Your Productivity](#)
- [Self-Care Starter KitSM - University at Buffalo School of Social Work - University at Buffalo](#)
- [NAMI NH - YouTube](#)

Session 3 – Social Drivers of Health

- General and diverse supports
 - [NH Family Resource Centers](#) –NH DHHS
 - [Family Support New Hampshire](#) - Coalition of Family Resource Centers and Family Strengthening Programs
 - [NH 211](#) or call 211, Information on all social needs and services
 - [New Hampshire Free Legal Aid](#) – 603 Legal Aid
 - [NH Community Action](#) – Connect with resources
 - [Home - New Hampshire Community Health Worker Coalition](#)
- Employment
 - [American Job Center](#), US Department of Labor, a resource for career exploration, training and jobs
 - [U.S. Rehabilitation Services Administration](#), oversight of State Voc Rehab Agencies
 - [NH Bureau of Vocational Rehabilitation](#), career assistance for people with disabilities
 - [NH Toolkit for Employment Success](#)
 - [Benefits Counseling](#), Granite State Independent Living (how work may effect Federal and State benefits)

- [Disability Benefits 101 - Choose Your State](#), tools and information on employment, health coverage, and benefits
- [VT HireAbility](#), career assistance for people with different abilities
- [Recovery Friendly Workplace](#)
- [Homepage | Apprenticeship.gov](#)
- Housing
 - [Shelter Services](#), DHHS
 - <https://www.affordablehousing.com/>
 - [NH Housing Finance Authority](#) housing search assistance
 - [Homeless De-Escalation Training](#) – Homeless Training, Empathy Studios
 - [Child Care Scholarship - NH Connections](#)
 - [Cynthia Day Nashua NH - Cynthia Day Family Center - Harbor Care](#)
- Food and nutrition
 - [Supplemental Nutrition Assistance Program \(SNAP\) Guidelines](#) – NHDHHS
 - [National Food Assistance Programs](#) – United State Department of Agriculture (USDA)
 - [New Hampshire Food Distribution Centers \(Map\)](#) – New Hampshire Food Bank
 - [New Hampshire Food Insecurity Organization](#) – NH Food Solutions
 - [Vermont Food Insecurity Organization](#) – Hunger Free VT
 - [Prevalence of Poverty and Food Insecurity in NH](#) – New Hampshire Fiscal Policy Institute
- Transportation
 - [New Hampshire Mobility Network](#) – Keep NH Moving
 - NH CarePath [Transportation Services](#), DHHS
- Legal/financial
 - [603 Legal Aid](#), Legal services for low income people
 - [Income tax assistance](#), Granite United Way

Session 4 – Child and Family Welfare

- [Family Resource Centers in NH](#) – NHDHHS
- [New Hampshire Division for Child, Youth, and Families](#) (NH DCYF)– NHDHHS
- [New Hampshire RSA 169: Child Protection Act](#) – General Court of New Hampshire
- [DCYF Policy Manual](#) – NHDHHS
- [New Hampshire Crisis Center Map](#) – NH Coalition Against Sexual and Domestic Violence

Session 5 – Older Adults

- [NH CarePath](#), NH DHHS
- [Aging Resource Center](#) – Dartmouth Hitchcock Medical Center (DHMC)
- [Care Giver Supports](#), US DHHS Administration for Community Living
- [Alzheimer's Association](#), National site with links to local Chapters
- [Abuse of Older Persons](#), – CDC, Information and resources

- [Elder Abuse and Financial Exploitation Unit](#) – NHDHHS
- [2021 Adult Maltreatment Report](#) – US DHHS Administration for Community Living
- [Common Scams and Crimes](#) – Federal Bureau of Investigation
- [When Helping Hurts: Nonabusing Family, Friends, and Neighbors in the Lives of Elder Mistreatment Victims.](#) Breckman, R., Burnes, D., Ross, S., Marshall, P. C., Sutor, J. J., Lachs, M. S., & Pillemer, K. (2018). *The Gerontologist*, 58(4), 719–723.
- [NH EASY - Gateway to Services](#)
- [Bureau of Adult and Aging Services | New Hampshire Department of Health and Human Services](#)
- [Aging and Disability Resource Centers | New Hampshire Department of Health and Human Services](#)
- [Bureau of Adult and Aging Services \(BAAS\) Monthly Newsletters | New Hampshire Department of Health and Human Services](#)
- [New Hampshire Alliance for Healthy Aging - NHAHA](#)
- [Home Page | ACL Administration for Community Living](#)
- [New Hampshire Servicelink Resource Directory](#)

Session 6 – Telehealth and other Online Service Access

- [Library Privacy Guidelines for Public Access Computers and Networks](#) – American Library Association
- [NH Digital Literacy Resources](#) – New Hampshire Department of Education
- [Northeast Telehealth Resource Center](#), Funded by US Health Resources and Services Administration (HRSA) to support quality telehealth expansion
- [DH Telehealth Services](#) – Dartmouth Health
- [Extending health care access via telemedicine in public libraries.](#) DeGuzman, P. B., Garth, J. L., Sanjay, K., & Compton, R. M. (2023). *Journal of the American Association of Nurse Practitioners*, 35(3), 208–215. <https://doi.org/10.1097/JXX.0000000000000819>

Session 7 – Onsite Health and Social Services

- [Network of the National Library of Medicine](#), funding opportunities for library health program through the National Library of Medicine
- [Upper Valley Nurse Connection Project](#) – Community nurse connections
- [Book and Reading Library Program for People with Alzheimer's](#) – Tales and Travel Memory Program
- Partners for library-based health programs in NH and VT have included:
 - Visiting Nurse Associations (VNAs)
 - [NH VNA](#)
 - [VT VNA](#)
 - [NH Public Health Networks](#)
 - [Community Health Nurses](#)

- Local hospitals and health centers
- [NH Harm Reduction Coalition](#), Naloxone and other substance-related trainings
- [UNH Community First Responder](#) program, Naloxone and other substance-related trainings
- [The Doorway](#), Free naloxone supplies
- [Alzheimer's Association](#), programs for care-givers and affected people
- [Dartmouth Aging Resource Center](#), diverse programming for older adults
- [NAMI New Hampshire \(National Alliance on Mental Illness\)](#)
- [Future in Sight](#), vision impairment resources
- [Tick Free NH](#), educational materials and tick removers for distribution
- [Vital Communities](#), an Upper Valley community collaboration
- [AARP](#)- diverse topics including financial related resources
- [NH Federal Credit Union](#)- financial related resources
- [Network of the National Library of Medicine](#) - potential funding resource for library health programs
- [Imagine You - A Professional CHW! - New Hampshire Community Health Worker Coalition](#)
- [Community Health Workers](#)
- [Community Health Worker \(CHW 9-week\) Training](#)
- [Community Health Workers | NH Office of Professional Licensure and Certification](#)
- [Grants and Opportunities | Northern Border Regional Commission](#)
- [Engage - Independent Lens](#)