

DARTMOUTH HITCHCOCK MEDICAL CENTER
Food and Nutrition Services - Dining Room Menu

January 12 - 16				One price
WEEK 2		LUNCH & DINNER MENU		for all.
Monday, January 12, 2026				
	4022	Coconut Chicken Soup - GF		\$1.95
	4019	Mexican Corn Chowder		\$1.95
	3047	Spinach and Artichoke Stuffed Portabella Mushroom - GF		\$5.25
	3025	Chicken Pot Pie & Biscuit		\$5.25
	3604	Roasted Sweet Potatoes - GF		\$1.50
	3623	Whipped Squash - GF		\$1.25
	3621	Peas - GF		\$1.25
	3609	Braised Red Cabbage - GF		\$1.25
Lunch Wok Special	3037	Miso Ginger Marinated Salmon - GF		\$6.75
Lunch Wok Special	3006	Miso Ginger Grilled Marinated Tofu - GF		\$4.25
Tuesday, January 13, 2026				
	4032	White Bean & Sausage Soup - GF		\$1.95
	4031	Vegetable Lentil Soup - GF		\$1.95
	3002	Pot Roast		\$5.25
	3045	Macaroni & Cheese - per scoop		\$2.75
	3601	Fresh Whipped Potatoes - GF		\$1.50
	3613	Roasted Butternut Squash - GF		\$1.50
	3610	Cauliflower Gobi Aloo - GF		\$1.50
	3617	Roasted Fennel, Onion, & Brussel Sprouts - GF		\$1.25
	3612	Fresh Spinach - GF		\$1.25
Lunch Grille Special	3063	Vegetarian Chili		\$4.00
Lunch Wok Special	3023	Kung Pao Chicken & Peanuts Over Rice - GF		\$5.25
Wednesday, January 14, 2026				
	4018	Ham & Potato Chowder		\$1.95
	3055	Pasta Bar - (choice of 1 c. pasta & 4 oz. sauce)		\$4.25
	3024	Chicken Parmesan with Shells & Sauce		\$5.25
	3056	Chicken Parmesan & Sauce - no shells		\$4.25
	3061	Side of Shells & Sauce		\$2.25
	3058	Tofu Parmesan		\$4.25
	3007	Tofu Parmesan, Shells and Sauce		\$5.25
	3035	Cracker Crumb Fish		\$5.75
	3631	Side of Pasta Only or Sauce Only		\$1.50
	3057	Meatball - 1 each		\$0.85
	3614	Roasted Spaghetti Squash - GF		\$1.50
	3611	Roasted Pesto Soy Mushrooms - GF		\$1.50
	3622	Roasted Vegetables - GF		\$1.25
	3016	Garlic Knot		\$0.75
Lunch Wok Special	3030	Chicken Wings (Each)		\$1.00
Lunch Grille Special	3306	Meatball Parmesan Sandwich		\$4.95
Thursday, January 15, 2026				
	4013	Chicken Vegetable & Quinoa Soup		\$1.95
	4023	Cream of Broccoli & Cheddar		\$1.95
	3033	Turkey, Stuffing, Gravy and Cranberry		\$5.25
	3008	Tofu with Roasted Vegetables & Balsamic Reduction - GF		\$4.25
	3042	Homemade Meat Lasagna		\$6.25
	3601	Fresh Whipped Potatoes - GF		\$1.50
	3616	Broccoli Cuts		\$1.25
	3624	Mashed Turnips and Carrots - GF		\$1.25
	3608	Whole Green Beans & Almonds - GF		\$1.50
	3070	Teriyaki Chicken Stir Fry with Rice		\$5.25
Lunch Grille Special	3075	Pot Stickers (Each)		\$1.00
Lunch Grille Special	3316	Cod Fish Sandwich		\$5.75
Friday, January 16, 2026				
	1509	Corned Beef Hash (breakfast special only)		\$2.25
	4027	Shrimp Sarciado Soup		\$1.95
	4012	Chicken Noodle Soup		\$1.95
"Dock to Table" Fresh Fish	3039	Sicilian Baked Fresh Local Fish - GF		\$5.75
	3633	Quinoa Pilaf - GF		\$1.50
	3600	Roasted Potato - GF		\$1.25
	3612	Fresh Spinach - GF		\$1.25
	3627	Zucchini and Red Peppers - GF		\$1.25
	3615	Beets with Orange Glaze - GF		\$1.25
	3619	Carrots - GF		\$1.25
Lunch Grille Special	3076	Chicken Tender (Each)		\$1.00

Send comments to Food.Nutrition.Comments@hitchcock.org

Check out our web site on one.hitchcock.org
 (go to "Departments" and then click "Food and Nutrition Services.")

[Visit to go.d-h.org/diningroom](http://Visit.to/go.d-h.org/diningroom) [\[go.d-h.org\]](http://go.d-h.org)

go to patients.d-h.org/diningroom.

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Dining Room Hours

Weekdays: 6:30a-7:00p

Weekends: 7:00a-2:00p