



YOU'RE INVITED



TWO PART SERIES: HELPING CAREGIVERS DEVELOP AFFIRMATIVE UNDERSTANDINGS OF THEIR LGBTQIA+ YOUTH

LGBTQIA+ youth face significant health disparities, but research tells us that family support is the most critical protective factor that allows LGBTQIA+ youth to thrive. Caregivers can struggle to understand youth's journey, and as mental health providers, our role is to help them develop affirmative understandings and behaviors that can protect and uplift youth.

In Part 1 of this training, participants will learn some basic concepts and definitions related to gender diversity and affirming care. The presenters will discuss some frameworks for working with caregivers and youth in this population. A case study will be introduced.

[August 7, 2025, 9-11 AM EST](#)



In Part 2 of this training, participants will hear data from trans and gender diverse youth about what has been helpful/ what can be helpful. Participants will have the chance to work with the case study more deeply, in order to develop and practice at least one new clinical skill they can take back to their practice. **You must attend Part 1, or have attended it in the past, in order to attend Part 2.**



[August 19, 2025, 9-11 AM EST](#)

Each training will be offered live on Zoom, for free, with 2 CEUs from the National Association of Social Workers, NH Chapter.

Email Becky Parton with any questions: Rebecca.R.Parton@hitchcock.org

