

DARTMOUTH HITCHCOCK MEDICAL CENTER
Food and Nutrition Services - Dining Room Menu

January 12 - 16		One price		
WEEK 2		LUNCH & DINNER MENU		for all.
Monday, January 12, 2026				
	4022	Coconut Chicken Soup - GF	\$1.95	
	4019	Mexican Corn Chowder	\$1.95	
	3047	Spinach and Artichoke Stuffed Portabella Mushroom - GF	\$5.25	
	3025	Chicken Pot Pie & Biscuit	\$5.25	
	3604	Roasted Sweet Potatoes - GF	\$1.50	
	3623	Whipped Squash - GF	\$1.25	
	3621	Peas - GF	\$1.25	
	3609	Braised Red Cabbage - GF	\$1.25	
Lunch Wok Special	3037	Miso Ginger Marinated Salmon - GF	\$6.75	
Lunch Wok Special	3006	Miso Ginger Grilled Marinated Tofu - GF	\$4.25	
Tuesday, January 13, 2026				
	4032	White Bean & Sausage Soup - GF	\$1.95	
	4031	Vegetable Lentil Soup - GF	\$1.95	
	3002	Pot Roast	\$5.25	
	3045	Macaroni & Cheese - per scoop	\$2.75	
	3601	Fresh Whipped Potatoes - GF	\$1.50	
	3613	Roasted Butternut Squash - GF	\$1.50	
	3610	Cauliflower Gobi Aloo - GF	\$1.50	
	3617	Roasted Fennel, Onion, & Brussel Sprouts - GF	\$1.25	
	3612	Fresh Spinach - GF	\$1.25	
Lunch Grille Special	3063	Vegetarian Chili	\$4.00	
Lunch Wok Special	3023	Kung Pao Chicken & Peanuts Over Rice - GF	\$5.25	
Wednesday, January 14, 2026				
	4018	Ham & Potato Chowder	\$1.95	
	3055	Pasta Bar - (choice of 1 c. pasta & 4 oz. sauce)	\$4.25	
	3024	Chicken Parmesan with Shells & Sauce	\$5.25	
	3056	Chicken Parmesan & Sauce - no shells	\$4.25	
	3061	Side of Shells & Sauce	\$2.25	
	3058	Tofu Parmesan	\$4.25	
	3007	Tofu Parmesan, Shells and Sauce	\$5.25	
	3035	Cracker Crumb Fish	\$5.75	
	3631	Side of Pasta Only or Sauce Only	\$1.50	
	3057	Meatball - 1 each	\$0.85	
	3614	Roasted Spaghetti Squash - GF	\$1.50	
	3611	Roasted Pesto Soy Mushrooms - GF	\$1.50	
	3622	Roasted Vegetables - GF	\$1.25	
	3016	Garlic Knot	\$0.75	
Lunch Wok Special	3030	Chicken Wings (Each)	\$1.00	
Lunch Grille Special	3306	Meatball Parmesan Sandwich	\$4.95	
Thursday, January 15, 2026				
	4013	Chicken Vegetable & Quinoa Soup	\$1.95	
	4023	Cream of Broccoli & Cheddar	\$1.95	
	3033	Turkey, Stuffing, Gravy and Cranberry	\$5.25	
	3008	Tofu with Roasted Vegetables & Balsamic Reduction - GF	\$4.25	
	3042	Homemade Meat Lasagna	\$6.25	
	3601	Fresh Whipped Potatoes - GF	\$1.50	
	3616	Broccoli Cuts	\$1.25	
	3624	Mashed Turnips and Carrots - GF	\$1.25	
	3608	Whole Green Beans & Almonds - GF	\$1.50	
	3070	Teriyaki Chicken Stir Fry with Rice	\$5.25	
Lunch Grille Special	3075	Pot Stickers (Each)	\$1.00	
Lunch Grille Special	3316	Cod Fish Sandwich	\$5.75	
Friday, January 16, 2026				
	1509	Corned Beef Hash (breakfast special only)	\$2.25	
	4027	Shrimp Sariado Soup	\$1.95	
	4012	Chicken Noodle Soup	\$1.95	
"Dock to Table" Fresh Fish	3039	Sicilian Baked Fresh Local Fish - GF	\$5.75	
	3633	Quinoa Pilaf - GF	\$1.50	
	3600	Roasted Potato - GF	\$1.25	
	3612	Fresh Spinach - GF	\$1.25	
	3627	Zucchini and Red Peppers - GF	\$1.25	
	3615	Beets with Orange Glaze - GF	\$1.25	
	3619	Carrots - GF	\$1.25	
Lunch Grille Special	3076	Chicken Tender (Each)	\$1.00	

[Send comments to Food.Nutrition.Comments@hitchcock.org](mailto:Food.Nutrition.Comments@hitchcock.org)

Check out our web site on one.hitchcock.org
 (go to "Departments" and then click "Food and Nutrition Services.")

[Visit to go.d-h.org/diningroom \[go.d-h.org\]](http://go.d-h.org/diningroom)

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Dining Room Hours

Weekdays: 6:30a-7:00p

Weekends: 7:00a-2:00p