

Neighbors Helping Neighbors ECHO: Rural Communities Sharing Successes and Solving Common Problems

January 14 – March 25, 2026

Resource Tracking Document

The following resources, arranged by session topic, were provided during the course of this ECHO series by speakers, panelists and/or participants. They have not been formally vetted by Project ECHO or other DH staff for accuracy or quality, so users should rely on their own judgement when referencing or employing them. These resources were provided during the time period of the ECHO and over time may become outdated.

Session 1 – What is your purpose?

- [Center for Advancing Rural Health Equity | Research and Innovation | Dartmouth Health](#)
- [Community Care Corps \(C3\) - Fosters innovative local models in which volunteers provide nonmedical assistance to family caregivers, older adults, or adults with disabilities.](#)
- [Mutual Aid: Building Solidarity During this Crisis \(and the Next\) – Dean Spade](#)
- [Think Again Training & Consulting](#)

Session 2 – Planning for success

- [U.S. Social Sector Dashboard | Key facts and figures | Candid](#)
- [Nonprofit State Profiles - Independent Sector](#)
- [Charities and nonprofits | Internal Revenue Service](#)
- [NH Center for Nonprofits](#)
- [Charitable Trusts | New Hampshire Department of Justice](#)
- [Free Trustee Training and Resources | New Hampshire Department of Justice](#)
- [NH Small Business Development Center | University of New Hampshire](#)
- [Goodwork Seacoast](#)
- [Common Good Vermont | Connect. Learn. Thrive.](#)
- [Charities and Paid Fundraisers | Office of the Vermont Attorney General](#)
- [Fiscal Sponsorship 101 — Social Impact Commons](#)
- [KNP Annual Report 2024 v3](#)
- [POINT Volunteer Management Platform | NH Center for Nonprofits](#)
- [Volunteer Resource Center - Volunteer NH %](#)
- [GrantStation | NH Center for Nonprofits](#)
- [Little Green Light Discount | NH Center for Nonprofits](#)

Session 3 – Building your volunteer workforce

- Volunteer onboarding- getting to know:
<https://docs.google.com/document/d/1NaJbzVBGmRUCgipyYVPjpN8Cc9aMskEfWvge4UQgM2Q/edit?usp=sharing> [docs.google.com]
- New volunteer onboarding checklist
https://docs.google.com/document/d/1ZgDZni6WXjth_wf4sZcsiPPEmfipqutvBPEPjbgxnpk/edit?usp=sharing [docs.google.com]
- Recruiting and retaining volunteers for nonprofits
https://docs.google.com/document/d/1hO9aJKgH_JVmYebGu23BdkWxUCcexNeg/edit?usp=sharing&ouid=108995924071808586089&rtpof=true&sd=true [docs.google.com]
- SWOT Checklist: Recruiting & Retaining Volunteers
<https://docs.google.com/document/d/1JCBNmdzoki4ZmJnXXQ7bzyuoLZjKmXGm5EWWTX-zw3M/edit?tab=t.0#heading=h.ily52o9uab6s> [docs.google.com]
- Small Thank yous for volunteer
<https://drive.google.com/file/d/1zYEOTTpijuISHGmrFs6G7tA2WPuN5G4/view?usp=sharing> [drive.google.com]
- [Home - Switchboard](#) – resources for refugee providers
- [4 Enduring Leadership Lessons From Minnesota](#)
- [Stress in America 2025: A crisis of connection](#)
- [Home Page | Blueprint for Health](#) – Blueprint community health team
- [Volunteer – CommunityCare of Lyme](#)
- [5 Key Factors in Creating a Program That Will Attract Volunteers](#)
- [The Social Change Map — Social Change Now by Deepa Iyer](#)

Session 4 – Common challenges

- No resources for this session

Session 5 – Building key partnerships for success

- [Lifelong Maine](#)
- [Tri-State Learning Collaborative on Aging](#)
- [Making Harpswell Home for Your Lifetime | Harpswell Aging at Home](#)
- [Community Nurse Connection - Community Nurse Connection](#)
- [Free Skilled Nursing | Tamworth Community Nurse Assoc | United States](#)
- [Repair Your Home - Home Repair - Windham & Windsor Housing Trust](#) - low cost loans for income eligible households for health and safety repairs on
- [The Mount Washington Valley Age-Friendly Community](#)
- [Home - Keep NH Moving](#)
- [Vt. towns try new model to tackle crime, addiction and homelessness | Vermont Public](#)
- [Situation Table - O2SL and QRT National](#)

- [Transportation for Healthy Aging | Maine Council on Aging](#)
- [National Aging and Disability Transportation Center](#)

Session 6 – Learning together to move forward

- [Day of Caring | Granite United Way](#)
- [Regional Public Health Networks | New Hampshire Department of Health and Human Services](#)

Information systems

- [Better Impact Volunteer Management Software](#)

Other

- SWOT for a nonprofit
[https://docs.google.com/document/d/1pmv1tGonJ8RAQ4Rrv2kbvlz2Ri0uDialxbnS3oUJow4/edit?usp=sharing \[docs.google.com\]](https://docs.google.com/document/d/1pmv1tGonJ8RAQ4Rrv2kbvlz2Ri0uDialxbnS3oUJow4/edit?usp=sharing [docs.google.com])
- 75 questions to ask in your swot analysis
[https://www.score.org/sites/default/files/2023-03/032423%20SWOT%20Worksheet-rev5.pdf \[score.org\]](https://www.score.org/sites/default/files/2023-03/032423%20SWOT%20Worksheet-rev5.pdf [score.org])
- Non profit board member interview form
[https://docs.google.com/document/d/1glnKUFdOTYAudX9lWg1etblxfyxK-G92Hue90VaWsrE/edit?usp=sharing \[docs.google.com\]](https://docs.google.com/document/d/1glnKUFdOTYAudX9lWg1etblxfyxK-G92Hue90VaWsrE/edit?usp=sharing [docs.google.com])
- Checklist for vetting/interviewing new nonprofit board members
[https://docs.google.com/document/d/1QzYFZqR3OZaRdpeZddgsrbmI9HId_OMV/edit?usp=sharing&oid=108995924071808586089&rtpof=true&sd=true \[docs.google.com\]](https://docs.google.com/document/d/1QzYFZqR3OZaRdpeZddgsrbmI9HId_OMV/edit?usp=sharing&oid=108995924071808586089&rtpof=true&sd=true [docs.google.com])
- SWOT Evaluating Nonprofit Board Makeup
[https://docs.google.com/document/d/1BV547Qr46C3p4lStzl4cnv5ShhLRJytQRmWI0RnBN8/edit?tab=t.0#heading=h.cs71z4s5yqqk \[docs.google.com\]](https://docs.google.com/document/d/1BV547Qr46C3p4lStzl4cnv5ShhLRJytQRmWI0RnBN8/edit?tab=t.0#heading=h.cs71z4s5yqqk [docs.google.com])
- SWOT Evaluation Checklist for Individual Board Members
[https://docs.google.com/document/d/1vG0mi0ramKoQUDDGWR1XFqcPOhmanpL2zd4Pi2G5xyw/edit?tab=t.0 \[docs.google.com\]](https://docs.google.com/document/d/1vG0mi0ramKoQUDDGWR1XFqcPOhmanpL2zd4Pi2G5xyw/edit?tab=t.0 [docs.google.com])
- [ReThinking: The keys to a flou... - Worklife with Adam Grant - Apple Podcasts](#) – Podcast about building community